



Bulletin of Institute of Science & Technology

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विज्ञान तथा प्रविधि अध्ययन संस्थानको बुलेटिन २०२५



*A Talk with Eminent
Personality
of Science & Technology*



Prof. Suresh Raj Chalise



Volume VII, 2025

Bulletin IoST

An annual Publication of IoST, TU

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Message from the Dean

It gives me immense pleasure to introduce Bulletin of the Institute of Science and Technology (IoST), Tribhuvan University, Volume-VII-2025. This volume of bulletin represents our goals and efforts, various activities conducted and news related to IoST and publications in national and international peer reviewed journals from various Central Departments and constituent colleges. I believe this document serves as an important record of academic, scientific, and institutional success at IoST, TU. IoST, TU remains forefront of Science and Technology education in Nepal. Today, IoST expands with 13 Central Departments, one School of Mathematical Sciences, 24 constituent campuses, and around 90 affiliated campuses running undergraduate, postgraduate, MPhil, and Ph. D. program.

The past year has been important for our institute in terms of research and innovation. Central Departments and some constituent colleges under IoST successfully implemented research projects supported by national and international funding agencies. IoST also revised the mini research grant guidelines and promoted mini-research grants for faculty members, and improved Journal of the Institute of Science and Technology (JIST) and departmental publications for timely dissemination of the research findings. More than 17 patent registration of faculty members of IoST, the growth of research collaboration through Memorandums of Understanding (MOU), increased number of publication and per year increase of SCImago indexed manuscripts and the implementation of scientific writing and capacity enhancement workshops to Ph.D. scholars proves our dedication to a strong research culture based on quality and ethics.

The establishment of the Ethical Review Committee at IoST, mandatory plagiarism checks, improvements to examination systems and timely publishing results of exams within 90 days of conduct and office automation represent our progress towards transparency and accountability. Last month, we had the privilege of meeting the esteemed former Dean Prof. Suresh Raj Chalise, one of the pioneer meteorologist, climate change expert, and researcher with long-standing contributions to climate science, environmental policy, & sustainable development in Nepal. A detailed interview with Prof. Chalise with his academic career, history and various issues related to IoST in his tenure and his suggestions, advice, vision and concept for the development of Nepal by using tools of Science and Technology is included in this bulletin.

As Dean of IoST, I take this opportunity to express my heartfelt gratitude to faculty members, researchers, students, parents, administrative staff, and other supportive hands and collaborators for their strong help and support to bring these successes at our institute. I would like to express my regards to prior academic leaders for their efforts and dedication for the improvement of this institute at this stage.

Looking ahead, IoST is committed to upgrading infrastructure, increasing digital learning, modifying curricula in response to global and market demands, and supporting high-impact research that tackles national and global issues. I am convinced that with shared dedication and vision, IoST will continue to flourish as a national center of excellence in Science and Technology.

Prof. Dr. Shankar Prasad Khanal

Dean, IoST

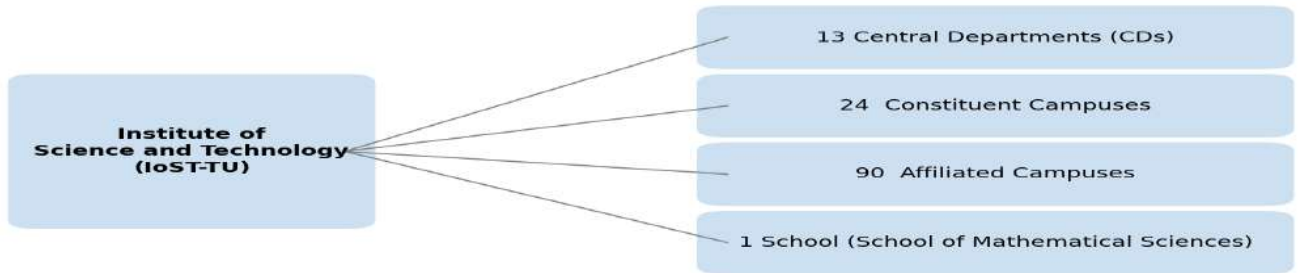
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Overview of Annual Report- FY 2080/081 Institute of Science and Technology (IoST)

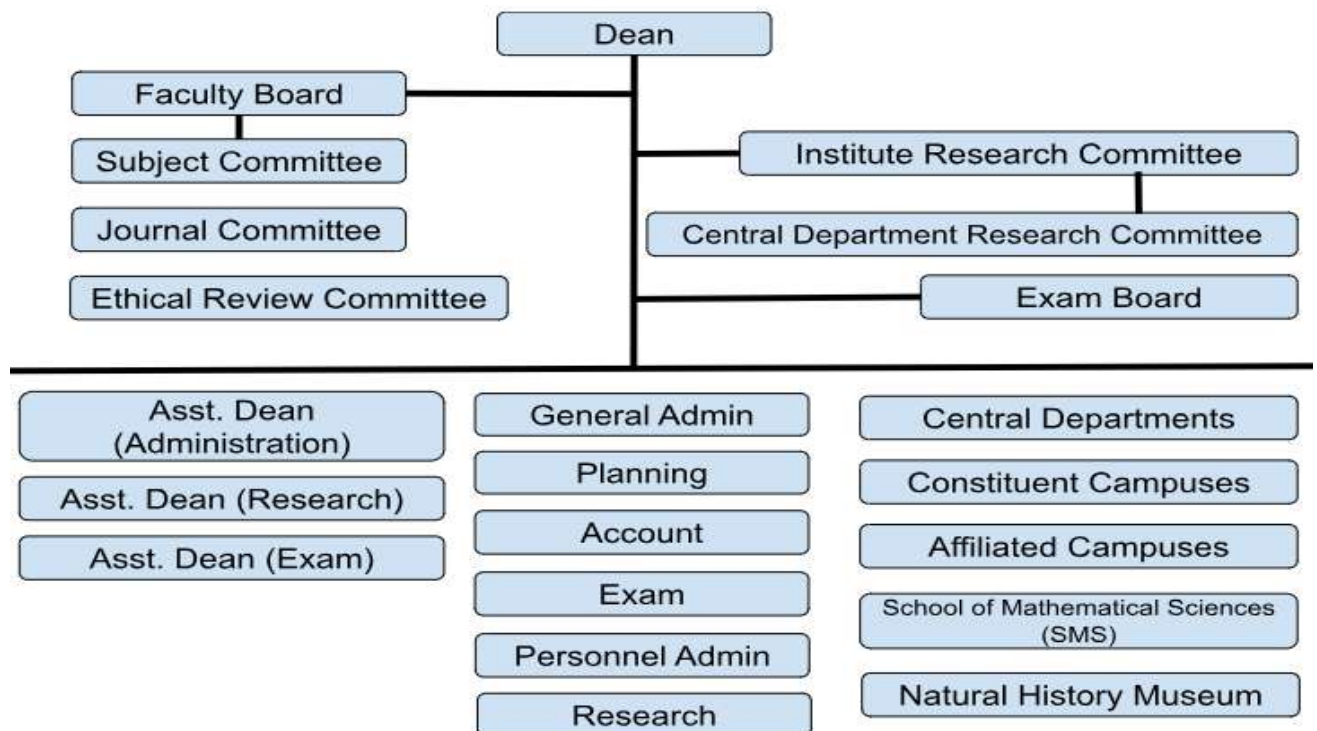
Prof. Dr. Shankar Khanal, Dean, IoST

The Institute of Science and Technology (IoST), Tribhuvan University, has a long and evolving history dating back to its inception in 1961. Initially established as the Faculty of Science, it underwent several transformations before acquiring its current form in 1989. Today, IoST is one of Nepal’s premier institutions for science and technology education and research.



It comprises 13 Central Departments (12 in Kirtipur and 1 in Dharan), 1 School of Mathematical Sciences, 24 constituent campuses, and 90 affiliated campuses. These units operate under a unified vision aligned with “TU Vision 2030,” striving to be a Centre of Excellence for science and technology education and innovation.

Organizational Structure of Institute of Science and Technology:



Academic Programs:

IoST offers a range of academic programs:

- a. General B.Sc. (Annual System): Major in Botany, Chemistry, Environmental Science, Geology, Hydrology & Meteorology, Mathematics, Microbiology, Physics, Statistics, Zoology,
- b. Bachelor level (Semester System): B.Sc. CSIT (Computer Science and Information Technology), BDS (Bachelor in Data Science), B.Tech. (Food Technology), BIT (Bachelor in Information Technology), B. Math Sc. (Bachelor in Mathematical Sciences), B.Sc. (Nutrition and Dietetics).
- c. Masters in 19 Programs: M.Sc. Biodiversity and Environmental Management, M.Sc. Biotechnology, M.Sc. Botany, M.Sc. Chemistry, M.Sc. CSIT, MDS (Master in Data Science), M.Sc. Engineering Geology, M.Sc. Environmental Science, M.Sc. in Environmental Health in Disaster, M.Tech. (Food Technology), M.Sc. Geology, M.Sc. Hydrology & Meteorology, MIT (Master in information Technology), M.Sc. Mathematics, M.Sc. Microbiology, M.Sc. MMS (Mountain & Mountaineering Science) M.Sc. Physics, M.Sc. Statistics, M.Sc. Zoology,
- d. MPhil in Mathematics
- e. Ph.D. programs in 13 disciplines: Biotechnology, Botany, Chemistry, CSIT, Environmental Science, Food Technology, Geology, Hydrology & Meteorology, Mathematics, Microbiology, Physics, Statistics, Zoology.

New initiatives include:

- a) Initiation: Bachelor's in Data Science (BDS) and B. Tech. (Food Technology) in semester system.
- b) Proposed: B.Sc. Biotechnology in semester system and a Master course in cyber security

Program-wise student's information (Fiscal Year 2080/2081)

Program Level	Total Students	Male Students	Female Students	Remarks
B.Sc. (Annual)	17,406	8,304	9,102	Based on the yearly system
B.Sc. (Semester)	11,700	8,328	3,372	Includes CSIT, BIT, BDS, etc.
M.Sc.	2,186	1,332	854	
MPhil (Mathematics)	7	7	0	Currently in 2nd year
Ph.D. (Ongoing)	441	353	88	Across 13 subjects
Total	31,740	18,324	13,416	

Research and Innovations:

The Institute of Science and Technology (IoST) is actively engaged in national and international research collaborations, reflecting its strong commitment to research, innovation, and academic excellence. Key highlights include the successful implementation of 21 externally funded research projects supported by reputed organizations such as ICTP (Italy), IAEA, and UGC, along with 28 mini-research projects conducted during 2080 and 2081. IoST promotes scholarly dissemination through the biannual publication of the Journal of the Institute of Science and Technology (JIST) as well as several departmental journals. The institute has also demonstrated innovation capacity through the registration of 17 patents. In addition, continuous professional development is ensured through workshops and training programs, including six cohorts of Faculty Capacity Enhancement (FCE) and three recently conducted two-day scientific workshops, which have significantly strengthened faculty skills. Research and academic collaboration are further enhanced through 16 active Memoranda of Understanding (MoUs) with national and international institutions.

Human Resources:

The Institute of Science and Technology (IoST) has a total of 1,149 staff members. This includes 95 Professors, 245 Readers, and 782 Lecturers who are involved in teaching and research. In addition, there are 27 administrative staff members working in the Dean’s Office to support academic and administrative activities.

Infrastructure and Facilities:

Operations are based in the old TU central office, with the examination section in Balkhu. Each central department and campus are equipped with laboratories and libraries. Additional resources include: TU central library with e-library, Webmail and website services, Office automation and e-attendance, iThenticate for plagiarism checking, Online entrance exam application system, LMS System lunched in the FCE Program and the DPR for a new IoST Dean’s office building is in progress

Financial Status (FY 2080/081):

Budget Category	Amount (NPR)
Total Budget	78,681,382
Salary & Allowances	22,958,303
Research Activities	1,404,993
Training/Seminars	8,124,618
Examination & Other Expenses	46,193,468

Governance and Management:

Various committees (Research, Journal, Examination) met regularly to address academic and administrative matters. Key initiatives are Ph.D. semester system, Mandatory plagiarism checks from the undergraduate level, Feedback and grievance mechanisms and Governance adheres strictly to TU regulations with an emphasis on accountability.

Student Affairs and Support Services:

IoST provides: Scholarships (merit and need-based), Career counseling and placement, Research grants, Alumni engagement activities and Institutionalized student feedback systems
 These services aim to bridge academia with industry and enhance the overall student experience.

Community Engagement and Extension Activities:

IoST departments and colleges run initiatives in health and education outreach, Environmental sustainability, Disaster preparedness, Mathematical literacy programs and Postdoctoral research opportunities have also been initiated.

Achievements and Recognition:

IoST has significantly elevated TU’s standing through numerous Ph.D. graduates, High-quality research and citations and Innovation and active public engagement.

Future Plans and Recommendations:

Key priorities include: Constructing the IoST dean’s office building, expanding LMS, regular curriculum review with industry input and Promoting high-impact faculty research. These plans aim to modernize infrastructure, digitalize education, and enhance academic quality.



with more than 10 years of service at Tribhuvan University. They must hold a PhD degree and working experience as principal or co-investigator in the research projects. The members of the ERC will also have at least two publication of articles in Scimago SJR journals.

- 1.5 The ERC reviews research proposals according to the National Ethical Guidelines for Health Research in Nepal and ERB of Tribhuvan University with a view to approve, amend or reject the proposal. The ERC reviews and approves PhD, Master and Bachelor level students' proposals, mini-research proposals funded by IoST, and funded research projects of faculties, staffs and students of IoST with funds upto Nepalese Rupees fifty lakhs.
- 1.6 The ERC supervises or monitors the implementation of research projects approved by ERC.
- 1.7 The ERC conducts training programmes for members and reviewers of ERC on the ethical review process.
- 1.8 The ERC resolves ethical issues arising out of reviewing, approving, supervising and disseminating the research findings.
- 1.9 Member accepting to serve in the ERC will have to sign a confidentiality agreement regarding meeting deliberations, applications, information on research participants and related matters.
- 1.10 All administrative staff working for ERC will also have to sign a confidentiality agreement regarding meeting deliberations, applications information on research participants and related matters.
- 1.11 The office of the ERC will be in the premises of office of Institute of Science and Technology, Tribhuvan University. Dean of the IoST manages physical and financial requirements of the ERC.
- 1.12 ERC of IoST will have its own phone, fax, photocopy cupboard and administrative staff.
- 1.13 If any member of the ERC is absent in the three consecutive meetings with prior notice, the member will be automatically ebidicted.

Title: Application submission to ERC

Version No.: 2.1, Date: March 17, 2025

- a.1 The Principal Investigator (PI) and/or the one responsible for the research involving human participants will submit the research proposal for review.
- a.2 Application should be addressing to the Member Secretary of ERC.
- a.3 Application should be submitted in the format provided by ERC, IoST.
- a.4 All Applications should be submitted in English.
- a.5 Application should include one hard copy and an electronic copy of the proposal.
- a.6 Only those applications fulfilling the requirements will be accepted for review. Deficits in the application shall be informed to the applicants within two weeks of submission. Incomplete applications will have to be resubmitted.
- a.7 A receipt of the accepted application will be provided to the researcher.
- a.8 Application Fee: Applications should be submitted along with processing fee as per IoST rule/ decision made by the Dean's Office Institute of Science and Technology.
- a.9 Additional documents or changes: ERC can request the applicant for supplementary documents/ or changes to the proposal during the review which will be communicated to the applicant and the application will be considered in the subsequent meeting after those changes are made by the researcher.
- a.10 Amendments: If any amendments are made in the proposal already submitted and approved, the researcher must submit in writing the changes made with reasoning. The proposal will be reviewed again in the ERC, taking the amendments into consideration during the re-approval process.

- a.11 Informed consent: Application should include the Informed Consent Form as a separate copy which is to be used while undertaking the research. In addition, this should include a translation copy, in a Nepali language.
- a.12 The application form should be submitted with the signature and date of submission using the ERC of IOST format.
- a.13 Application must include the most current version of the curriculum vitae of the Principal Investigator and co-investigators with special mention of academic qualification and research experiences
- a.14 Application must include the protocol of the proposed research project in the provided format together with the supporting documents. (A copy of research tools, questionnaires etc)
- a.15 A copy of informed consent form should be included in the application. This should include a detail description of the process of giving the information to the research participant and its content, process of obtaining the consent, the person responsible for obtaining the informed consent and documentation of the signature of the researcher/research participant and /witness if applicable.
- a.16 Any compensation to be given to the research participant should be clearly mentioned. (e.g. any transportation costs, food, free health care or insurance coverage etc that is to be borne by the researcher)
- a.17 A signed statement by the researcher stating that he or she will abide by the ethical principles of research.
- a.18 A declaration of the conflict of interest, should be mentioned in the application.

Meeting of the ERC

Version No.: 3.1, Date: March 17, 2025

- 1.1 Member Secretary of the ERC will prepare the agenda for the meeting in consultation with the Chairman of the ERC. The Member Secretary will also keep minutes of the meeting and notify decisions to the researcher. The Member Secretary will be assisted in his or her tasks by an administrative secretary.
- 1.2 ERC will prepare a regular annual report which will be published after its approval by ERB of Tribhuvan University.
- 1.3 At least 50% members must be present to compose a quorum. Presence of members of only one gender will not constitute a quorum.
- 1.4 At least one-member present should have expertise in areas other than the subject under discussion. Preferably a member from outside of the science background must be present.
- 1.5 In the absence of the chairperson of ERC, the senior member of the ERC will chair the meeting.
- 1.6 The meeting of ERC will be planned in accordance with the workloads and number of proposals received for review. Normally, ERC will meet once in two months.
- 1.7 ERC members will be informed about the meeting at least 72 hours prior to the scheduled date.
- 1.8 If felt necessary by the ERC, the applicant researcher or sponsor of the research can be invited to present the proposal or elaborate on specific issues of the proposal. Similarly, if necessary, experts can also be invited to the meeting for expert opinion about the research.
- 1.9 Minutes will be kept of all decisions and procedures of the meeting.
- 1.10 All the members and invitees present in the meeting should sign the minutes to indicate their presence.

Title: Ethical review process

Version No.: 4.1, Date: March 17, 2025

- 1.1 Once the application is submitted and screened for completeness of documents, technical review of the proposal is done by the internal reviewers for the scientific and technical contents. The application received after internal review is then subjected for review by the external reviewers.
- 1.2 Those applications which qualify are then submitted to the Member-Secretary of the ERC and then discussed in ERC meeting for ethical review.

Title: Decision making

Version No.: 5.1, Date: March 17, 2025

- 1.1 The ERC will make the decision only if the meeting has met required quorum.
- 1.2 Normally the decision will be taken by consensus, (if consensus is not possible then a vote will be taken).
- 1.3 The ERC member should withdraw from the decision process when conflict of interest arises; the member should declare the conflict of interest.
- 1.4 The ERC may approve the proposal conditionally with specific suggestions to the researcher.
- 1.5 The negative decision on a proposal should be supported by clearly stated reasons.

Title: Communication of decision

Version No.: 6.1, Date: March 17, 2025

- 1.1 The clear identification of the protocol of the proposed Research or amendment, date and version number (if applicable) on which the decision is based;
- 1.2 The names and (where possible) specific identification numbers (version numbers/dates) of the documents reviewed, including the potential research participant information sheet/material and informed consent form;
- 1.3 The name and title of the applicant;
- 1.4 The name of the research site(s)
- 1.5 The date and place of the decision
- 1.6 A clear statement of the decision reached
- 1.7 Any advice by the ERC
- 1.8 In the case of a conditional decision, any requirements by the ERC, including suggestions for revision and the procedure for having the application re-reviewed
- 1.9 In the case of a positive decision the following is required:
 - 1.9.1 A statement of the responsibilities of the applicant. Confirmation of the acceptance of any requirements imposed by the ERC
 - 1.9.2 Deadlines for the submission of progress report(s)
 - 1.9.3 The need to notify the ERC in cases of protocol amendments (other than amendments involving only logistical or administrative aspects of the study)
 - 1.9.4 The need to notify the ERC in the case of amendments to the recruitment material, the potential research participant information, or the informed consent form
 - 1.9.5 The need to report serious and unexpected adverse events related to the conduct of the study.
 - 1.9.6 The need to report unforeseen circumstances, the termination of the study, or significant decisions by other Ethical Committees
 - 1.9.7 The information the ERC expects to receive in order to perform ongoing review and deadlines for the submission of final report

- 1.10 The schedule/plan of ongoing monitoring by the ERC
- 1.11 In the case of a negative decision, clearly stated reason(s) for the negative decision
- 1.12 Signature (dated) of the Member Secretary (or other Authorized person) of the ERC

Title: Post approval process

Version No.: 7, Date: March 17, 2025

The proposal after approval will undergo follow-up review depending on the nature and the events of the study.

- 1.1 Any protocol amendment
- 1.2 If there are serious consequences or unexpected adverse events related to the conduct of the study, the response taken by investigators will be followed up.
- 1.3 A decision of a follow-up review will be issued and communicated to the applicant, indicating a modification, suspension, or termination of the ERB's original decision or confirmation that the decision is still valid.
- 1.4 In the case of the premature suspension/termination of a study, the applicant should notify the ERC of the reasons for suspension/termination; a summary of results obtained in a study prematurely suspended/terminated should be submitted to the ERC.
- 1.5 The applicant will inform the ERC at the time of the completion of a study.
- 1.6 The applicant will submit to the ERC a copy of the final summary or final report of a study

Title: Documentation and archiving

Version No.: 8.1, Date: March 17, 2025

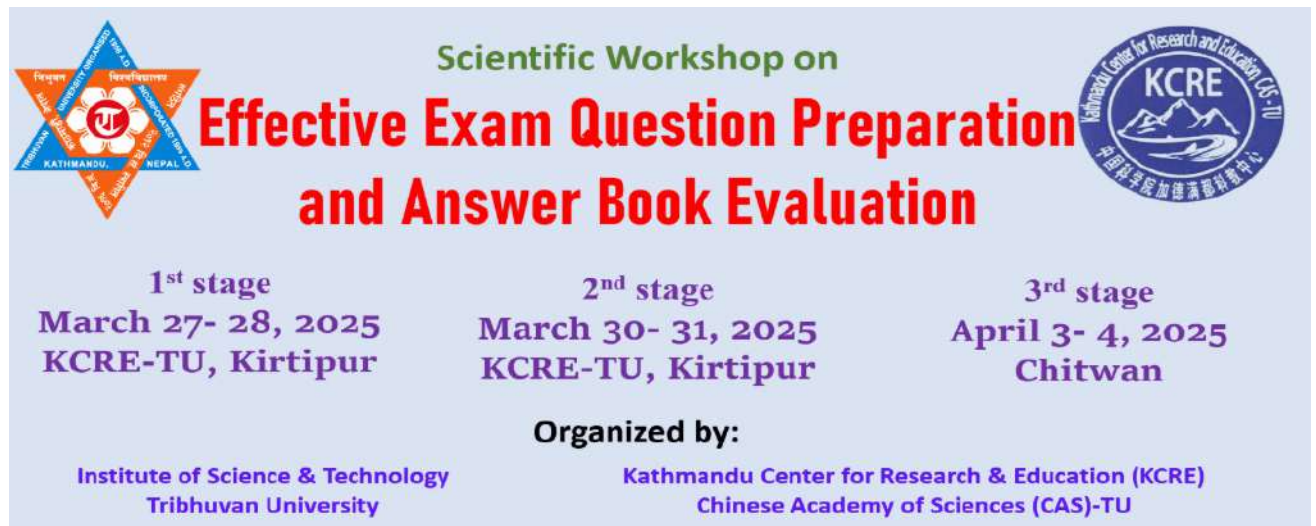
- 1.1 All documentation and communication of ERC will be dated, filed, and archived according to written procedures. The documents will be archived for a minimum period of 5 years following the completion of a study.
- 1.2 The written standard operating procedures of the ERC, guidelines of ERB will be kept in ERC office.
- 1.3 The curriculum vitae of all ERC members, signed confidentiality agreement and published articles will be placed in individual file and kept in the office cabinet.
- 1.4 The agenda of the ERC meetings, the minutes of the ERC meetings will be documented.
- 1.5 The proposal and all related materials of the application of the proposal submitted by an applicant will be archived.
- 1.6 The correspondence by ERC with applicants or concerned department or institutions regarding application, decision, and follow-up, if needed will also be documented and archived.
- 1.7 A copy of the decision and any advice or requirements sent to an applicant as well as copy of ethical approval letter will be documented.
- 1.8 All written documentation received during the follow-up such as amendment of the proposal, the notification of the completion, premature suspension, or premature termination of a study will be archived.
- 1.9 The final summary or final report or thesis of the student conducted after receiving ethical approval from ERC will be archived.



IoST Activities

Workshop on Exam Question Preparation and Answer Book Evaluation.

The Institute of Science and Technology (IoST), Tribhuvan University organized Workshop on Exam Question Preparation and Answer Book Evaluation, which was conducted in three phases with collaboration of KCRE-TU, CAS. The first two phases were held at KCRE from 14th to 19th Chaitra. The first phase was focused on enhancing the teaching and assessment skills of faculty members from Central Departments, Head and faculties and examination board members of IoST and Second Phase was targeted for faculties of constituent's colleges from KTM valley. The final phase, conducted from 21st to 22nd of Chaitra, 2081, was specifically organized for teachers working at campuses outside the Kathmandu Valley. The main objective of this workshop was to strengthen faculty capacity in preparing high-quality examination questions, and making uniformity in copy checking and overall improve education system, and promote effective and fair examination practices at IoST, TU.



Scientific Workshop on
Effective Exam Question Preparation
and Answer Book Evaluation

1st stage	2nd stage	3rd stage
March 27- 28, 2025	March 30- 31, 2025	April 3- 4, 2025
KCRE-TU, Kirtipur	KCRE-TU, Kirtipur	Chitwan

Organized by:

Institute of Science & Technology Tribhuvan University	Kathmandu Center for Research & Education (KCRE) Chinese Academy of Sciences (CAS)-TU
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Figure:1 Flyer of Workshop for effective Exam Question Preparation and Answer Book Evaluation.



Photograph 1: First Phase of Workshop at KCRE



Photograph 2: First Phase of Workshop at KCRE



Photograph 3: 2nd Phase of Workshop at KCRE



Photograph 4: Workshop at Hotel Crown, Sauraha

The resource persons for all three phases of workshop are Dr. Shree Ram Khadka, Dr. Sunil Pokhrel, and Dr. Ramesh Prasad Sapkota and former dean Prof. Dr. Ram Prasad Khatiwada.

Tribhuvan University, Institute of Science and Technology (IoST), and the Kathmandu Center for Research and Education (KCRE–TU, CAS) collaborated to successfully host all the three phase (two in KCRE) and the third phase of workshop on “Effective Exam Question Preparation and Answer Book Evaluation” at Hotel Crown in Sauraha, Chitwan. The first two phases of the program were conducted at KCRE. In the inauguration program at KCRE-TU, former dean of IoST, Prof. Dr. Bisal Nath Uprety, Prof. Dr. Chirika Shova Tamrakar and Prof. Dr. Ram Prasad Khatiwada were also delivered their views. Asst. Dean Dr. Surendra Gautam is the master of ceremony of the Program and Asst. Dean Prof. Dr. Mahendra Maharjan and Asst. Dean Khageshwor Mandal also delivered their views. In this third session of the workshop, 30 faculty members teaching science subjects at constituent campuses outside the Kathmandu Valley were participated. Addressing the Program Registrar Prof. Dr. Kedar Prasad Rijal, Tribhuvan University emphasized that unfair answer book evaluation and negligent question paper setting must stop. He underlined that test questions had to be straightforward and enable students to articulate their knowledge and abilities in an understandable manner. He also emphasized the necessity of evaluating answer books in a methodical, realistic, and scientific manner. Prof. Dr. Shankar Prasad Khanal, dean of IoST, said curricula need to be updated and the test system needs to be modernized to an international level in order to satisfy international standards. Dean Dr. Khanal further emphasized the significance of the workshop and university instructors need to be heavily involved in upholding the quality of answer book evaluation and putting marking and grading standards into practice. He added that this workshop was arranged with KCRE’s cooperation since it is the obligation of professors to modernize and make the examination system scientific by seriously addressing issues connected to university exams and question papers. Asst. Dean Prof. Dr. Mahendra Maharjan was also addressed the program.

During the workshop, Associate Professor Dr. Binod Dawadi, Deputy Director of KCRE mentioned that the Chinese Academy of Sciences, through KCRE, has been making significant contributions to enhancing Tribhuvan University’s academic and scientific capacity. He said that the workshop was organized to help prevent and reduce errors in question paper design and answer copy evaluation in line with needs and expectations of University. Dr. Tianli Xu, Deputy Director of KCRE, expressed his commitment that KCRE, through the Chinese Academy of Sciences, will continue supporting various capacity enhancement programs and scientific collaborations with IoST in the future.



IoST Activities

Mini Research Grant 2025

The goal of the mini-research project is for faculties to invest in researching a new topic, and then share the outcomes they found. It can be a foundation work for his/her Ph.D. Dean Office, Institute of Science & Technology, Tribhuvan University announced proposal for mini-research grant to Science and Technology faculties. Proposals are evaluated by the subject experts and short-listed according as the score given. Finally, shortlisted candidates are invited for the proposal presentation. In 2025, Dean office has awarded 16 faculties for the for the mini research grant. The name, affiliation and the title of the accepted project work are given in the table below:

S.N	Name	Campus	Title
1	Meera Prajapati	Khwopa College	Phytoremediation Potential of Native Floating Wetlands for Nutrient and Heavy Metal Removal in Kamal Pokhari, Bhaktapur.
2	Prabha Paudel	Butwal Multiple Campus	Assessing Autism Risk: A Case- Control Study of Prenatal and Perinatal Factor
3	Jasana Maharjan	Padma Kanya Multiple Campus	Investigation of saponin – CPC interactions in mixed solvent media by conductivity method
4	Pramod Sen Oli	Trichandra Multiple Campus	Status, distribution and impact of invasive alien plant species on forests of Madane Protected Forest, Gulmi district, Central Nepal
5	Anjana Kharbuja	Bhaktapur multiple campus	"Ethno veterinary Knowledge and Practices Among Livestock Farmers in Changunarayan Municipality, Bhaktapur"Dr. Narayan Prasad Ghimire
6	Anjal Mahat	Patan Multiple Campus	Physicochemical and Micobial Assessment of water Quality for Drinking and Irrigation: A case study of the Tinau River Basin, Lumbini Province, Nepal."
7	Tila Ram Gurung	Birendra Multiple Campus	Exploration of Non-Timber Tree Species in Nawa Jagriti Community Forest, Chitwan, Nepal
8	Navin Gautam	Central Campus of Technology	Deodorize Curcumin Extraction Techniques and Their Application in Stick Noodles for Color Improvement, Antioxidant and Anti-bacterial Property

9	Pradeep Kumar Pandey	Bhairahawa multiple campus	Corrosion Inhibition Performance of Separated Compounds from Litchi chinensis onto Copper
10	Saruna Shrestha Amatya	Tri-chandra Multiple Campus	Green Synthesis and Characterization of Anti-microbial Chitosan/ZnO Nanocomposite using Leaf Extracts of Cinnamomum Tamala for Water Purification
11	Kedar Nath Chhatkuli	Amrit Campus	Two-layered Blood Flow Model in Artery with Bell-Shaped Stenosis
12	Sushant Paudel	Bhaktapur Multiple Campus	Low-Resource NLP Model Optimization: Enhancing Transformer Performance for the Nepali Language
13	Nar Bahadur Thami	Trichandra Multiple Campus	Exploring Physical Behaviors Of Double Perovskites Lu ₂ Bb'o ₆ (B And B' =3d Transition Elements: An Ab Initio Study) For Sustainable Energy Applications.
14	Raghu Nath Chaudhary	Mahendra Multiple Campus, Nepalgunj	Status and impacts of invasive alien plant species in Nepalgunj Sub-Metropolitan City, Banke, Nepal
15	Khadka Bahadur Pal	Tri-Chandra Multiple Campus	Chemical And Microbial Characterization Of Water Quality In Balaju Pokhari And Gahana Pokhari, Kathmandu, Nepal
16	Iswar Prasad Koirala	Tri-Chandra Multiple Campus	Long Range Surface Plasmon Resonance Sensor for the formaline Detection:A numerical approach

Last year, in 2024, 12 faculties were granted. Mid-term evaluation of the progress of the project work were discussed through online. All the faculties submitted his/her report of the project work in the given period. The plagiarism level was checked and finally invited participants for the oral presentation. Following faculties defended their project outcome at the Dean Office in the presence of experts.

1	Sabina Shrestha	Chemistry	Tri-Chandra Multiple Campus, Kathmandu,	Green Synthesis Of Zno Nanoparticles Using Aloe Vera Leaf Extract And Evaluation Of Their Antimicrobial And Photocatalytic Activities
2	Ratna Bahadur Thapa	Chemistry	Damak Multiple Campus, Damak	Green Synthesis, Characterization, And Evaluation Of Antimicrobial Activities Of Silver Nanoparticles From The Roots Of Aswagandha.

3	Nilam Kharel	Mathematics	Mechi Multiple Campus, Bhadrapur	Modeling the Impacts of Climate Change on Dengue Transmission in the Koshi Province of Nepal
4	Kunjai Shrestha	Food Technology	Central Campus of Technology, Dharan	OPTIMIZATION OF PLUM AND GRAPE JUICE TO PREPARE WINE
5	Anjana Kharbuja	Botany	Bhaktapur Multiple Campus, Bhaktapur	Exploring the Lichen Flora Diversity: A Preliminary Study in Suryabinayak Forest, Bhaktapur
6	Subash Nyaupane	Botany	Amrit Campus	Taxonomic Inventory And Comprehensive Documentation Of Orchid Diversity In The Jukethali Community Forest, Lalitpur District, Central Nepal
7	Navin Gautam	Food Technology	Central Campus of Technology, Dharan	Impact Of Cooking Techniques And Refrigeration Storage On Glycemic Index And Resistant Starch Of Cooked Rice
8	Umesh Kumar Yadav	Statistics	Mahendra Bindeshwori Multiple Campus, Rajbiraj	Analysis of air quality dataset of Kathmandu using probability distribution.
9	Shashi Bhushan Chaturvedi	Microbiology	Tri-Chandra Multiple Campus, Kathmandu,	Evaluation of Yarsagumba (<i>Ophiocordyceps sinensis</i>) for Antimicrobial Activities
10	Surya Dev Prasad Yadav	Chemistry	Dhankuta Multiple Campus, Dhankuta	Study Of Anti-Corrosion Properties Of Biosurfactant On Steel Surface
11	Ajay Neupane	Botany	Mechi Multiple Campus, Bhadrapur	Ecological and Socio-economic Impacts of <i>Mimosa diplotricha</i> in Eastern Tarai
12	Kamal Prasad Kapri	Chemistry	Amrit Campus, Kathmandu	Phytochemical Screening And Antimicrobial Studies Of <i>Aloe Vera</i> Leaf Extracts With Anthraquinone Detection

From this year, Dean Office provided a certificate to them. Awardee will receive NRs. 75,000/- in three installments. Awardee need to submit report of his/her mini-research within 9 months from the period of grants received. These reports will be evaluated by the experts followed by oral presentations. IoST encourages awardee to publish his/her research in the peer review Journals.



IoST Activities

Ph.D. Program: Award & Enrolment



In the last year (October 2024 to December, 2025), IoST awarded 53 Ph.D. degree in various 10 subjects. The name of the candidates, subject, and supervisor's name are given in the table.

S. N	Name of the Student	Subject	Name of Supervisor	Award Date
1	Bijaya Bahadur Thapa	Chemistry	Prof. Dr. Nirajan Parajuli	2081.06.09
2	Roshan Chalise	Physics	Prof. Dr. Raju Khanal	2081.07.12
3	Pramila Kumari Gachhadar	Botany	Dr. Chitra Bahadur Baniya	2081.07.13
4	Chandra Bahadur Thapa	Botany	Prof. Dr. Bijaya Pant	2081.08.4
5	Yuv Raj Sahu	Chemistry	Prof. Dr. Ajaya Bhattarai	2081.08.26
6	Binita Maharjan	Chemistry	Dr. Ramlal Shrestha	2081.09.16
7	Bunty Maskey	Food Tech.	Prof. Dr. Dhan Bdr Karki	2081.09.25
8	Ramina Maharjan Shrestha	Chemistry	Prof. Dr. Paras Nath Yadav	2081.09.29
9	Jagat Krishna Pokharel	Mathematics	Prof. Dr. Narayan Pahari	2081.10.6
10	Pushpa Man Shrestha	Microbiology	Dr. Komal Raj Rijal	2081.10.11
11	Dinesh Raj Sharma	Geology	Dr. Naresh Kaji Tamrakar	2081.10.23
12	Bidhya Thapa	Physics	Prof. Dr. Narayan Pd Adhikari	2081.10.28
13	Ram Sharan Dani	Botany	Dr. Chitra Bahadur Baniya	2081.10.30
14	Arun Kumar Shrestha	Physics	Prof. Dr. Ram Prasad Koirala	2081.11.02
15	Champak Babu Silwal	Geology	Prof. Dr. Dinesh Pathak	2081.11.05
16	Ganesh Tamang	Zoology	Prof. Dr. Nanda Bdr Singh	2081.11.21
17	Pramod Kumar Mehta	Zoology	Prof. Dr. Mahendra Maharjan	2081.11.26
18	Kanchan Chaulagai	Geology	Dr. Ranjan Kumar Dahal	2081.12.01
19	Dibya Raj Dahal	Zoology	Prof. Dr. Nanda Bdr Singh	2081.12.03
20	Arjun Singh Saud	CSIT	Prof. Dr. Swarna Shakya	2081.12.25
21	Sanjay Kumar Sah	Physics	Prof. Dr. Ishwor Koirala	2082.01.05
22	Chudamani Pokharel	Mathematics	Prof. Dr. Chet Raj Bhatta	2082.01.08
23	Devi Prasad Bhandari	Chemistry	Prof. Dr. Nirajan Parajuli	2081.01.12
24	Chandradip Kumar Yadav	Chemistry	Prof. Dr. Ajaya Bhattarai	2082.01.19
25	Nepal Rama Devi	Physics	Prof. Dr. Bhawanidatta Joshi	2082.01.22
26	Ram Prabodh Yadav	Chemistry	Prof. Dr. Nirajan Parajuli	2082.01.26
27	Ram Babu Ray	Physics	Dr. Gopi Chandra Kafle	2082.02.02
28	Tilmaya Dhakal (Kharel)	Botany	Dr. Chandra Pd. Pokharel	2082.02.07
29	Sabitri Shrestha	Botany	Prof. Dr. Tilak Prasad Gautam	2082.02.13

30	Hari Prasad Kattel	Microbiology	Dr. Megha Raj Banjara	2082.02.16
31	Prakash Man Shrestha	Physics	Prof. Dr. Khem Narayan Paudel	2082.02.19
32	Bikash Phuyal	Geology	Dr. Prem Bdr Thapa	2081.02.21
33	Madhab Gautam	Chemistry	Prof. Dr. Jagadeesh Bhattarai	2082.02.22
34	Sajan Shrestha	Physics	Prof. Dr. Ram Prasad Regmi	2082.02.25
35	Shiva Pandeya	Chemistry	Dr. Mahesh Kumar Joshi	2082.02.30
36	Pawan Kumar Mishra	Chemistry	Dr. Debal Prasad Bhattarai	2082.03.06
37	Ratna Silwal Gautam	Botany	Prof. Dr. Ila Shrestha	2082.03.12
38	Prakash Gautam	Chemistry	Prof. Dr. Rameshwor Adhikari	2082.03.13
39	Sagar Aryal	Microbiology	Dr. Dev Raj Joshi	2082.04.09
40	Anju Kumari Das	Chemistry	Prof. Dr. Amar Pd. Yadav	2082.04.29
41	Punya Ram Sukupayo	Zoology	Dr. Tirtha Raj Ghimire	2082.05.06
42	Santoshi Shrestha	Zoology	Prof. Dr. Kumar Sapkota	2082.05.13
43	Prakash Khatri	Physics	Prof. Dr. Narayan Pd Adhikari	2082.05.16
44	Bekha Ratna Dangol	Mathematics	Dr. Jeevan Kafle	2082.05.17
45	Ishwari Prasad Banjade	Statistic	Prof. Dr. Srijan Lal Shrestha	2082.05.18
46	Puroshottam Adhikari	Geology	Prof. Dr. Khum Narayan Paudel	2082.05.31
47	Dikpal Kumar Shahi	Chemistry	Dr. Mahesh Kumar Joshi	2082.06.02
48	Badri Prasad Pangen	Mathematics	Prof. Dr. Tanka Nath Dhamala	2082.06.26
49	Anand Kumar Yadav	Chemistry	Prof. Dr. Paras Nath Yadav	2082.06.27
50.	Jyoti Acharya	Microbiology	Prof. Dr. Prakash Ghimire	2082.07.17
51.	Bal Bahadur Tamang	Mathematics	Prof. Dr. Ajaya Singh	2082.07.19
52.	Tirtha Raj Paneru	Physics	Prof. Dr. Bhawani Datta Joshi	2082.08.11
53.	Puja Jaishwal	Zoology	Prof. Dr. Arvinda Keshari	2082.09.04

The maximum number of Ph.D. degree is awarded in Chemistry i.e., 14 and followed by subject Physics, i.e., 10. The disciplinary distribution is shown in the bar diagram below:

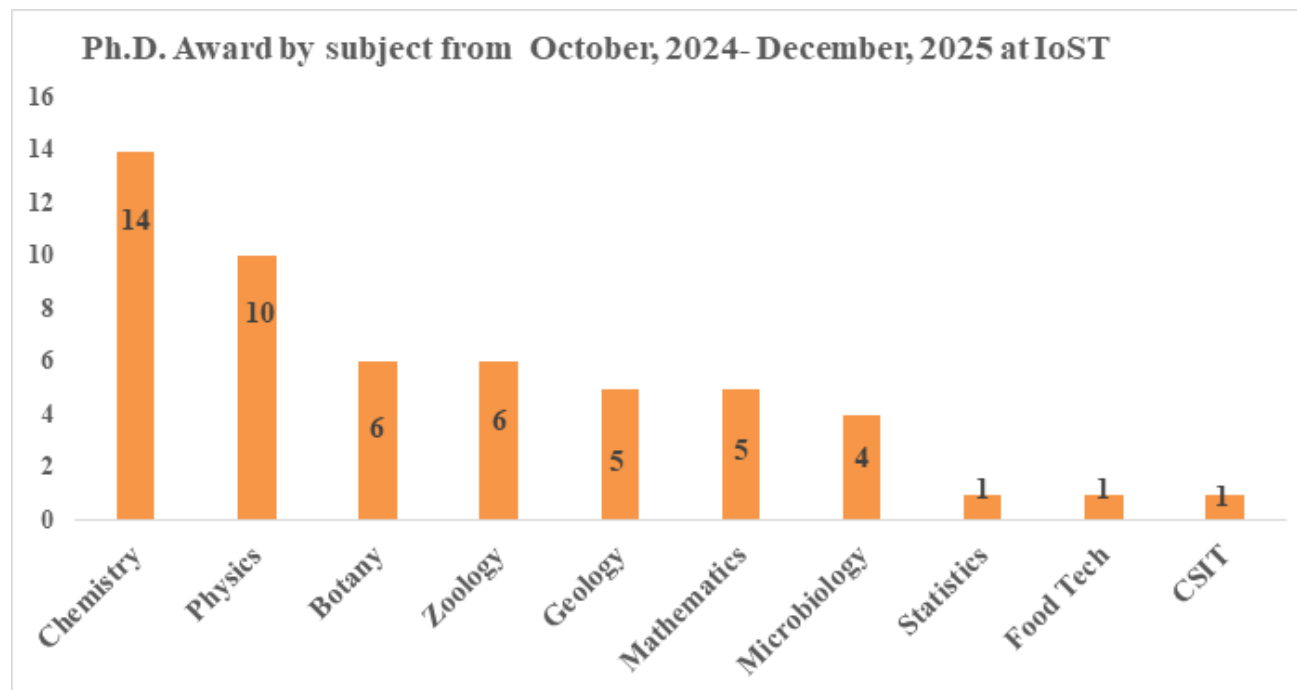


Figure 1: Distribution of Ph.D. award in various subjects of S&T in the year 2024-2025.

Ph. D. Enrollment-2024



In the year 2024, 79 Ph.D. candidates were enrolled. The orientation program was held in the Seminar Hall of Central Department of Physics on 14th Mangsir 2081. In the program, Prof. Binil Aryal, Dean, Dr. Surendra K. Gautam, Assistant Dean, Prof. Narayan Pd. Adhikari, Dr. Chitra Baniya delivered talk to the Ph.D. candidates. A list of newly enrolled Ph.D. candidates is given in the table below:

S.N	Name of the Student	Subject	Supervisor name
1	Alina Shri Sapkota	Biotechnology	Prof. Dr. Krishna Das Manandhar
2	Amit Kumar Sah	Biotechnology	Dr. Smita Shrestha
3	Mitesh Shrestha	Biotechnology	Dr. Pramod Poudel
4	Ravindra Kumar Karn	Biotechnology	Dr. Pramod Poudel
5	Ajay Neupane	Botany	Dr. Yadav Uprety
6	Ashish Dhama	Botany	Prof. Dr. Suresh Kumar Ghimire
7	Bina Wagle	Botany	Dr. Deepak Raj Panta
8	Indira Pokharel	Botany	Prof. Dr. Tilak Prasad Gautam
9	Jyoti K.c.	Botany	Prof. Dr. Bharat Babu Shrestha
10	Kamal Ghimire	Botany	Dr. Yadav Uprety
11	Krishna Prasad Sharma	Botany	Prof. Dr. Suresh Kumar Ghimire
12	Mukti Ram Aryal	Botany	Prof. Dr. Hari Datta Bhattarai
13	Nishanta Shrestha	Botany	Prof. Dr. Sangeeta Rajbhandary
14	Pratiksha Shrestha	Botany	Prof. Dr. Sangeeta Rajbhandary
15	Priti Dhakal	Botany	Dr. Chitra Bahadur Baniya
16	Sanju Parajuli	Botany	Dr. Giri Prasad Joshi
17	Shiva Pokhrel	Botany	Prof. Dr. Suresh Kumar Ghimire
18	Swasti Sharma	Botany	Dr. Lal Bahadur Thapa
19	Arun Acharya	Chemistry	Dr. Sabita Shrestha
20	Bhabani Prasad Adhikari	Chemistry	Dr. Bhanu Bhakta Neupane
21	Bhesh Raj Bhattarai	Chemistry	Dr. Sabita Shrestha
22	Bhola Nath Luitel	Chemistry	Dr. Narendra Kumar Chaudhary
23	Bipin Kumar Karn	Chemistry	Prof. Dr. Deba Bahadur Khadka
24	Dipesh Timilsina	Chemistry	Prof. Dr. Deba Bahadur Khadka
25	Gunakhar Ghimire	Chemistry	Dr. Bipeen Dahal
26	Kanhaiya Lal Gupta	Chemistry	Prof. Dr. Khaga Raj Sharma
27	Khem Raj Bhatta	Chemistry	Dr. Bhanu Bhakta Neupane
28	Manjul Kumar Karn	Chemistry	Dr. Ram Lal (Swagat) Shrestha
29	Sabita Gautam	Chemistry	Dr. Bhushan Shakya
30	Shiva Prasad Bhattarai	Chemistry	Dr. Rajesh Pandit
31	Shree Krishna Dangol	Chemistry	Dr. Rajesh Pandit

32	Sujan Poudel	Chemistry	Dr. Kamal Prasad Sapkota
33	Sunil Chaudhary	Chemistry	Prof. Dr.Ajaya Bhattarai
34	Manoj Bista	Chemistry	Bipeen Dahal, Ph.D.
35	Kumari Shipra Parmar	Chemistry	Dr. Rameshwar Adhikari
36	Nigam Singh Silwal	Environmental Science	Dr. Kumar Khatri
37	Pramila Prasai	Environmental Science	Prof. Dr. Chhatra mani Sharma
38	Arijit Choudhury	Environmental Science	Dr.Ramesh Prasad Sapkota
39	Sudip Paudel	Environmental Science	Chhatra Mani Sharma
40	Sachina Neupane	Geology	Dr. Moti Lal Rijal
41	Binod Parajuli	Hydro & Meteorology	Dr. Dhiraj Pradhananga
42	Dinkar Kayastha	Hydro & Meteorology	Dr. Dhiraj Pradhananga
43	Gopi Adhikari	Hydro & Meteorology	Dr. Binod Dawadi
44	Shiv Kumar Mahto	Hydro & Meteorology	Dr.Damoder Bagale
45	Arun Kumar Bhandari	Mathematics	Dr. Ramesh Chandra Timsina
46	Baldev Adhikari	Mathematics	Dr. Ramesh Chandra Timsina
47	Dhirendra Kumar Yadav	Mathematics	Dr. Sushil Chandra Karna
48	Jay Narayan Jha	Mathematics	Dr. Puskar Raj Pokhrel
49	Nar Bahadur Chand	Mathematics	Dr. Jhabi Lal Ghimire.
50	Nilam Kharel	Mathematics	Dr. Khagendra Adhikari
51	Raman Kumar Karn	Mathematics	Dr. Sushil Chandra Karna
52	Yagya Raj Pant	Mathematics	Dr. Khagendra Adhikari
53	Rajendra Paudyal	Mathematics	Dr. Shree Ram Khadka
54	Narayan Prasad Adhikari	Mathematics	Shreeram Khadka , PhD
55	Purushottam Parajuli	Mathematics	Prof. Dr. Narayan Prasad Pahari
56	Molhu Prasad Jaiswal	Mathematics	Prof. Dr. Narayan Prasad Pahari
57	Amrit Acharya	Microbiology	Prof. Dr. Binod Lekhak
58	Krishna Prasad Pant	Microbiology	Prof. Dr. Binod Lekhak
59	Kusum Shrestha	Microbiology	Dr. Supriya Sharma
60	Prasil Pradhan	Microbiology	Dr. Supriya Sharma
61	Rabin Paudyal	Microbiology	Dr. Shyam Prakash Dumre
62	Roshani Maharjan	Microbiology	Dr. Komal Raj Rijal
63	Rupa Pandey	Microbiology	Dr. Supriya Sharma
64	Sandesh Ghimire	Microbiology	Dr. Komal Raj Rijal
65	Sanjib Adhikari	Microbiology	Prof. Dr. Prakash Ghimire
66	Aakash Pokheral	Physics	Prof. Dr. Narayan Prasad Chapagain
67	Bikal Khanal	Physics	Dr. Madhav Prasad Ghimire
68	Chhandak Maharjan	Physics	Prof. Dr. Narayan Prasad Chapagain
69	Dhruba Poudel	Physics	Dr. Pitri Bhakta Adhikari
70	Dhurba Prasad Acharya	Physics	Dr. Gopi Chandra Kaphle
71	Eak Raj Paudel	Physics	Prof. Dr. Harihar Paudyal
72	Khem Kumari Lamichhane	Physics	Prof.Dr. Leela Pradhan Joshi
73	Udaya Bahadur Thapa Kshetri	Physics	Prof. Dr. Harihar Paudyal
74	Arun Kumar Yadav	Statistics	Prof. Dr. Shankar Prasad Khanal
75	Bidur Nepal	Statistics	Dr. Arun Kumar Chaudary
76	Hari Prasad Upadhyay	Statistics	Dr. Bijay Lal Pradhan
77	Barun Panthi	Zoology	Prof. Dr. Prem Bahadur Budha
78	Dina Nath Dhakal	Zoology	Dr. Kishor Pandey
79	Baburam Banjade	Zoology	Dr. Hari Prasad Sharma

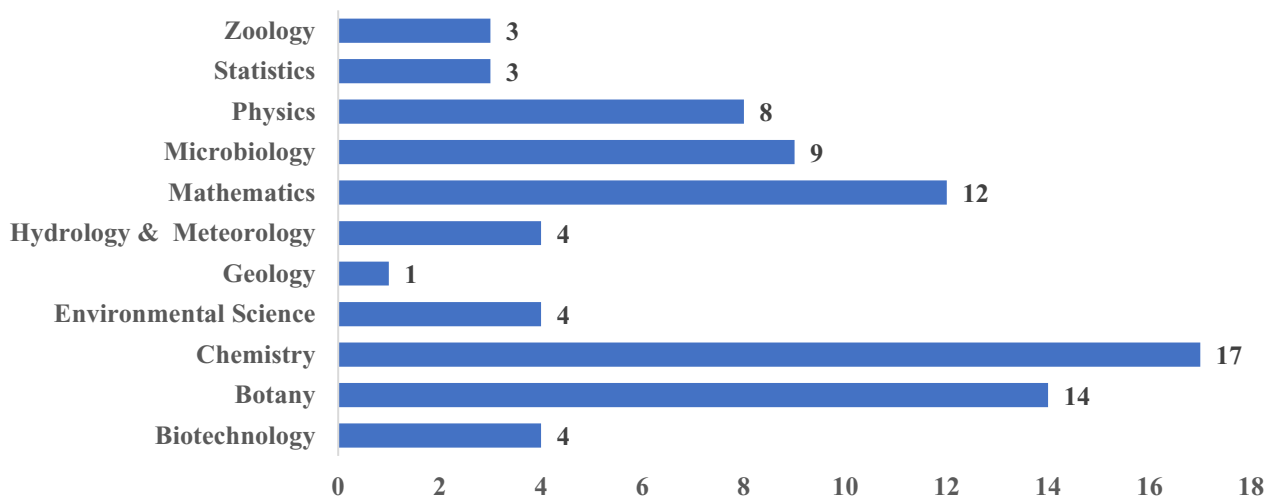
Ph. D. Student enrollement by subect in 2081 at IoST

Figure 2: Diagram showing enrolled Ph.D. students in year 2024.

Ph. D. Enrollment-2025

In this year 2025, 75 Ph.D. candidates are enrolled. The orientation program was held in the Seminar Hall of New building of Central Library on 15th Mangsir 2082. Prof. Dr. Deepak Aryal, Vice-Chancellor, Tribhuvan University has inaugurated the Orientation Program and released the revised version of Research Regulation Ph.D. Postdoctoral and Mini Research Program and Research Regulation Master's Program. The Program is divided into two sessions: Inagural and Technical Session. The inaugural session was chaired by Dean of IoST, Chief Guest Vice-Chancellor Prof. Dr. Deepak Aryal focossed without dong hardwork, dedication and keen interest, it is impossible to be awarded Ph. D. in Science and Technology. In inagrual session, Prof. Dr. Akaldev Mishra, Principal, University Campus, Kirtipur, Kathmandu, TU, Asst. Dean, Prof. Dr. Mahendra Maharjan, Asst. Dean Dr. Khageshwor Mandal, Prof. Dr. Sangeeta Rajbhandary, Prof. Dr. Anjana Singh also delivered their rematks. The inaugural session was conducted by Asst. Dean Dr. Komal Raj Rijal. In the technical session, Prof. Dr. Shankar Prasad Khanal, Dean IoST, Dr. Komal Raj Rijal, Assistant Dean, Prof. Dr. Prakash Ghimire, Prof. Dr. Srijan Lal Shrestha, Mr. Bijaya Sharma, Library Officer, Prof. Narayan Pd Adhikari, Dr. Chitra Bdr. Baniya and Dr. Ramesh Prasad Sapkota delivered talk to the Ph.D. candidates.



Photographs: 1&2: Inaguration and Release of revised Research regulations by Vice-Chancellor, Prof. Dr. Dipak Aryal

Tribhuvan University
Institute of Science & Technology
Ph.D. Orientation Program
 December 1st, 2025 (15 Mangsir 2082)
 Venue: Seminar Hall, New Building of Central Library, TU, Kirtipur

PROGRAM	
09:00 – 09:45	Registration – Breakfast
09:45 – 10:45	Opening Ceremony
09:45 – 09:50	Invitation to Dias (Chair person, Chief Guest VC TU, Asst. Deans & HODs/CDRC Chair of Central Departments, Research Committee members, Journal Committee members)
09:50 – 10:00	Welcome Address
10:00 – 10:05	Prof. Dr. Mahendra Maharjan, Asst. Dean, IoST, TU Inauguration, and i) Release of Revised version of Research Regulation PhD, Postdoctoral and Mini Research Program ii) Research Regulation Master's Program by Prof. Dr. Deepak Aryal, Vice Chancellor, Tribhuvan University
10:05 – 10:20	Opinion and wishes by Chief Editor of JIST Prof. Dr. Anjana Singh CDMi, TU
10:20 – 10:30	Prof. Dr. Sangeeta Rajbhandary, Head, CDB, TU Prof. Dr. Chet Raj Bhatta, Head CDM, TU Address by the Chief Guest
10:30 – 10:40	Prof. Dr. Deepak Aryal, VC, TU Address by the Chair of the Session
10:40 – 10:45	Prof. Dr. Shankar Prasad Khanal, Dean, IoST, TU Vote of Thanks by Dr. Khageshwar Mandal, Asst. Dean, IoST, TU
10:50 – 12:30 Technical Session–1	
10:50 – 11:00	Self Introduction by Ph.D. students
11:00 – 11:20	Ph.D. Rule and Regulations–2025, IoST, TU Dr. Komal Raj Rijal, Asst. Dean, IoST, TU
11:20 – 12:00	Scientific Writing and Publication Prof. Dr. Shankar Prasad Khanal, Dean, IoST, TU
12:00 – 12:30	Ethical conduction of Research Prof. Dr. Prakash Ghimire, CDMi, TU
12:30 – 13:30 LUNCH	
13:30 – 15:30 Technical Session–2	
13:30 – 14:00	Library Resources, Journals, e-Resources & Databases Mr. Bijaya Sharma, Central Library, TU
14:00 – 14:30	Application of Statistical tools in Research Prof. Dr. Srijan Lal Shrestha, CDS, TU
14:30 – 15:00	Course Introduction and Grant Application for Ph.D. Prof. Dr. Narayan Prasad Adhikari, Head, CDP, TU
15:00 – 15:30	Q/A Session PhD Course Facilitators, Focal Persons
15:30 – 16:00 Tea/Coffee	
Opening ceremony will be conducted by Dr. Komal Raj Rijal, Asst. Dean, IoST, TU.	

This Session will be conducted by **Dr. Chitra Bd Baniya, IoST, TU**
 Guests: HoDs or Chair of CDRC of IoST Central Departments, Research Committee and Journal Committee members of IoST will be invited.

This Session will be conducted by **Dr. Ramesh Sapkota, IoST, TU**
 Guests: HoDs or Chair of CDRC of IoST Central Departments, Research Committee and Journal Committee members of IoST will be invited.

Figure 3: Agenda of Ph.D. Orientation Program-2025

Number of Ph.D. Degree Awarded by IoST till November 17, 2025

Total Number of Awarded Ph.D. Degree = 148

Central Departments of IoST, TU

RESEARCH REGULATION

Ph.D. Program : Regulation (2025)
 : Dissertation Format (2025)
 : Curriculum (First Trimester) (2025)

Mini Research : Directorate (2025)
 Post Doc Program : Regulation (2025)

Tribhuvan University
 Institute of Science and Technology (IoST)
 Dean's Office, Kirtipur, Kathmandu, Nepal

November 2025

Master's Program

Tribhuvan University
 Institute of Science and Technology (IoST)
 Dean's Office, Kirtipur, Kathmandu, Nepal

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RESEARCH REGULATION

List of Academic Disciplines Offering Master's Programs at the Institute of Science & Technology, Tribhuvan University

Sl. No.	Discipline
1	Biodiversity and Environmental Management
2	Biotechnology
3	Botany
4	Chemistry
5	Computer Science and Information Technology
6	Data Science
7	Engineering Geology
8	Environmental Health & Disaster
9	Environmental Science
10	Food Technology
11	Geology
12	Hydrology and Meteorology
13	Information Technology
14	Mathematics
15	Microbiology
16	Plumbar and Plumbering Science
17	Physics
18	Statistics
19	Zoology

Tribhuvan University
 Institute of Science and Technology (IoST)
 Dean's Office, Kirtipur, Kathmandu, Nepal

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November 2025

A list of newly enrolled Ph.D. candidates (Ph.D. enrolment in 2025) is given in the following table:

S.N	Name of the Student	Subject	Supervisor name
1	Hemanta Kumari Chadhuary	Biotechnology	Dr. Jarina Joshi
2	Basu Dev Poudel	Botany	Dr. Yadav Upreti
3	Bidhya Maharjan	Botany	Prof. Dr. Haridatta Bhattarai
4	Dipak Lamichhane	Botany	Prof. Dr. Bharatbabu Shrestha
5	Pramod Sen Oli	Botany	Dr. Chitra Bahadur Baniya
6	Tila Ram Gurung	Botany	Prof. Dr. Haridatta Bhattarai
7	Agni Prasad Sharma	Chemistry	Prof. Dr. Akkal Dev Mishra
8	Arati Pradhan	Chemistry	Dr. Shanta Pokharel Bhattarai
9	Ashma Bhattarai	Chemistry	Dr. Achyut Adhikari
10	Deepak Nath	Chemistry	Dr. Chandradip Yadav
11	Ganesh Giri	Chemistry	Dr. Purna Prasad Dhakal
12	Jasana Maharjan	Chemistry	Prof. Dr. Ajaya Bhattarai
13	Jaya Ram Thapa	Chemistry	Dr. Mani Ram Kandel
14	Kamala Bhattarai	Chemistry	Dr. Subhangi Subedi
15	Khag Raj Ghimire	Chemistry	Dr. Bhoj Raj Paudel
16	Naresh Prasad Bhatta	Chemistry	Dr. Mahesh Kumar Joshi
17	Raj Kumar Karki	Chemistry	Dr. Kamal Prasad Sapkota
18	Ram Bhadhur Gharti	Chemistry	Dr. Debal Prasad Bhattarai
19	Ram Narayan Shah (Raman)	Chemistry	Dr. Debal Prasad BHattarai
20	Rohan Sedhai	Chemistry	Dr. Purna Prasad Dhakal
21	Sachin Thapa	Chemistry	Dr. Dasu Ram Paudel
22	Sailendra Kumar Tripathi	Chemistry	Dr. Bhoj Raj Paudel
23	Sanjaya Dware	Chemistry	Dr. Dipak Kumar Gupta
24	Sanjib Kumar Chaudhary	Chemistry	Prof. Dr. Paras Nath Yadav
25	Suryadev Prasad Yadav	Chemistry	Prof. Dr. Ajaya Bhattarai
26	Tara Datta Bhatta	Chemistry	Dr. Mani Ram Kandel
27	Timila Shrestha	Chemistry	Dr. RamGopal (Swagat) Shrestha
28	Binod Paudyal	CSIT	Dr. Sanjib Prasad Pandey
29	Dipendra Raj Joshi	Environmental Sciences	Dr. Ramesh Prasad Sapkota
30	Meera Prajapati	Environmental Sciences	Dr. DipNarayan Shah
31	Narendra Bd. Singh Bishwakarma	Environmental Sciences	Prof. Dr. Chhatramani Sharma
32	Rupesh K.c.	Environmental Sciences	Dr. Binod Baniya
33	Sajan Puri	Environmental Sciences	Dr. Ramesh Raj Panta
34	Sandesh Neupane	Environmental Sciences	Dr. Narayan Prasad Gaire
35	Saroj Nepal	Environmental Sciences	Dr. Ramesh Raj Panta
36	Anil Kumar Chaudhary	Geology	Dr. Ranjan Kumar Dahal
37	Nirmal Kafle	Geology	Prof. Dr. Dinesh Pathak
38	Bishnu Prasad Neupane	Hydrology and Meteorology	Dr. Dhiraj Pradhanang
39	Devesh Koirala	Hydrology and Meteorology	Dr. Dibas Shrestha
40	Jeena Amatya	Microbiology	Dr. Dev Raj Joshi
41	Om Prakash Pant	Microbiology	Prof. Dr. Prakash Ghimire
42	Padma Shrestha	Microbiology	Dr. Megha Raj Banjara
43	Pramila Parajuli	Microbiology	Dr. Dev Raj Joshi
44	Daya Ram Sharma	Physics	Dr. Nurapati Panta

45	Jibanath Pandey	Physics	Dr. Hari Krishna Neupane
46	Narendra Kumar Chaudhary	Physics	Dr. Dinesh Kumar Chaudhary
47	Om Shree Rijal	Physics	Prof. Dr. Narayan Prasad Adhikari
48	Pramila Balami	Physics	Prof. Dr. Ram Prasad Regmi
49	Pramod Prasad Yadav	Physics	Dr. Suresh Prasad Gupta
50	Rabindra Kumar Budhathoki	Physics	Prof. Dr. Ishwor Koirala
51	Reshma Basukala	Physics	Prof. Dr. Bhawani Datta Joshi
52	Sudist Kumar Sah	Physics	Dr. Rajendra Prasad Koirala
53	Yam Bahadur Budhathoki	Physics	Prof. Dr. Devendra Adhikari
54	Krishna Prasad Adhikari	Physics	Dr. Jhulan Paudel
55	Santosh Kumar Das	Physics	Dr. Suresh Prasad Gupta
56	Aasis Baral	Mathematics	Dr. Ramesh Gautam
57	Ami Raj Adhikari	Mathematics	Prof. Dr. Gyan Bahadur Thapa
58	Birendra Jaiswal	Mathematics	Dr. Rabindra Kumar Gupta
59	Biseswar Prashad Bhatt	Mathematics	Dr. Nabaraj Adhikari
60	Bishnu Prasad Bhandari	Mathematics	Dr. Chudamani Pokharel
61	Gobinda Adhikari	Mathematics	Dr. Jhabilal Ghimire
62	Hari Prasad Bhattarai	Mathematics	Dr. Anjana Pokharel
63	Hari Prasad Gnawali	Mathematics	Dr. Jeevan Kafle
64	Kedar Nath Chhatkuli	Mathematics	Dr. Jeevan Kafle
65	Prem Prakash Kaphle	Mathematics	Prof. Dr. Narayan Prasad Pahari
66	Sabindra Giri	Mathematics	Dr. Ramesh Gautam
67	Samjhana Koirala	Mathematics	Dr. Nabaraj Adhikari
68	Tuk Bahadur Rana	Mathematics	Prof. Dr. Gyan Bahadur Thapa
69	Youb Raj Gaire	Mathematics	Dr. Shreeram Khadka
70	Prabhat Upreti	Statistics	Prof. Dr. Shankar Prasad Khanal
71	Ajay Jha	Zoology	Dr. Archana Prasad
72	Deepa Dangol	Zoology	Dr. Laxman Khanal
73	Kamala Limbu	Zoology	Dr. Laxman Khanal
74	Shirish Acharya	Zoology	Dr. Indra Prasad Subedi
75	Shrijana Sapkota	Zoology	Dr. Bishnu Prasad Bhattarai

Ph.D. Student enrollment by subject in 2082 at IoST

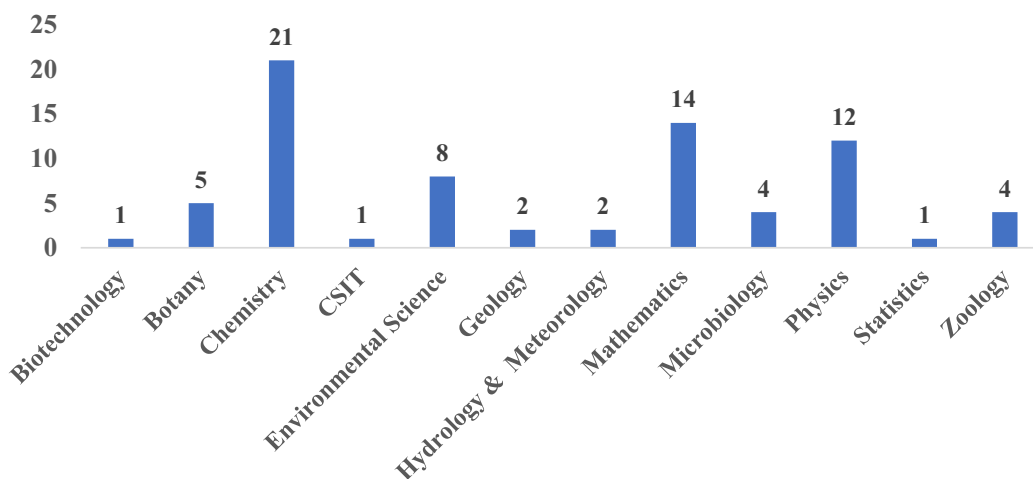


Figure 5: Bar diagram showing enrolled Ph.D. students in year 2025.



IoST Activities

B. Tech (Food Technology) Semester course orientation

In 2024, Academic Council of TU approved B. Tech (Food Technology) program to be run under the semester system as per semester system operational guidelines-2074. Central Campus of Technology, Dharan is the only constituent campus running this program and other 10 affiliated colleges throughout in Nepal. IoST has organized the series of online orientation programs for the faculties of constituent campus and affiliated colleges in current semester system syllabus of B. Tech (Food Technology). Asst. Dean Dr. Khageshwor Mandal has coordinated the orientation program.



Figure 1: Flyer of Second semester course orientation for faculties of B. Tech (Food Technology)



Figure 2: Flyer of Third semester course orientation for faculties of B. Tech (Food Technology)



IoST Activities ***Scientific Writing Workshop***



Photograph 1: Participants of Scientific Writing Workshop

Institute of Science and Technology, Tribhuvan University, has organized a three-day Scientific Writing Workshop for Ph.D. second-semester students in collaboration with the Institute of Mountain Hazards and Environment (IMHE), Chinese Academy of Sciences, at KCRE-TU. Fifty PhD scholars and a few master's-level students participated in this workshop. The program was organized from 24 to 26 November 2025 at KCRE-TU. Two renowned resource persons, Professor Dr. Qiu Dunlian, Editor-in-Chief, and Dr. Wang Yang, Editor, Journal of Mountain Science (JMS), Dr. Chitra Bdr Baniya, and Dr. Binod Dawadi, Deputy Director, KCRE from TU, were resource persons. The program has been formally inaugurated by Professor Dr. Shankar Prasad Khanal, Dean of the Institute of Science and Technology at Tribhuvan University. Dr. Komal Raj Rijal, Assistant Dean, IoST, welcomed the resource persons and participants of the workshop and thanked Dr. Chitra Bdr Baniya for coordinating with the Journal of Mountain Science (JMS) to organize this important workshop and KCRE-TU for providing the seminar hall for the workshop. Dr. Chitra Bdr Baniya, Associate Professor, Central Department of Botany, TU, facilitated the entire duration of the workshop.



IoST Activities

M. Sc. Dissertation Meet

The Institute of Science and Technology, Tribhuvan University organized the M.Sc. Dissertation Meet on 11-12 Mangsir, 2081 B.S. In the Master Meet, more than 250 master research dissertations of Master Thesis students from 12 different Central departments were presented. In the program, Supervisors, faculties from Central Departments, M. Sc students were also present. Approximately two thousand students observed the Master- Dissertation Meet Program-2081.

The program was inaugurated by the Vice-Chancellor of Tribhuvan University, Prof. Dr. Keshar Jung Baral. On this occasion, Vice chancellor highlighted that science education should be both practical and research-oriented, stating that “We must take our work beyond the classroom and link education with production.” Dean of the Institute of Science and Technology, Prof. Dr. Binil Aryal, highlighted the importance of master dissertation meet program and through the presentation and exhibition of master dissertations, new students and fresh researcher gain a clear opportunity to understand how to conduct research work. In the inauguration program Rector Prof. Dr. Khadga K.C, Registrar, Prof. Dr. Kedar Rijal, Tribhuvan University, Principal, Heads of Central Departments, faculty members, and representatives of student organizations were also present.



Photographs: Master Dissertation Meet, on Mangsir 11-12, 2081.

IoST News

Felicitatation of Former Dean and Welcome of New Dean

Felicitatation of Dean Prof. Dr. Binil Aryal on 11 Poush, 2081



Photographs: Felicitatation of Dean, Prof. Dr. Binil Aryal

Prof. Dr. Binil Aryal served as Dean of Institute of Science and Technology (IoST), Tribhuvan University (TU) from Poush 12, 2077 to 11 Poush 2081. As an academic leader, he has played an important role in leading Institute of Science and Technology towards academic reform, research excellence, and introducing LMS Moodle, introduced AI detection facility in PG iThenticate, implemented double degree Program at Ph.D. Level (IoF & Central Department of Botany and initiated a data Protection Policy in the Institute of Science and Technology. Furthermore, as a dean, Prof. Aryal made strong and dedicated efforts in drafting and submitting the proposal for the Central Reference Laboratory to The University Grants Commission (UGC-Nepal) and successfully secured grants for the establishment of National Science Reference Laboratory in his tenure. Prof. Dr. Binil Aryal is currently Professor at Central Department of Physics, Tribhuvan University and Academician of Nepal Academy of Science & Technology, Kumaltar, Lalitpur. Prior to Dean of IoST, TU he served as Head of Central Department of Physics, TU.

Under his strong leadership, IoST has undertaken significant academic initiatives, including the revision of undergraduate and graduate curricula and the transfer of Bachelor of Food Technology program from an annual to a semester system in 2024. Furthermore, Master in Information Technology (MIT) and M.Sc. in Mountain and Mountaineering Science (MMS) program were introduced during his tenure. He has also focused in research promotion and encouraged faculties for research during his tenure. IoST faculties and students have achieved remarkable growth in research output in his tenure, with over a thousand publications and a substantial increase in Scimago-indexed journal articles.

Prof. Dr. Aryal has actively supported National and International research collaborations. During his tenure, IoST has been implemented the requirement that graduate and Ph.D. research thesis abstract should be written in Nepali language together with English and that plagiarism should be checked. He brought the concept of the "Ph.D. Festival-2023", & "Master Dissertation Meet-2024", which honored 50 years of Ph.D. research and more than 70 years of master program at IoST and promoted multidisciplinary research culture. Overall, Prof. Dr. Binil Aryal's tenure symbolizes a progressive, research-focused, and significant change at IoST, TU that will ultimately make IoST a major center of National Center of Excellence in Science and Technology education in Nepal.

Welcome of New Dean Prof. Dr. Shankar Prasad Khanal on Poush 12, 2081.



Photographs: Felcitation of Dean, Prof. Dr. Binil Aryal

Prof. Dr. Shankar Prasad Khanal is appointed as the Dean of the Institute of Science and Technology (IoST), Tribhuvan University, since December 27, 2024(12th Poush, 2081 B.S.). Prof. Khanal is a distinguished biostatistician in Nepal. He did his Ph.D. Degree in Biostatistics from the All India Institute of Medical Sciences (AIIMS), New Delhi, India with Ph.D. research focused on survival modeling in acute liver failure.

He completed his M.Sc. in Statistics from Central Department of Statistics, Tribhuvan University and began his academic career as permanent lecturer in 1996. He became Full Professor of Statistics since March 2013. He also served as Head of the Central Department of Statistics, Tribhuvan University from August 2015 to January 2020. His teaching areas are mainly biostatistics, meta-analysis, and research methodology at Master's and Ph.D. levels. Prof. Khanal has published more than 100 manuscripts in National and International Journals. His research work covers mainly survival analysis, ophthalmic epidemiology, public health, poverty analysis, and applied statistics. He has served as team leader and consultant for major research projects funded by UGC Nepal, British Council, EU, JICA, ICMR (India), WHO, and UNICEF.

He has supervised Ph.D. scholars, examined Ph.D. theses nationally and internationally. He has actively contributed to academic publishing as Founder Editor-in-Chief of the Nepalese Journal of Statistics. His academic excellence has been recognized through national honors including the Nepal Bidhya Bhusan "Ka" and the National Education Award.



MoU between IoST, TU and the Nepal Agricultural Research Council (NARC)



Photograph 1: MOU Signature between Dean, IoST and Acting Executive Director, NARC.

A Memorandum of Understanding (MoU) has been signed between Tribhuvan University (TU) and the Nepal Agricultural Research Council (NARC) to foster collaboration in research and academic activities of mutual interest. This initiative was led by the Central Department of Microbiology, TU. The MoU was formally exchanged today between Dr. Doj Raj Khanal, Acting Executive Director of NARC, and Prof. Dr. Shankar Prasad Khanal, Dean of the Institute of Science and Technology (IoST), TU. This partnership aims to promote joint research efforts and academic cooperation, paving the way for significant scientific advancements in the future.



Felicitation of Former Assistant Dean and welcome of New Assistant Dean

Felicitation of Assist. Dean Dr. Surendra Kumar Gautam on Ashad 19, 2082



Photographs: Felicitation of Asst. Dean Dr. Surendra Kumar Gautam

Associate Professor, Dr. Surendra Kumar Gautam has completed his four-year tenure of Assistant Dean of IoST on July 3, 2025. He served as the Assistant Dean of the Institute of Science and Technology (IoST), TU, from 4 July 2021 to 3 July 2025. He looked Ph.D. Research and Academic during his tenure. As Assistant Dean, he contributed to improving coordination among central departments and constituent campuses, with a particular focus on enhancing transparency and effectiveness in academic administration. He served as a faculty member of Tri-chandra Campus at Department of Chemistry since 1994. Dr. Gautam completed his Ph.D. in Materials Science and Nanotechnology at Indian Institute of Technology (IIT), BHU, India in 2011. He is now Associate Professor in Chemistry Department at Tri-chandra campus, Ghantaghar, Kathmandu.

Welcome of New Asst. Dean Dr. Komal Raj Rijal on Ashad 22, 2082.



Photographs: Welcome of New Asst. Dean Dr. Komal Raj Rijal

Dr. Komal Raj Rijal, is an Associate Professor of Microbiology appointed as Assistant Dean of Institute of Science and Technology on 4th July, 2025. He Served as Head of Central Department of Microbiology Tribhuvan University from December 2020 to December, 2024. He began his academic career as lecturer of School of Pharmaceutical and Biomedical Sciences, Pokhara University Since 2005 and joined permanent lecturer at Central Department of Microbiology Since November, 2008 and promoted as Associate Professor of Microbiology from July, 2019. He obtained his Ph.D. from the Faculty of Tropical Medicine, Mahidol University, Bangkok, Thailand, with a focus on characterizing relapse patterns in vivax Malaria and studying Glucose-6-Phosphate Dehydrogenase deficient variants in Nepal in 2018. He received Tranakchit Harinasuta Award (Outstanding student), Faculty of Tropical Medicine, Mahidol University, 2015. Dr. Rijal exhibits a passionate dedication to research, particularly in malaria, vectorborne diseases, infectious diseases, and antimicrobial resistance. Dr. Rijal received Science Award- 2078: Nepal Academy of Science and Technology (NAST), Awarded by Prime Minister of Nepal. Dr. Rijal has published more than 100 manuscripts in different peer-reviewed National and International Journals.



Felicitations of Staff Retirement



Ms. Indu Rajoupadhaya, Senior Head Assistant, Institute of Science and Technology, has retired from Tribhuvan University from August 1, 2025 (Sharvan 18, 2082 BS). She has worked at Tribhuvan University since 2052 BS. During her 30-year career, she worked at the Institute of Science and Technology for over 27 years. She looked Ph.D. Program of IoST since 2055 BS. She is a very honest, trustworthy, and diligent employee in her position. She is the sole institutional memories of IoST activity from the past. The IoST family wishes her continued healthy and laughter retired life.

Enrollment trend of students: Undergraduate Level

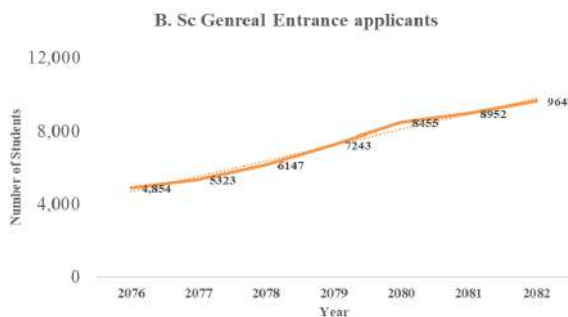


Figure 1: Trend of B. Sc General Science Entrance applicants, 2076-2082

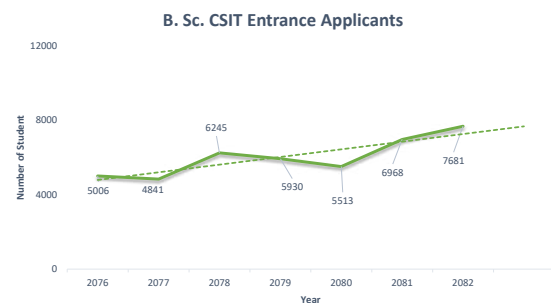


Figure 2: Trend of B. Sc CSIT Entrance applicants, 2076-2082

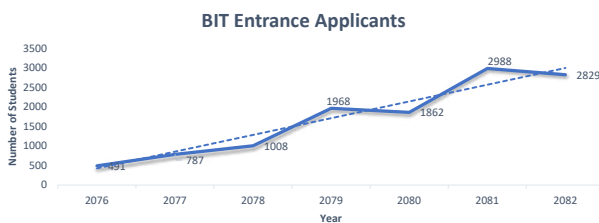


Figure 3: Trend of BIT Entrance applicants, 2076-2082

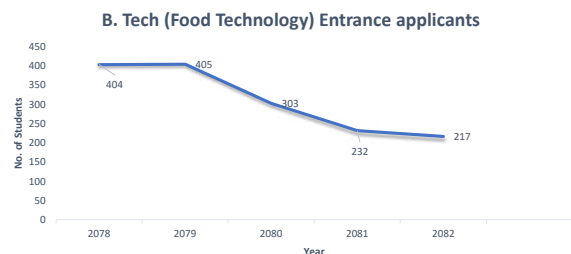


Figure 4: Trend of B. (Tech) Entrance applicants, 2078-2082

In this year, 2082 BS, a total of 20,375 students (B. Sc General, 9648; B. Sc CSIT, 7681; BIT, 2829 and B. Tech, 217) attended entrance Examination conducted by Institute of Science and Technology (IoST) TU at the undergraduate levels. This is about 12% (last year, it was 18,000) increase of students' applicants in compared to last year, 2081 BS. Figures show that there is a growth of students in different level of undergraduate program during last five years.

The attraction towards B. Sc (General) has been increased in last 4 years. The rate of increment is about 1000 students per year from last 4 years. B. Sc. General Science Program has been offered by 21 constituents and 26 affiliated colleges. More than 80% students study in constituent colleges. B. Sc (Microbiology) and B. Sc (Environmental Sciences) has been offered by 30 and 14 campuses/ colleges, respectively.

An increasing trend in the number of applicants for the B.Sc. CSIT program has been observed over the last two years (2081 and 2082 BS). The number of applicants rose to 6,968 in 2081, representing an increase of about 1,500 students compared to 2080, and further increased to 7,681 in 2082, showing an additional rise of approximately 600 students compared to 2081.



Interaction program with Ph.D. Scholars

The Institute of Science and Technology, Tribhuvan University has been organized a discussion program between Dean's office and the Ph.D. researchers who have registered their Ph.D degree at IoST, in presence of Dean, Assistant Deans and responsible officers from the Dean office. The discussion program was conducted on Monday, Magh 14, 2081 at the hall of new building of Central Library. During discussion program, Ph. D. scholars requested Dean's office to address their problems, and Dean's office acquainted them with the rules and regulation of the Ph.D. program at IoST, laboratory management and the timely completion of the degrees as per the defined rules and regulations.

Celebration of Fifty-Two Anniversary day of IoST, TU

The Institute of Science and Technology has celebrated its 52nd establishment day on 19 Poush, 2081. The program was chaired by Prof. Dr. Shankar Prasad Khanal, Dean of Institute of Science and Technology. In the program, main office Assistants, Ms. Nilu Shrestha and Mr. Upendra Subedi, were honored with a certificate of appreciation and a dosalla by the Dean of the Institute of Science and Technology. In the program Dean, Prof. Dr. Shankar Prasad Khanal mentioned that the Dean's Office would give more emphasis to archiving the institutional memory of the Institute and further emphasized that everyone should work institutionally rather than individually. In the Anniversary celebration program, Assistant Deans Dr. Surendra Kumar Gautam, Prof. Dr. Mahendra Maharjan and Dr. Khageshwor Mandal expressed their best wishes to IoST in coming days.



Photograph 1: 52nd Anniversary day celebration at Dean's office, IoST, TU



Photograph 2: Main Office Assistants, Ms. Nilu Shrestha and Mr. Upendra Subedi, were honored with a certificate of Appreciation and Dosalla on 52nd Anniversary of IoST, TU.

Interaction program with Campus chiefs/ Program Coordinators of CSIT Program

An interaction program has been organized by the Dean office, IoST with the campus chiefs'/program coordinator running the CSIT program, affiliated from TU. The program was held on July 11, 2025 at the hall of Central Department of Statistics. Campus chiefs of affiliated campuses within KTM valley physically attained the program, whereas campus chief/program coordinators outside Kathmandu joined the program via online. In the program, Dean Prof. Dr. Shankar Prasad Khanal, Assistant Deans, Prof. Dr. Mahendra Maharjan, Dr. Khageshwor Mandal and Dr. Komal Raj Rijal, subject committee members, and Head of Central Department of Computer Sciences and Information Technology, Mr. Sarbin Sayami were also present. A detailed discussion was held on the operational status of the CSIT program academic quality, curriculum implementation, examination management, and challenges faced by the affiliated campuses. Discussion were also held on how the Dean office has been supporting the affiliated campuses to run the program effectively and completion of the entire course with in time. In addition, suggestions were exchanged between two entities to make the program more effective and quality.



Photographs: Interaction program with campus chiefs'/program coordinator of CSIT program affiliated colleges

A Talk with Eminent Personality of Science & Technology

पूर्व डिन प्रा. सुरेशराज चालिसेसँगको कुराकानी

(यो अन्तर्वार्ताका लागि पूर्वडिन प्रा. सुरेशराज चालिसेको निवासमा विज्ञान तथा प्रविधि अध्ययन संस्थानका डिन प्रा.डा. शंकरप्रसाद खनाल, सहायक डिन डा. कोमलराज रिजाल, जल तथा मौसम विज्ञान केन्द्रीय विभागका सहप्राध्यापक डा. विनोद दवाडी र डीन कार्यालयका कर्मचारी श्री उपेन्द्र सुवेदी जानुभएको थियो । उहाँसँग भएको कुराकानीको अडियो भिडियो रेकर्ड डिन कार्यालयको सम्पत्तिको रूपमा सुरक्षित रहनेछ ।)



✍ तपाईंको बाल्यकाल तथा जन्मका बारेमा केही बताइदिनुहुन्छ कि ?

हामी पहिलेदेखिकै काठमाडौं कै निवासी हौं । हाम्रो कुलदेवता गोकर्णमा रहेका छन् । मेरो बुबा सुन्दरराज चालिसे काठमाडौंको इन्द्रचोकमा जन्मनुभएको थियो । विविध कारणले इन्द्रचोकबाट नरदेवी, कमलपोखरी हुँदै हाम्रो परिवारको बसाइ नक्साल भयो । मेरो मामाघर कमलपोखरीमा थियो । नक्सालमा जन्मे पनि म मामाघरमा नै हुँकेँ पढेँ ।

मेरो बुबा राजनीतिमा संलग्न हुनुहुन्थ्यो । उहाँ तत्कालीन प्रजापरिषद्मा लाग्नुभएको थियो । हाम्रा चार सहिदहरूकै समकक्षमा रहेर राणाशासन विरोधी राजनीतिमा लागेकाले उहाँ निकै वर्ष भारत प्रवासमा रहनुभयो । मेरी आमा सुशीलादेवी चालिसे पनि उहाँसँगै भारतको कलकत्तामा बस्नुभएको थियो ।

मेरो सानो मामा गौतमबुद्ध प्याकुरेल उमेरमा मभन्दा केही जेठो भए पनि हामी एकअर्काका साथी जस्ता थियौं र सँगैसँगै खेल्नेपढ्ने गर्थौं । मामाघरमा ग्रामोफोन, रिकार्ड, हारमोनियम, घडी आदि थिए र मामा र म यिनीहरूलाई खोल्ने, मिलाउने आदि गर्थौं । हाम्रो जिज्ञासुपूर्ण व्यवहारले उपकरणहरूलाई खोल्ने गर्दा कहिलेकाही बिग्रन्थ्यो तर हजुरबुबा डा. भोजराज प्याकुरेलले हामीलाई गाली नगरी बनाएर ल्याउनुहुन्थ्यो । त्यति मात्र होइन केही

काम गर्नुपन्थो भने हामीलाई संलग्न गराउनुहुन्थ्यो, उत्साह भर्नुहुन्थ्यो, अनि हामी रमाइरमाइ गर्थौं । बिग्रे पनि खासै गाली नगर्ने हुनाले हामीलाई रमाइलो नै लाग्थ्यो । घरमै सिकर्मी आदिको पनि काम भइरहन्थ्यो । हजुरबुबाले चित्र पनि बनाउनुहुन्थ्यो । आर्ट, म्युजिकका सबै साधनहरू घरमै थिए । हामीलाई जे रुचि हुन्थ्यो त्यसमा सहभागी गराइन्थ्यो । मामाघरमा कपडाको रडाइछपाइ गर्ने कारखाना पनि थियो । उहाँहरूले ट्युबेल गाड्ने काम पनि गर्नुहुन्थ्यो । काठमाडौंमा पहिले ट्युबेल गाड्ने काम पनि उहाँहरूले नै सुरु गर्नुभएको हो । यी सबै परिवेशले गर्दा मेरो मामाघर एउटा ल्याब जस्तो थियो । जहाँ ल्याबमा पाइने रसायन आदि सबै हुन्थ्यो र हामी बाल्यकालमा विभिन्न कुराको रहरले परीक्षण गर्थौं ।

मेरो बाल्यकाल बढो रमाइलो ढङ्गले बित्यो । तत्कालीन राजनीतिक परिवेशले गर्दा हामीलाई केटाकेटी भनेर शासक वर्गले खासै वास्ता नगर्ने भएर गोप्य चिठीपत्र इत्यादि ओसारपसार गर्ने गर्थौं । गोप्य चिठीपत्र भारतको हुलाकबाट पनि आदानप्रदान गरिन्थ्यो । त्यतिमात्र होइन अदृश्य मसीले लेखेका चिठीहरू पनि आउँथे । अनि त्यस कागजलाई तताएर अक्षर पढिन्थ्यो । मेरो मामाघर त यसका लागि हब जस्तै थियो । प्रचार सामग्री बनाउने मात्र होइन, रङ्ग आदि सामान ल्याउने क्रममा गोप्य चिठी पर्चा लगायतका कुराहरू तयार



गर्ने काम पनि हुन्थ्यो । मेरी आमाले पनि कलकत्ता जाँदाआउँदा गोप्य समाचार आदानप्रदान गर्नुहुन्थ्यो । यतिमात्र होइन राजासँगको सम्पर्कको माध्यम पनि आमा नै हुनुहुन्थ्यो । त्यतिबेला हामी धेरैजसो घरभित्रै खेलिने खेलहरूमात्र खेल्थ्यौं । मावली हजुरआमाले “तँ त अर्काको नासो होस्” भनेर फेरि केही होला भनी बाहिरका खेल खेल्न अनुमति दिनुहुन्थेन ।

राणाकालमा मेरो मामाको घरको तीनपटक खानतलासी भयो । त्यस वेला घरका सबै कागजात, कापी ग्रामोफोन, रिकार्ड, किताब लगायतका सामग्रीहरू लरीमा राखेर सिपाहीले लगेका थिए । खानतलासीका क्रममा एउटा सिपाहीलाई करेन्ट लागेछ अनि अरु खानतलासीको काम छाडेर उनीहरू जफत गरेका सामग्री लिएर गए । यस सँगै हाम्रा किताब पनि गए । हामी एक महिनासम्म स्कुल जान सकेनौं । यसैबिचमा म र मामालाई कृष्णबहादुर मानन्धर मास्टरसाहेबले टुडिखेलमा भेटेपछि स्कुल जाने वातावरण बनाइदिनुयो । पछि केही सामान फिर्ता पनि भयो । अनि हामी जसोतसो स्कुल जान थाल्यौं

अब तपाईंको पढाइको बारेमा कुरा गरौं न ।
मेरो काका रामराज चालिसे म भन्दा केही जेठो हुनुहुन्थ्यो साथै अरु मामा पनि उस्तै । नाताले

काका, मामा भए पनि उहाँहरू मेरा साथी नै हुनुभयो । मामा तथा काकाले कौमुदी पढ्नुभयो । मैले पनि नेपाली र संस्कृतका किताबहरू पढ्न सुरु गरिसकेको थिएँ । २००३ सालमा मैले ७ वर्षकै उमेरमा स्कुल गएर भर्ना भई पढ्ने अवसर पाएको थिएँ । त्यतिबेला भरखरै पद्मोदय स्कुल खुलेको थियो । त्यस स्कुलमा स्टान्डर १, स्टान्डर २, पाँचौं, चौथो, तेस्रो, दोस्रो अनि प्रथम (१०) कक्षा थियो तर दरबार स्कुलमा कक्षा १बाट भर्ना सुरु हुन्थ्यो । त्यति वेला पद्मोदयमा अक्षर नजान्नेलाई स्टान्डर १ मा भर्ना गरिन्थ्यो भने अङ्ग्रेजी, नेपाली अक्षर जान्ने र जोड घटाउन गर्न जान्नेलाई स्टान्डर २ मा । म पद्मोदय स्कुलमा स्टान्डर २ मा भर्ना भएँ । लगातार परीक्षामा रात्रै गरेका कारण कक्षा चढ्दै गएर १३ वर्षकै उमेरमा २००९ सालमा एसएलसी पास गरें । त्यस वर्ष प्रथम श्रेणीमा पद्मोदय हाइस्कुलबाट एसएलसी पास गर्नेमा म एकलो थिएँ ।

स्कुल पढ्दै गर्दाको एउटा घटनाको याद आउँछ । बुबा धेरैजसो कलकत्ता रहने हुँदा उहाँसँग मेरो भेट खासै हुँदैनथ्यो । घर तथा मामाघरमा बुबाका बारेमा निकै कुरा सुन्थेँ । यसले गर्दा मलाई बुबालाई भेट्ने तीव्र इच्छा जाग्यो । त्यस वेला बुबा कलकत्ता हुनुहुन्थ्यो । २००४ सालको मिनपचासको



बिदामा मोहनप्रसाद मास्के मास्टरसाहेबले कलकत्ता जाने कुरा गर्नुभयो । म पनि उहाँसँगै कलकत्ता गएर बुबालाई भेट गर्ने इच्छा देखाएँ र यसमा ढिपी नै गरें र गौतमबुद्धमामा र मास्टरसाहेबसँग हिँडेर थानकोट, विरगञ्ज, रक्सोल हुँदै कलकत्ता गएँ । तर उहाँ पुग्दा बुबालाई भेटिनँ आमालाई मात्र भेटें । बुबा लखनउ गएको थाहा पाएपछि आमासँग हामी लखनउ पनि पुग्यौं तर मेरो इच्छा पूरा हुन पाएन । उहाँ त्यहाँबाट पनि हिँडिसक्नुभएको जानकारी पाइयो । त्यसपछि हामी काठमाडौं फर्कियौं । काठमाडौं मामाघरमा पुग्दा बुबा घरमा आइसक्नुभएको जानकारी पाएँ र नक्सालको हाम्रो घरमै बुबालाई भेटें । त्यस वेला बुबाले दारी पाल्नुभएको रहेछ । बाहिरी बारदलीबाट हिँडेर कोठाभित्र आउनेजाने गर्नुपर्ने हुँदा छिमेकीले देख्छन् भनेर दुई कोठाको बिचमा प्याल पारेर भित्रभित्रैबाट छिर्ने गरी व्यवस्था मिलाइएको रहेछ । उक्त छिर्ने ठाउँमा पर्दा लगाइएको थियो । सबै जनाले मलाई बुबाका बारेमा कसैलाई नभन्नु भनेका थिएँ । यसको मतलब पछि मात्र बुझें । त्यतिवेला उहाँ भूमिगत जीवन बिताइरहनुभएको रहेछ; राणाहरूसँग लुकेर बस्नुभएको रहेछ । घरमा सानैदेखि मैले देख्दै आएको एउटा अचम्मको टोपी लगाएको मान्छेको फोटो थियो । पछि मात्र थाहाँ पाएँ उहाँ सुबासचन्द्र बोस हुनुहुँदो रहेछ; मेरो बुबाका आदर्श पात्र । यो कुरा मेरी आमाले मलाई बताउनुभएको थियो ।

लैनचौरमा एउटा पोखरी छ । एकपटक स्कूलबाट भागेर हामी त्यहाँ पौडी खेलन गयौं । घर पुग्नासाथ हजुरआमाले गाली गर्नुभयो, “तेरो मास्टरले भनिसक्यो अनि अहिले मलाई ढाँट्ने” ।

यस्तै एकपटक भागेर खेलन जाने क्रममा मामाको हात भाँचियो । अनि हामी मच्छेन्द्रबहालभित्रको परोपकार उपचार केन्द्रमा गएर हातमा ब्यान्डेज लगायौं । घरमा थाहै दिएका थिएनौं । जति लुकाए पनि यो लुक्ने कुरा भएन । खाना खाने बेलामा यो देखिइहाल्यो । हामीले गाली खायौं र खेलन जान पनि बन्द भयो । मैले अरु खेलन भन्दा पनि चङ्गा उडाएर बढी गाली खाएको छु ।

एसएलसी फस्ट डिभिजनमा पास भएपछि मलाई नेपाल बाहिर पढ्ने मन थियो तर सानो उमेरको भनेर बाहिर जान दिइएन र त्रिचन्द्र कलेजमा नै आइएसीमा भर्ना भएँ । त्यस बेला त्रिचन्द्र कलेज भव्य खालको थियो । ल्याब आदिको पनि राम्रो व्यवस्था थियो । पछि भारतमा अरु धेरै कलेज तथा युनिभर्सिटी घुमेर त्यो बेलाको त्रिचन्द्र कलेजको ल्याबको तुलना गर्दा धेरै अब्बल भएको पाउँछु । भारतका त्यति बेलाका धेरै राम्रा कलेजभन्दा पनि हाम्रो स्तर राम्रो थियो । भव्य भवन, सरसफाइ उस्तै अनि बगैँचा । घण्टाघरको दक्षिणपट्टिका भवनहरूमा विज्ञानको पढाइ हुन्थ्यो । त्यतिवेला भौतिकशास्त्र आशुतोष सेन, फणिन्द्रप्रसाद लोहनी, शङ्करप्रसाद प्रधान, बलराम जोशीले, रसायनशास्त्र प्रसन्नमान सिंह अमृतप्रसाद प्रधान, सुरेन्द्रसिंह केसी, अमूल्यरत्न मित्र, डिल्लीराज उप्रेतीले, गणित आशुतोष गंगुली, केशवदेव भट्टराई, नारायणबहादुर मानन्धर अनि बायोलोजी शिवशङ्कर सिंह, द्विजराज उप्रेती, बाहमीदत्त पाण्डेले पढाउनुहुन्थ्यो ।



त्रिचन्द्र कलेजमा भर्ना भएकै वर्ष पुनर्मिलन समारोह भएको थियो । यसमा प्रमुख अतिथिका रूपमा राजा त्रिभुवन नै उपस्थित हुनुभएको थियो । उहाँसँगै तत्कालीन युवराज महेन्द्र पनि हुनुहुन्थ्यो । घन्टाघरको उत्तरपूर्वपट्टि मुख्य भवनको पछाडि ब्याडमिन्टनको कोर्ट थियो । त्यहाँ एउटा मेच राखेर युवराज महेन्द्रले पनि खेल हेर्नुभएको सम्भना छ । उहाँले समारोहलाई पनि सम्बोधन गर्नुभएको थियो । “यो पुनर्मिलन समारोहमा म युवराजधिराजको हैसियतले होइन, यहाँको विद्यार्थीको हैसियतले आउन पाएको भए मेरो ठूलो सौभाग्य हुन्थ्यो । मैले यो कलेजमा पढ्ने सौभाग्य पाइँ र जो यहाँ पढिरहनुभएको छ, उहाँहरू शौभाग्यशाली हुनुहुन्छ ।” भन्ने उहाँको उद्गार मैले सुनेको हुँ ।

त्यतिवेला नेपालमा विश्वविद्यालय नभएको हुनाले पटना विश्वविद्यालय मार्फत जाँच हुन्थ्यो । हाम्रो

परीक्षाको समयमा राजा त्रिभुवनको मृत्यु भयो र यसै कारण परीक्षा पछाडि सन्थ्यो । जाँच दिने समयमा म बिरामी परँ । ३,३ घन्टाको जाँच त्यो पनि १ घन्टाको फरकमा दिनुपर्ने हुन्थ्यो । यति मात्र होइन दुई वर्ष पढेको सबै कोर्सको परीक्षा एकैपटक दिनुपर्ने हुन्थ्यो । जसोतसो परीक्षा दिएँ र दोस्रो श्रेणीमा पास पनि भएँ ।

अब स्नातक तहको अध्ययन गर्ने समय भयो । मेरा सबै मिल्ने साथीहरू कोलम्बो प्लान अन्तर्गत फाराम भरे र भारतमा पढ्न गए । मैले भने फारामसमेत भर्न पाइँनँ । त्यतिबेला म बल्ल १५ वर्षको थिएँ । कोलम्बो प्लानमा पढ्नका लागि १७ वर्ष पूरा भएको हुनुपर्थ्यो । तैपनि म भारतमै गएर पढ्ने ढिपी गरँ र कलकत्तामा हाम्रा आफन्त सुवर्णशमशेरको घर भएका कारण म बिएससी पढ्न त्यही गएँ र कलकत्ता विश्वविद्यालयबाटै बिएससी पूरा गरँ ।

स्नातक सकेपछि इन्जिनियरिङ पढौं जस्तो लागेको थियो तर फेरि स्नातक पढेर जाँदा धेरै ढिलो भइसक्छ बरु मास्टर्स नै गरिहाल्छु भन्ने भयो । मास्टर्समा पढ्नका लागि कोलम्बो प्लानमा आवेदन दिएँ । कोलम्बो प्लान अन्तर्गत मैले फेरि कलकत्तामा नै पढ्ने अवसर पाएँ र भौतिकशास्त्रमा एमएससी तह पूरा गरें । यसै समयमा जर्मन भाषा पनि सिकें । मेरा जर्मनी गुरुले जर्मन जानका लागि प्रस्ताव गरेका पनि थिए तर मैले रूचि देखाइनेँ । बङ्गाली भाषा कलकत्ता बस्दाबस्दै आफैं सिकें ।

२०१७ पुस १ गते नेपालमा राजा महेन्द्रले शासन अधिकार आफ्नो हातमा लिँदा म कलकत्तामा नै थिएँ । त्यति बेला बुबा जेल पर्नुभएको कुरा सुवर्णशमशेरबाट नै थाहा भयो । अनि उहाँले नै आमालाई जकपुरबाट लिएर जाऊ भनेर मैले आमालाई लिएर सिमरा हुँदै काठमाडौँ पुगें ।

✎ तपाईंको बुबा राजनीतिमा लागेको मान्छे तपाईं प्राध्यापनमा लाग्नुभयो । यसमा केही सम्बन्ध छ कि ?

म राजनीतिमा कहिल्यै लागिनेँ । साधारण सदस्यता पनि लिइनेँ न त बुबाले नै राजनीतिमा लाग्न सल्लाह दिनुभयो न त भातृ सङ्गठनमा सहभागी हुन लगाउनुभयो । उहाँले बारम्बार भन्नुहुन्थ्यो “म सार्वजनिक जीवनमा हिँडिसकेको मान्छे, तिम्रा लागि केही गर्न सक्तिनेँ, मबाट केही आशा नगर, तिम्री आफैले दुख गर्नुपर्छ । आफूले चाहेको विषय पढ, काम गर, आफ्नो प्रतिभालाई आफैले चम्काउनुपर्छ ।”

बुबासँग म भेटेर कुरा गर्न पनि पाउँदिनथेँ । उहाँ सधैं आफ्नो पार्टी नेपाली काङ्ग्रेसको काममा व्यस्त रहनुहुन्थ्यो । उहाँलाई हाम्रो बारेमा चिन्ता थियो हाम्रो आवश्यकता पनि पूरा गर्नुभयो तर हाम्रा पछाडि लागेर हिँड्नुभएन । न त हामीलाई उहाँको पिच्छलगु बनाउनुभयो । हामीलाई स्वतन्त्र छाडिदिनुभयो । मलाई जाँचबुझ केन्द्रमा काम गर्न बोलाएपछि यस सम्बन्धमा बुबालाई “जाँचबुझ केन्द्र

काम गर्न बोलाएका छन् के गरौं” भनेर सोध्दा “तिम्रो क्यारियर हो जे गर्छौं गर मलाई भन्नु केही छैन, जे ठिक लाग्छ सोही गर ।” भन्नुभयो । मैले तपाईंको राजनीतिमा यसले असर पर्छ कि भनेर जिज्ञाशा राख्दा जसजसले जे भने पनि असर पर्दैन भन्नुभयो ।

कलकत्ताबाट पढाइसकेर आएपछि मात्र म स्थायी रूपमा मामाघरबाट नक्साल घरमा बस्न थालें । त्यहाँ बुबाको भेटघाट गर्ने एउटा सानो कोठा थियो तत्कालका लागि म त्यही कोठामा बस्नुपर्ने भयो । म सुतेकै कोठामा बिहानै ५ बज्नु अगाडिबाटै मानिस आउँदा रहेछन् । मलाई अचम्म लाग्यो । यसरी सुतिरहेको अवस्थामा धमाधम मानिस आउँदा रहेछन् । राति पनि अबेलासम्म मानिस आइ नै रहने बिहान त उज्यालो नहुँदै मानिसहरू आइपुग्ने कुराले मलाई हैरान पार्थ्यो र आमालाई गुनासो पनि गरें । पछि गएर बल्ल मेरा लागि छुट्टै कोठाको व्यवस्था भयो ।

बुबा पार्टीप्रति पूर्ण समर्पित हुनुहुन्थ्यो । पार्टीको फन्डाको परिकल्पनाकार हुनुभएको उहाँलाई घरको अन्य काम गर्ने फुर्सत हुँदैनथ्यो । गणेशमान, विश्वेश्वरप्रसाद कोइराला, पुष्पलाल, सुवर्णशमशेर आदि त्यस बेला हाम्रा घरमा आइरहने हुँदा सबै नेतालाई भेट्न पाएको थिएँ ।

समग्रमा भन्दा बुबाको राजनीतिबाट न त मैले केही फाइदा लिन खोजे न बुबाले नै मलाई राजनीतिमा संलग्न गराउने प्रयत्न गर्नुभयो । यस विषयमा हामी सबै आआफ्नो निर्णय लिन स्वतन्त्र थियौं ।

✎ तपाईंले विद्यावारिधि किन गर्नुभएन ? प्रयासै गर्नुभएन कि अरु केही भयो ?

मैले फुलब्राइटमा निवेदन राखेको थिएँ विद्यावारिधि गर्नका लागि । म छनोटमा पनि परें । पछि “अमेरिका जान एक हप्ता बाँकी भएकाले जान तयार हुनू” भन्ने खरब पनि आयो र म तयारी भएर बसेँ । तर एक दुई दिन पछि मैले एउटा चिठी पाएँ जसमा म अध्ययनका लागि जान नसक्ने बेहोरा थियो । त्यसपछि म यसका लागि बुझ्न फुलब्राइट

अफिस जाँदा उहाँहरूले “हामीले रोकेको होइन तिम्रो सरकारले नै अनुमति दिएन” भन्नुभयो । साथै पासपोर्ट बनाउन सकेमा अमेरिका जान पाउने पनि भने र म पासपोर्ट बनाउने कोसिसमा लागें । पासपोर्टका लागि शिक्षा मन्त्रालयले सिफारिस चाहिन्थ्यो तर शिक्षा मन्त्रालयले नै मलाई रोकेकाले सिफारिस दिने कुरै भएन । यो घटना २०१८ सालको हो एमएससी गरेर फर्केपछि कुनै काम पाएको थिइनँ र मेरो बुबा त्यसवेला जेलबाट भर्खरै मात्र छुट्नुभएको थियो । उहाँ नेपाली काङ्ग्रेसको नेता भएकाले राजा महेन्द्रको पञ्चायत व्यवस्थाको प्रखर विरोधीका रूपमा चिनिनुहुन्थ्यो ।

त्यसपछि विद्यावारिधि गर्नका लागि २०१९मा कोलम्बो प्लान अन्तर्गत म भारतको पुना विश्वविद्यालयमा गएँ । त्यहाँ सबै कुरा बुझ्दा विद्यावारिधि पूरा गर्न कम्तीमा पनि ५ वर्ष लाग्ने र धेरै जसोको सात वर्षमा मात्र पूरा भएको थाहा पाएँ । मेरो गाइड महाराष्ट्रमा निकै चर्चित हुनुहुन्थ्यो । उहाँले मलाई "Optical Properties of air at High Pressure" शीर्षकमा काम गर्न लगाउनुभयो । मेरो गाइडले के देखेर यो शीर्षक चयन गरेर मलाई अनुसन्धानमा लगाउनुभयो कुन्नि मेरो भने चित्त बुझेन । पुनाको आसपासमा रहेको National Chemical Laboratory, Tata Institute of Fundamental Research, Indian Institute of Tropical Meteorology आदि अनुसन्धान संस्थाका प्रयोगशालामा गएर अवलोकन तथा काम गरें । पिएचडीका लागि मैले जुन काम गरिरहेको थिएँ त्यस किसिमको काम त नेपालमा नै गएर गर्न पनि सकिन्छ किन अरु देश जाने भन्ने प्रश्न मेरो मनमा उब्भियो । बरु नेपालमा नै केही अनुसन्धान गर्छु भन्ने भयो र विद्यावारिधि यात्रालाई विश्राम दिएर विद्यावारिधि होस् नहोस् नेपालमा नै अनुसन्धान गर्छु र बरु कीर्तिहरू प्रकाशित गर्छु भन्ने अटोट लिएर म नेपाल फर्कें । यसरी दुई वर्ष पुना बसेर २०२१ सालमा नेपाल फर्केर पुनः अस्थायी रूपमा त्रिचन्द्रमा भौतिकशास्त्र पढाउन थालें ।

तपाईंको जागिरे जीवन कसरी सुरु भयो ? बताइदिनुहुन्छ कि ।

फिजिक्समा एमएससी गरेर नेपाल आएपछि पनि डेढवर्ष जति मैले काम पाइनँ । ट्युसन पढाउने काम गरेर बसेँ । २०१८ चैत्र १ गते मात्र त्रिचन्द्र कलेजमा अस्थायी लेक्चररको नियुक्ति पाएँ । हाम्रो नियुक्तिमा वर्षमा दुई महिनाको तलब नदिने १० महिनाको तलब दिइन्थ्यो । यसरी नै केही समय पढाएँ । पछि शिक्षा मन्त्रालयमा विगतका वर्षका तलब दाबी नगर्ने भनी कागज गरेपछि मात्र पूरा समयको तलब पाउने व्यवस्था भयो । त्यसै वेला मेरा गुरु अमृतप्रसाद प्रधानको आग्रहमा मैले पार्ट टाइम लेक्चररका रूपमा पब्लिक साइन्स कलेज (अमृत क्याम्पस) मा पनि पढाएँ ।

म पुनाबाट फर्किँदा त्रिचन्द्र कलेजमा मेरो ठाउँमा अर्को व्यक्ति नियुक्त भइसकेको रहेछ तर पनि मैले पढाउन पाएँ । त्यहाँ त्रिचन्द्र कलेज साइन्स एसोसिएसन भन्ने संस्था प्रा. शंकरप्रसाद प्रधानको अगुवाईमा खोलेर केही सरकारी अनुदान प्राप्त गरी अनुसन्धानात्मक कामहरू सुरु गर्ने काममा संलग्न भएँ । वायु प्रदुषण सम्बन्धमा केही काम गर्नुपर्छ भन्ने लागेर त्यस विषयमा र पुनर्नवीकरणीय ऊर्जामा काम गर्न थालियो । एसिया प्यासिफिक इनर्जी ग्रुपमा पनि म सहभागी भएँ र यसै बेला मेरो अनुसन्धानात्मक लेख पनि प्रकाशन भयो ।

म सधैं अरूले “हुन्न” भनेको कुरामा “किन के कारणले हुँदैन ?” भनेर प्रश्न गर्ने गर्थेँ र यसको समाधानमा लागिहाल्थेँ । नेपाल बाहिरका मानिस नेपालमा आएर अनुसन्धान गरेर जाने अनि हामी नेपालीले केही नगरी हेरेर बस्ने गर्नुहुँदैन भनेर म अनुसन्धानमा लागिपरें । साइन्स साइन्स नै हो । जहाँ बसेर पनि गर्न सकिन्छ भन्ने मेरो बिचार थियो । हामीसँग ठूलो प्रयोगशाला त छैन तर जे साधन स्रोत छ त्यसमा रात्रै काम गर्न सकिन्छ भन्ने मेरो विश्वास थियो ।

२०२१ मा पुना विश्वविद्यालयबाट फर्केपछि त्रिभुवन विश्वविद्यालयमा फिजिक्समा पनि एमएससीको

पढाइ सुरु गर्ने तयारी चल्दै थियो । त्यसमा मैले पनि सम्मिलित हुने अवसर पाएँ । सन् १९६५ बाट १९६७ सम्म एमएससी फिजिक्सको ल्याबको स्थापना र प्राध्यापन गर्ने श्रेय पनि प्राप्त भयो । फिजिक्सको केन्द्रीय विभाग र एमएससीको पढाइ त्रिचन्द्रमा नै सुरु भएको हो । सुरुमा एमएससी पढाउने सबै आंशिक रूपमै थियाँ । पछि पूर्णकालीन रूपमा पढाउनका लागि माग पनि गरियो । तर यसरी स्नातकोत्तर तहमा पढाएको ग्रेड पनि नदिने र पूर्णकालीन वा आंशिक दुवैलाई एउटै मान्यता दिने भएपछि त्यहाँ पढाइँ त्रिचन्द्र कलेजमा मात्रै पढाएँ । यसै कुरालाई अगाडि बढाउँछु भनेर सिनेटमा पनि उठे तर मलाई यस सम्बन्धमा कसरी जित्ने भन्ने थाहा थिएन र हारैँ पनि ।

यसै बेला नेशनल कलेज (रात्रीकलेज) का प्रिन्सिपल शंकरदेव पन्तको आग्रहमा आईएससीको पढाइ सुरु गरियो । जसमा मेरा मित्र प्राध्यापक सुरेशराज शर्मा (पछि काठमाडौँ विश्वविद्यालयका संस्थापक उपकुलपति) ले र अन्य प्राध्यापक मित्रहरूले ठूलो सहयोग गर्नुभयो । दुर्भाग्यवश २०३० सालमा बडो मेहनत गरेर स्थापना भएका ल्याबहरू तोडिन पुग्यो । नयाँ शिक्षा नीतिअनुसार आईएससीको कार्यक्रम त्यस कलेजबाट हटाइयो ।

यसै बिचमा त्रिभुवन अन्तराष्ट्रिय विमानस्थलमा मौसम विज्ञको आवश्यकता भएको जानकारी पाएँ । स्नातक तहमा मौसम सम्बन्धी विषय पढाइ नभएको हुनाले यहाँ यससम्बन्धी विज्ञ उत्पादन भएका थिएनन् र भारतबाटै विज्ञहरू बोलाइन्थ्यो । यसै क्रममा मलाई तत्कालीन श्री ५को सरकारको मौसम विभागका अधिकृत मेरो बाल्यसखा डा. शरदप्रसाद अधिकारी आएर मलाई काजमा आउन अनुरोध गरे । अनि म काजमा नेपाल सरकारको मौसम विभागमा गएँ । यही बिचमा लामटाडमा एउटा स्नोगज राख्न शरद अधिारीसँगै गइयो । यसले मेरो उत्सुकता र अनुसन्धानप्रतिको चासो अझ बढ्न गयो । यो हिमाली श्रृङ्खलालाई नै मैले त एउटा ल्याबको रूपमा देख्न थालें । हामीले यसको अध्ययन नगर्ने तर विदेशीहरू आएर यसैको

अनुसन्धान गर्ने गरेको देखेपछि मैले सोचें "यसलाई एउटा अनुसन्धान क्षेत्रको रूपमा स्थापित गरेर स्वदेशी विज्ञहरूलाई अनुसन्धान गर्न लगाउनुपर्छ र अनुसन्धानको एउटा हब नै बनाउनुपर्छ । केही अनुदान उपलब्ध गराउन सके यस्ता अनुसन्धान गर्न सकिन्छ । नेपालका हिमाल र पहाडका फरक मौसमकै कारण यसबाट नयाँ ज्ञान लिन पनि सकिन्छ र सानो ठाउँबाटै धेरै विवरण प्राप्त गर्न सकिन्छ ।" एक पटक पोल्यान्डको हिमालयन एक्पेडिसन आएको थियो । यसले सहयोग मागेकाले भौतिकशास्त्रकै खड्गबहादुर थापा मेरो अनुरोधमा हाम्रो सहयोग स्वरूप जानुभयो । उहाँले पनि त्यहाँको केही अवलोकन र मेजरमेन्ट गरेर डाटा सकलन गरी आउनुभयो ।

तत्कालीन श्री ५को सरकारको जलवायु विज्ञान विभाग र शिक्षा मन्त्रालयको निर्णय अनुसार म **World Meteorological Organization (WMO)** को फेलोसिपमा बेलायतमा १९६९को सेप्टेम्बरमा मौसम विज्ञानको स्नातकोत्तर अध्ययन गर्न रेडिङ युनिभर्सिटी युकेमा गएँ । **Prof. Ashish Sutcliffe** त्यहाँको विभागीय प्रमुख हुनुहुन्थ्यो र यो सुरुवाती चरणमा नै थियो । यहाँ जानका लागि हामीलाई १२० पाउन्ड दिने भनिएको थियो । यस बारेमा त्यहाँ रहेका मेरा आफन्त तथा चिनेजानेकासँग बुझ्दा श्रीमान्श्रीमती दुवै जना जाँदा पनि खर्चले धान्ने थाहा पाएपछि दुबै जना जाने तयारी भयो । तर पछि ६८ पाउन्ड मात्र प्राप्त भयो । यसले गर्दा निकै अप्ठ्यारो परेको थियो । एक मन त नजाऊँ कि पनि भएको थियो तर सम्भौता गरेपछि एकलै भए पनि जानै पर्‍यो । त्यहाँ एक वर्ष जति बसेँ । बेलायत जानु अगाडि मेरी श्रीमती गर्भवती थिइन् । नौ महिना भइसकेको थियो । मलाई त्यस्तो अवस्थामा उनलाई छोडेर जान बडो कठिन भएको थियो । म गएको एक महिनापछि हाम्रो छोरा जन्मेको हो । बेलायतबाट फर्केर मात्र मैले उसको मुख देख्न पाएँ । त्यस समयमा फोन सपर्क हुन पनि कठिन थियो ।

भौतिकशास्त्र र मौसम विज्ञान विषयको सम्बन्ध धेरै नजिकको हुन्छ । बेलायतमा मौसम विज्ञानमा गणितज्ञ, भौतिकशास्त्री, तथ्याङ्कशास्त्री, रसायनशास्त्री तथा भूगर्भविद्हरू नै आएका थिएँ र उनीहरूले नै मौसम विज्ञान सम्बन्धी काम गर्ने गरेको देखेँ ।

बेलायतबाट फर्केपछि श्री ५ को सरकारको विभागमा काजमा नै गएँ । त्यस अवधिमा त्रिचन्द्र कलेजमा फिजिक्स पनि पढाएँ । त्यसै समयमा राजाका प्रमुख स्वकीय सचिव नारायणप्रसादजीले जाँचबुझ केन्द्रमा राजा वीरेन्द्रको जिल्ला भ्रमण सवारीमा काम गर्न बोलाउनुभयो । जाँचबुझ केन्द्रबाट फुर्सद पाउँदा र त्यहाँ बिदा हुँदाका दिनमा त्रिचन्द्र कलेजमा पढाउँथे । राजाको सवारीका लागि तयार गरिएका जिल्लाका परिचय, प्रतिवेदन र थप सामग्री जोडेर जाँचबुझ केन्द्रले मेची देखि महाकाली नामको चार खण्डको पुस्तक प्रकाशित गरेको थियो । उक्त पुस्तकको 'प्राकृतिक स्वस्म्य र सम्पदा' शीर्षकको खण्ड मैले नै सम्पादन गरेको थिएँ । जाँचबुझ केन्द्रको काम र अनुभवले जीवनका धेरै ठाउँमा सहयोग गरेको छ । राजासँग नजिक रहेको बुझेर हो वा किन हो यहाँ दुई वर्ष रहेर काम गर्दाको प्रभाव मेरो जीवनमा पछिसम्म रहिरह्यो ।

बेलायतबाट फर्कदासाथ मैले मैले स्नातक तहमा मौसम विज्ञानको पढाइ सुरु गर्न खोजेँ । तर शिक्षा मन्त्रालयले उच्च शिक्षा सबै त्रिविले सञ्चालन गर्ने राष्ट्रिय शिक्षा नीति भएकाले २०३० सालमा मात्र जलवायु विज्ञानमा बिएससीको पठनपाठन सुरु गर्न सकियो । अनि मैले त्रिचन्द्र कलेजमा फिजिक्स छोडेर जलवायुविज्ञान पढाउन सुरु गरें । सुरुमा म एकलैले मौसम विज्ञान विभाग स्थापना गर्नुपर्थ्यो । सरस्वती सदनको उत्तरपश्चिममा रहेको रातो बिल्डिङको एउटा कोठा पाइएको थियो । त्यस समयमा मलाई सहयोग गर्ने कोही भएन । अनि विभागीय प्रमुखदेखि कार्यालय सहयोगीले गर्ने सबै काम मैले नै स्वयंसेवकका रूपमा गरें । त्यसवेला आंशिक रूपमा सरकारी मौसम विभागका

विज्ञहरू डा. शरदप्रसाद अधिकारी, किरण शंकर र विदेशी सल्लाहकारहरूले पठनपाठनमा कक्षाहरू सञ्चालन गर्न सहयोग गर्नुभयो । यसरी स्नातक तहमा मौसम विज्ञानको पढाइ सुरु भयो । तर पढाउने शिक्षकको कमी त छँदै थियो । यसका लागि नेपालमा विज्ञहरू हुने कुरा पनि भएन । अनि यसको समाधानका लागि पोस्ट ग्राजुएट डिप्लोमा इन मेटिरियोलोजी सुरु गरियो । भौतिकशास्त्र लगायत विज्ञानका अन्य विषयमा एमएससी गरिसकेकाहरूका लागि मौसम विज्ञानको थप कोर्स गर्ने गरी यो एक बर्से कार्यक्रम सञ्चालन गरियो । जसमा प्रतिवर्ष ८,१० जना जति विद्यार्थीहरू संलग्न थिए । पछि यीमध्ये त्रिचन्द्रको भौतिकशास्त्र विभागमा रहेका ध्रुवदास मुल्मी, विदुर उपाध्याय र खड्गबहादुर थापाले जलतथा मौसम विभागमा मलाई सघाउनुभयो र मेरो अनुपस्थितिमा नेतृत्वको काम पनि सम्हाल्नुभयो ।

यो कार्यक्रमको पढाइ बिहानीको समयमा हुन्थ्यो । पढाइ त सुरु गरियो तर किताबको समस्या भयो । केन्द्रीय पुस्तकालयमा यहाँका विद्यार्थीको सदस्यता नहुने । यसकारण पुस्तकालयमा नै बसेर त पढ्न सकिने तर पुस्तक निकाल्न नमिल्ने भयो । अनि यसको समाधानका लागि केन्द्रीय पुस्तकालयका किताबहरू सबै मेरा नाममा निकालेर किताबको जिम्मा व्यक्तिगत रूपमा मैले नै लिने सर्तमा विद्यार्थीलाई पढ्न दिइयो । यसमा तत्कालीन विज्ञान तथा प्रविधि अध्ययन संस्थानका पहिला डिन र मेरा भौतिकशास्त्रका गुरु डा. शङ्करप्रसाद प्रधानले ठूलो सहयोग गर्नुभयो । उहाँले त्रिविमा जलवायु विज्ञानका बिएससी र एमएससीका कोर्सहरू सञ्चालन गर्न योजनाकालदेखि नै सक्रियतापूर्वक ठूलो सहयोग गर्नुभयो । नत्र मैले मात्र गरेर यो सम्भव हुने थिएन । प्रयोगात्मक कक्षाका लागि विमानस्थलमा नै गइन्थ्यो । अहिले त सबै डिजिटलाइज भयो तर त्यस बेला मैले सबै डेटा चार्टमा राखी नक्सा बनाएर मौसमको विश्लेषण र भविष्यवाणी गर्नुपर्थ्यो । त्रिचन्द्र कलेजमा जल तथा मौसमको बिएससी स्नातक तहको कार्यक्रम

सुरु भएदेखि नै केही अनुसन्धान कार्य र जापानी विश्वविद्यालयको सहयोगमा **Gelacial Expection of Nepal** भन्ने अनुसन्धान परियोजना संयुक्त रूपमा सञ्चालन गरियो । बिहानको डिप्लोमा कार्यक्रमका लागि सरकारका मौसम विभागका विज्ञहरूको पनि सहयोग थियो जसमा मदलाल श्रेष्ठ र मदनबहादुर बस्नेतहरू पनि पछि संलग्न हुन आउनुभयो ।

जे काम गर्दा पनि आफूमा दृढ विश्वास हुनुपर्ने रहेछ अनि काम गर्न सकिने रहेछ । मेरो सम्बन्धमा पनि यस्तै भयो । कतिपय कुरामा जोखिम पनि मोल्नुपर्ने रहेछ । नडगी काम गरेपछि सफल भइने रहेछ । स्नातकोत्तर डिप्लोमा सुरु गरेको २०३१ तिर हो । अब ममा दुईवटा जिम्मेवारी रहे । एउटा केन्द्रीय क्याम्पसको शिक्षण समितिको अध्यक्ष र अर्को त्रिचन्द्र क्याम्पसको विभागीय प्रमुख ।

जल तथा मौसमविज्ञानको एमएसी कार्यक्रम सुरु गर्ने कुरा चल्दा यसबाट उत्पादित सबै जनशक्ति नेपालमा खपत हुने स्थिति थिएन । यसले गर्दा एटमोसफेरिक फिजिक्स कक्षा सुरु गरौं भन्ने भयो । जसमा जल तथा मौसम विज्ञान पनि हुने र भौतिकशास्त्रका कोर्स मिलाउने सल्लाह भयो र ६० प्रतिशत जल तथा मौसम विज्ञान र ४० प्रतिशत भौतिकशास्त्रको विषयवस्तु राखेर पाठ्यक्रम तयार गरियो र स्नातकोत्तर तहको पढाइ पनि सुरु भयो । पढाइ सुरु त गरियो तर बजेटको केही व्यवस्था थिएन । प्रयोगशाला र उपकरणका लागि तत्कालीन श्री ५ को सरकारको सम्बन्धित विभागका विज्ञहरू र त्रिभुवन विमानस्थल स्थित मौसम भविष्यवाणी शाखाका सुविधाहरू उपलब्ध गराइ कक्षाहरू चलाइयो ।

अर्को वर्ष भने बजेटका लागि बेलैमा प्रयास गरियो र केन्द्रीय क्याम्पसको बजेटमा चानचुन एक लाख यस विभागका लागि उपकरणहरू खरिद प्रयोजना लागि प्राप्त हुने कुरा भयो । बजेटको आश्वासन पाएपछि मैले जल तथा मौसमविज्ञानको प्रयोगशाला स्थापना गर्ने हेतुले आवश्यक उपकरण खरिद गर्ने प्रक्रिया अगाडि बढाएँ । तर अर्को पटकको बैठकमा

हाम्रा लागि छुट्याएको बजेट वनस्पतिशास्त्र र प्राणीशास्त्रको उपकरणहरूका लागि खर्च गर्ने निर्णय भएको बेहोरा सुनाइयो । वनस्पतिशास्त्र र प्राणीशास्त्रले आफूलाई चाहिने उपकरण मगाएर भन्सारमा रहेको र भन्सार महसुल बुझाउनका लागि रकम नपुगेकाले हामीलाई छुट्याएको रकम उतै गएछ । यसरी छुट्याएको बजेट पनि नदिएपछि कसरी काम गर्ने ? अनि मैले “यसरी बजेट अन्तै लगेर काम गर्न नपाएपछि म पदीय जिम्मेवारी लिएर रहन सकिदैनँ पढाउने काम मात्र गर्छु ?” भनेर डिनज्यूसँग कुरा गरें । त्यसपछि त्रिवि केन्द्रीय क्याम्पसको जलवायु शिक्षण समिति र त्रिचन्द्र कलेजका जलवायु शिक्षण समिति दुवैको अध्यक्ष पदबाट राजीनामा दिएर कक्षाहरूका पढाउने काम मात्रको जिम्मा लिएँ ।

✍ **तपाईँ त सानै उमेरमा डिन हुनुभयो । कसरी यो सम्भव भयो बताइदिनुहुन्छ कि ?**

विभागीय प्रमुख भै काम गर्दा मैले भोगेका समस्याका बारेमा त्रिवि केन्द्रीय क्याम्पस र त्रिचन्द्रका साथीहरूसँग सल्लाह गर्न थालें । मैले गर्न खोजेका कामलाई सफल पार्न के गर्ने होला, कसरी गर्ने होला भन्ने बारेमा छलफल गरें । अनि माथिल्लो पद लिएर सहजीकरण नगरिकन तलबाट प्रयास गरेर मात्र नहुने निष्कर्ष निस्कियो । त्यस छलफलपछि मलाई माथिल्लो पदमा जानका लागि एउटा उत्प्रेरणा जाग्यो र डिन हुनका लागि प्रयास गरें । त्यसैवेला नयाँ डिनको खोजी भइरहेको कुरा थाहा पाएँ । मैले आफूलाई पद पाउनका लागि अहिलेसम्म भनिसुन आदि गरेको थिइनँ । तर अबको परिस्थितिमा कुनै अर्को उपाय देखिनँ । त्यति वेला विश्वविद्यालयको कुलपति त राजा नै हुने र डिन नियुक्ति पनि राजाले नै गर्ने हुनाले त्यहाँ अनुरोध गर्ने विचार गरें । जाँचबुझ केन्द्रमा काम गरेको हुनाले मलाई यो सहज हुने देखें । अनि मलाई जाँचबुझ केन्द्रमा काम गर्न बोलाउने नारायणप्रसादजीलाई भेट गर्न पुगें । उहाँबाट उपकुलपतिबाट नाम सिफारिस भयो भने यो काम हुन्छ हुने आश्वासन पाएँ ।

अब उपकुलपतिलाई भेट गर्नुपर्ने भयो । कसरी भेट गर्ने होला भनेर बिचार गर्दा मेरा जेठान र तत्कालीन उपकुलपति डा. महेन्द्र साथी रहेछन् । यस कुरामा श्रीमतीले पहिले कुरा गरिछन् अनि जेठानले “मसँग ज्वाइँले किन कुरा नगरेको ?” भनेपछि मलाई कुरा गर्न जान कर गरिन् । उहाँले डा. महेन्द्रसँग कुरा गराउनुभयो । त्यहाँ गएपछि थाहा भयो डा.महेन्द्र बुबाका पनि साथी हुनुहुँदो रहेछ । अनि उहाँले “तिम्रो बुबाले त यस बारेमा मलाई कहिल्यै केही भन्नुभएन त” भन्नुभयो । बुबा र मेरो सम्बन्धमा उहाँको राजनीतिमा मैले केही नसोध्ने र मेरो पेसागत काममा पनि उहाँले केही दखल नगर्ने समझदारी थियो । अनि बुबासँग यस सम्बन्धमा कुरा गरेकै थिइँन । उपकुलपति डा.महेन्द्रप्रसादसँग विश्वविद्यालयबारे र खासगरी आफ्नो विषय र विभागहरूको उन्नति र प्रवर्द्धन गर्ने सम्बन्धमा कुराकानी भयो । २०३६ सालको विद्यार्थी आन्दोलन भर्खर भएकाले देशको राजनीति अप्ठ्यारो मोडमा थियो । डा. महेन्द्रले मलाई डिनमा सिफारिस गर्ने आश्वासन दिनुभयो । मैले डिनको नियुक्ति पनि पाएँ । सायद सानै उमेरमा डिन हुनेमध्ये म पनि हुँला ।

तपाईँ डिन भएपछि तपाईँले भोगेका समस्या पूरा भए त ? अरू केके गर्नुभयो ? बिस्तारमा बताइदिनुहुन्छ कि ?

डिन भएपछि मेरा सबै समस्या कहाँ समाधान हुन्थे । डिन भएपछि भन् कठिन भयो । सबै विषयहरूलाई न्याय गर्नुपर्थ्यो । मैले समग्र विज्ञानका विषयहरूलाई ध्यान दिएर काम गरँ र आफ्नो विषयका लागि सक्दो गरँ ।

त्यतिबेलाको डिन अफिस कीर्तिपुरमा नै थियो । अहिले कृषि तथा पशुविज्ञान अध्ययन संस्थानको डिन कार्यालय रहेको ठाउँमा, त्यस वेला विज्ञानको डिन अफिस थियो । डिन अफिसको भौतिक सुविधाको अवस्था कमजोर थियो । मभन्दा अगाडिका डिनज्यूहरूलाई केन्द्रीय कार्यालयमा नै धेरै समय बिताउनुपर्ने भएकाले आफ्नो अफिसको

भौतिक सुविधातिर ध्यान दिने समय नै पाउँदैनथे । फेरि विज्ञानलाई कम ध्यान दिने हुँदा डिनको कार्यालयमा सुविधाको कमी भएको हुन सक्छ । एक दिन डिनलाई भेट्ने भनेर युनेस्कोको एक जना पदाधिकारी डिन आफिस आउनुभएको थियो । हामी कुरा गर्दै गर्दा म र उहाँबिचमा वर्षाको पानीको थोप तपतप गर्दै खस्न थाले । यसो माथि हेरेको त छानाबाट पानी चुहिरहेको र भुइँको जुट कार्पेटमा एउटा प्वाल नै परेको रहेछ । डिन भएर आएपछि विद्यार्थीसँगै कुरा गर्दागर्दै अरू कुरामा मेरो ध्यान नै गएको थिएन । भर्खर आन्दोलन बन्द भएको हुँदा विद्यार्थीको घेराउ भइरहन्थ्यो । यसरी पानीको थोपा खसेको र भुइँको कार्पेटमा प्वाल परेको अवस्था देखेर मलाई निकै असहज महसुस भयो, सहिनसक्नु भयो । अनि मैले डिन अफिसलाई सुधार गर्ने अटोट गरँ । दक्षिणपट्टिका कोठाहरूमा रजिस्ट्रार कार्यालयका कागजपत्रहरूको डङ्गुर रहेछ । डिन अफिस उत्तरपट्टिका चिसा कोठामा थियो । अनि एक जना इन्जिनियर पुष्पदास मुल्मीलाई बोलाएर सल्लाह गरी सम्पूर्ण डिन कार्यालयको मर्मतसम्भार गर्ने काम भयो । त्यस मर्मत सम्भारको अरू पदाधिकारीले पनि सरहाना गरे ।

अनुसन्धान तथा प्रयोगशालाका लागि बजेट नपाएका कारण नै म डिन हुन कोसिस गरेको थिएँ । त्यसैले मैले त्यही कुरालाई अगाडि बढाएँ अनि अनुसन्धानका लागि उपलब्ध बजेटलाई विभाग तथा क्याम्पसमा दामासाहीले उपलब्ध गराएँ । कतिपयले यसको मर्म नबुझेर भौतिक सुधारमा समेत खर्च गरेछन् ।

म क्याम्पसहरू घुम्न पनि गएँ । जे गर्दा पनि म अनुसन्धानको अवस्था हेरी यसलाई सुधार गर्नका लागि आवश्यक सरसल्लाह गर्थेँ । कुनै कुनैमा त त्यहाँको अवस्था देखेर मन नै खराब हुन्थ्यो । धेरै ठाउँमा कुरा गर्दा साइन्सलाई अवमूल्यन गरेको पाएँ । प्रविधिलाई प्राथमिकता दिँदा विज्ञानलाई खासै वास्ता नगर्ने गर्दा स्रोत र साधनको ठूलो

अभाव यस अध्ययन संस्थानका क्याम्पसहरूमा थियो । तर विज्ञानका आधारशिलामा नै प्रविधिको उन्नति हुन्छ भन्ने कुरा थाहा नपाएकाले होला विज्ञानलाई महत्व नदिएको ।

सबै क्याम्पसका विद्यार्थीहरूले प्रयोगशालाहरूमा समान स्तरका उपकरणहरू प्रयोग गर्न पाउनु भनेर वरिष्ठ प्राध्यापकहरू सरस्वती रिमाल, सुदर्शन रिमाल, चित्रबहादुर तुलाधरको टोली बनाई क्याम्पसका प्रयोगशालाहरू निरीक्षण गर्न लगाउँदा प्रयोगशालाको स्तर वृद्धि गर्ने काम भयो । त्यसवेला भापादेखि महेन्द्रनगरसम्मका विज्ञानका सबै क्याम्पसका अवस्था सुधार र ल्याब र उपकरणहरूको स्तरउन्नतिका लागि आवश्यक सुझाव दिइयो । हरेक क्याम्पसमा विद्यार्थीहरूलाई ल्याबका हरेक सामानहरू उपलब्ध गराइ उपकरणको प्रयोग गर्न सक्ने अवस्थामा पुऱ्याइयो । क्याम्पसका प्राध्यापकहरूलाई पनि आवश्यक तालिम प्रदान गरी आवश्यक उपकरणहरूको सामान्य मर्मत सम्भार गर्न प्रोत्साहन गर्ने व्यवस्था गरियो ।

२०३० मा नयाँ शिक्षा लागु भएपछि निजी कलेजका आइएसीको कक्षा बन्द गरिएका थिए भने पब्लिक क्याम्पस जस्ता केही क्याम्पसलाई त्रिवि अन्तर्गत ल्याइएको थियो । नेशनल कलेजमा निर्माण भएका ल्याब भत्काइयो भने सरकारी कलेज पद्मकन्या कलेजमा पनि आइएससीको कार्यक्रम बन्द गरिएको थियो । आइएससी तहसम्मका उपकरणहरूको स्तरउन्नति भइसकेपछि पद्मकन्या क्याम्पसमा आइएससीको पढाइ पुन सञ्चालन गरियो र निजी स्कुल वनस्थली विद्याश्रमले आइएससीका कक्षाहरू सञ्चालन गर्न त्रिविसँग सहयोग मागकोमा आवश्यक उपकरणहरूको अनुदान र प्राध्यापकहरूलाई आंशिक रूपमा प्राध्यापन गर्न अनुमति दिई सहयोग गरियो ।

यसरी त्रिवि केन्द्रीय क्याम्पसका साथै देशभरिका त्रिविका आंगिक क्याम्पसमा विज्ञानका प्रयोगशालाहरू र उपकरणहरूको स्तरउन्नति तथा बन्द भएका आइएससीका कार्यक्रमहरूको पुन सञ्चालन गरी

उच्च शिक्षामा विज्ञानलाई यथोचित प्राथमिकता दिने विषयमा केही कदम चालियो ।

पब्लिक साइन्स कलेजका संस्थापक प्रिन्सिपल अमृतप्रसाद प्रधानले मलाई भन्नुभएको थियो, "आइएससीसम्म त स्तरीय शिक्षा दिने व्यवस्था यहाँ गर्न सक्ँ, बिएससीका लागि भने कक्षाहरू निर्माण गर्न आर्थिक अभावले गर्न पाएको छैन । सहयोग खोज्दै छु । त्यो पूरा गर्न पाए धेरै सन्तोष हुन्थ्यो ।" त्यसवेला म पब्लिक साइन्स कलेजमा आंशिक रूपमा फिजिक्स पढाउने गर्थे उहाँकै आग्रहमा । म दिन भएपछि यसबारे बुझ्दा बिएससीका कक्षाहरूका लागि मूल भवनमा जोडेर थप्ने काम भइरहेको बेहोरा मेरा मित्र र अमृत साइन्स क्याम्पसका प्रमुख मोहनवीर सिंहबाट थाहा पाएँ । टेकेदारले काम अगाडि नबढाई बेपत्ता भएकाले काम अडकिएको रहेछ । मेरो दिन पदावधि आधा समाप्त हुन लागेको थियो । मोहनवीरजीसँग यस समस्या समाधान कसरी गर्ने भनी सल्लाह गरँ । अनि मैले प्राध्यापक अमृतप्रसादले पब्लिक साइन्स कलेज खोल्दाका उहाँका पुराना मित्र र पब्लिक साइन्स कलेजका पुराना ट्रस्टीहरूमध्ये त्रिविकै इन्जिनियरिङ अध्ययन संस्थानका पूर्वडिन ई. कुलरत्न तुलाधरको अध्यक्षतामा एउटा निर्माण समिति गठन गर्ने र त्यसमा अर्का पुराना ट्रस्टी सुब्बा अनङ्गमान शेरचन सदस्य र क्याम्पस प्रमुख सदस्य रहने गरी ३ जनाको समितिले निर्माण गर्ने विचार गरँ । क्याम्पस प्रमुखले पनि त्यसलाई सहर्ष स्वीकार गर्नुभयो । मैले ई. कुलरत्न तुलाधर र सुब्बा अनङ्गमान शेरचनजीसँग आफैँ कुरा गरी सहयोगको याचना गरँ । उहाँहरू तयार हुनुभयो ई. कुलरत्न तुलाधर सबैका आदरणीय व्यक्तित्व हुनुहुन्थ्यो । यस समितिको अथक प्रयासले भवन बन्यो । मलाई ठूलो सन्तोष छ कि विज्ञानको जग बसाउन जीवन नै समर्पण गर्ने आदरणीय स्वर्गीय प्राध्यापक अमृत प्रधानको सपाना पूरा गर्न मैले केही गर्न सक्ँ । पछि थाहा भयो दिनको अधिकार क्षेत्रभन्दा बाहिर गएर काम गरेको भनी बेरुजु उठेको रहेछ । तर रात्रै काम भएर होला

म लगायत कसैमाथि कारबाही भएन ।

एकपटक लेखाबाट भन्सार तिर्नका लागि बजेट नभएको जानकारी भयो । भन्सारको रकम हेर्दा निकै धेरै रहेछ । शिक्षण सामग्रीका रूपमा प्रयोग हुने सामानलाई पनि भन्सारले किन यत्रो कर लिएको होला भनेर म भन्सार विभागमा नै पुगँ । संयोग पनि कस्तो भने मेरा मामाघरको छिमेकी र केटाकेटी देखिकै साथी नै भन्सारको हाकिम रहेछन् । अनि उहाँलाई “बरू प्राविधिकहरूलाई ल्याब हेर्न पठाइदिनुहोला तर शैक्षिक प्रयोजनको ल्याबमा प्रयोग हुने सामानलाई यसरी कर नलगाउनुहोला” भनी अनुरोध गरँ । आखिर यहाँबाट तिरिने रकम पनि सरकारी नै त हो नि भनेर सम्झाएँ । पछि ५०० प्रति गोटा रूपैया गोटा भन्सार लाग्ने भनेको सामानलाई १० । १५ रूपैयामा नै भन्सार छुटाउन म सफल भएँ । वास्तविक कुरा बुझ्दै जाँदा हाम्रो उपकरणमा मिटर भन्ने शब्द बढी प्रयोग हुने र भन्सारमा मिटर भन्नासाथ नै मोटरको पार्टपूर्जा भनेर कर लगाउने परम्परा नै रहेछ ।

कतिपय क्याम्पसको ल्याबको बिजोग अवस्था देखेर म अर्थ मन्त्रालयमा नै पुगँ । अनि उहाँहरूलाई “तपाईँका छोराछोरीलाई हामीले कस्तो साइन्स पढाउने हो ? सिकाउने पनि हो कि सिद्धान्त मात्र घोकाउने । सिकाउने हो भने सिकाउने ल्याबको अवस्था सुधार्न परेन ? यसका लागि बजेट चाहिँदैन ?” भनेर लबिड गरेर प्रयोगशालाका लागि बजेट थप गर्न सफल भएँ । त्यति बेला उपकरण र अनुसन्धानका लागि करोड भन्दा बढीको बजेट छुट्याइएको थियो । म जाँचबुझ आयोगमा दुई वर्ष काम गर्दा मन्त्रालयहरू र विभागका उच्चपदस्थ पदाधिकारीसँग परिचय गर्ने अवसर पाएको थिएँ । त्यसले पनि सरकारी अनुदान बढाउन सायद मद्दत गर्‍यो कि ।

त्रिविको विज्ञान तथा प्रविधि अध्ययन संस्थान अन्तर्गतका सबै क्याम्पसमा अध्यापन र अनुसन्धानको स्तरोन्नति र बलियो आधारशीला निर्माण गर्न मैले त्रिवि केन्द्रीय पदाधिकारीहरू र शिक्षा मन्त्रालयका

पदाधिकारीहरूसँग पनि समन्वय गरी शिक्षा मन्त्रालयमा कार्यरत युनेस्को सल्लाहकारलाई पनि आवश्यकता अनुसार संलग्न गराई एउटा ४ मिलियन डलरको परियोजना तयार पारँ । यो तयार पार्न यतिसम्म व्यस्त भएँ कि दशैंको अष्टमीको दिनसम्म पनि काममा खटिएको खटियै गरँ । ममात्र होइन कार्यालयका अरु कर्मचारीहरू पनि उसै गरी खटिएका थिए । पछि मेरी श्रीमतीले गाली पनि गरिन् । “यसरी दशैंको बेलामा पनि कर्मचारीहरूलाई त्यसरी काममा लडाउने हो । उनीहरूले दशै मान्नुपर्दैन” भनिन् । मलाई पनि यसरी पर्वका बेला काम गराउन ठिक गरिएन कि जस्तो लाग्यो । जे जसो भए पनि प्रस्ताव तयार भयो । यस प्रस्तावमा हरेक केन्द्रीय विभागमा ५ जना र हरेक क्याम्पसमा २ जनालाई विद्यावारिधि गराउनका लागि अनुदान उपलब्ध गराई आवश्यक व्यवस्था गर्ने विषय पनि रहेको थियो । फेरि दिएको समयवधि कट्ला भनेर यसरी रातोदिन मेहनत गर्नुपरेको थियो । यो प्रस्ताव मन्त्रालय हुँदै वैदेशिक अनुदानका लागि लागि सरकारले पेस गर्थ्यो तर सरकारले विज्ञानलाई कम प्राथमिकता दिने हुँदा उक्त परियोजनालाई मन्त्रालयले अगाडि नै बढाएन । हामीले रातोदिन गरेको मेहनत पनि खेर गयो । यसै बेला सरकारको नीति मै साइन्स होइन टेक्नोलोजी मात्र अगाडि बढाऊ भन्ने रहेछ । त्यसै बेला मेरै सहयोगमा बनेको इन्टिच्युट अफ एजुकेशनको बिएड साइन्स कार्यक्रमलाई ४ मिलियन डलरको परियोजना प्रस्तावलाई सरकारले अगाडि बढाई ADB बाट ४ मिलियन डलर सहयोग प्राप्त भएको थियो ।

म डिन हुँदा विज्ञान विश्वविद्यालयको व्यवस्थापनमा एकेडेमी भन्दा अरु प्रशासनिक कार्यमा धेरै समय खर्चिनुपर्ने हुन्छ । विज्ञानको डिनले आफू अन्तर्गतका केन्द्रीय विभाग, क्याम्पस सारा कुरा हेर्नुपर्ने हुन्थ्यो । सहायक डिनलाई समेत बोलाएर विभिन्न काम लगाउनुपरेको थियो । दिएको अधिकार खोस्छु पनि भन्नुपन्थ्यो । कतिपय शिक्षकले राजनीति गरेर क्याम्पस प्रमुखलाई थग्नै नसक्ने

बनाएको पनि थाहा पाइयो । एउटा शिक्षकले बढी राजनीति गर्न खोजेर क्याम्पस प्रमुखलाई हैरान पारेको कुरा थाहा भयो । यस कुराले गर्दा उहाँले आफूलाई सरुवाको माग गर्नुभएको थियो । अनि मेले उहाँलाई उपकुपतिकहाँ लिएर गएँ र यस सम्बन्धमा आवश्यक कारबाही गरेर समस्या समाधान गरियो । यस चार बर्से कार्यकालमा पाँच बजे घर हिँड्ने भन्ने दिन नै आएन । सधै इमरजेन्सी काम गरिरहनुपर्ने समय थियो । विद्यार्थी आन्दोलन भर्खरै सकिएको र सरकार पक्षधर र सरकार विरोधीविच राजनैतिक मतभेदले त्रिवि पनि प्रभावित थियो ।

म डिन भएपछि पूर्व डिन लगायतको विवरणको अभिलेख राख्ने परम्परा सुरु गरेको थिएँ । यसले इतिहासलाई जीवित राख्न सहयोग होला भन्ने आशा गरेको थिएँ । प्रा.फणिन्द्रप्रसाद लोहनी, प्रा.प्रसन्नमानसिंह आदिको व्यक्तिगत विवरण सहित अभिलेख राखेको थिएँ । उहाँहरूको भ्वाइस रेकर्ड पनि राख्ने प्रयास पनि गरेको थिएँ ।

डिनको नियुक्ति पाएकै दिनदेखि मैले आफ्नो नैतिक मूल्य र मान्यतामा कुनै पनि सम्झौता गर्दिनँ र त्यस्तो अवस्था आए म तुरुन्त राजिनामा गर्छु भनी मिति खाली राखी राजिनामा पत्र लेखेर साथमा बोकेर हिँड्ने गर्थेँ । काठमाडौँ बाहिरको एउटा जिल्लाको क्याम्पस निरीक्षण गरेर फर्केर आएपछि मैले तत्कालीन उपकुलपतिलाई त्यो राजिनामा दिनुपर्ने अवस्था आयो र दिएँ । उहाँले लिन मान्नुभएन । उहाँकै आग्रहमा पछि फिर्ता लिएँ । त्यो घटना र त्रिवि भित्र बढ्दो राजनैतिक हस्तक्षेप देखेपछि त्यही दिनदेखि नै दोस्रो पटक डिन नहुने निर्णय गरेको थिएँ र डिनको अवधि सकिएपछि म अध्यापन कार्यमा नै फर्केँ । अन्य उपल्लो पदमा जाने विचार पनि गरिनँ ।

म डिन हुँदा सहायक डिनका रूपमा रहेर डा. देवेन्द्रराज बिस्ट, प्रा.चित्रबहादुर तुलाधर, डा. वीरेन्द्र मल्लिक, डा. कृष्ण मानन्धरले सहयोग गर्नुभयो । विशेष सल्लाह र सुभाषका लागि प्रा. सरस्वती

रिमाल र सुदर्शन रिसाल मेरो डिनको कार्यकालमा अत्यन्त ठूलो सहयोग गर्नुभयो । डा. मनलाल श्रेष्ठ र डा. मदन बहादुर बस्नेतले सुरुमा अध्यापन कार्यमा सहयोग गर्नुभएको थियो ।

✎ विश्वविद्यालयको अलवा अरू पनि केही काम गर्नुभयो कि ?

एक दिन शिक्षामन्त्री केशरबहादुर बिस्ट मेरो घरमा आउनुभयो र दुई वटा प्रस्ताव राख्नुभयो ।

१. म डिन भएको बेलामा इन्टिच्युट अफ एजुकेशनका लागि तयार गरिएको परियोजनाका लागि ADB बाट सहयोग प्राप्त भएको थियो । मलाई डिन पद सकिएपछि यो परियोजना सञ्चालन गर्न मन्त्रालयका तत्कालीन सचिव डा नर्सिङनारायण सिंहले धेरै आग्रह गर्नुभएको थियो । अहिले बिस्टजीले यही परियोजनाको सञ्चालन गर्ने जिम्मा दिने कुरा गर्नुभयो । यसमा लागेमा कमाइ पनि राम्रै हुने र विदेश घुमघाम गर्न पाइने पनि व्यवस्था थियो ।

२. युनेस्कोको Man and the Biosphere Programme (MAB) को नेपाल राष्ट्रिय कमिटिको सदस्यसचिवका रूपमा काम गर्नुपर्ने । यसमा नेपालमा MAB र युनेस्कोसँग समन्वय गरी अनुसन्धानका काम गर्नुपर्थ्यो तर तलब भत्ता इत्यादि पाइदैनथ्यो ।

मैले दोस्रो प्रस्तावलाई राजेँ र यसबाट इसिमोडको स्थापनाको तयारीका लागि राष्ट्रिय समितिको सदस्यसचिव भई काम पनि गरें । इसिमोडको स्थापना भइसकेपछि र त्रिविबाट अवकाश भएपश्चात् इसिमोडमा अन्तराष्ट्रिय स्तरको विज्ञका रूपमा काम गरें । इसिमोड जानुको मेरो उद्देश्य मैले आफूले सुरु गरेका त्रिविका जलवायु विज्ञानका कामहरूलाई अभि स्तरोन्नति र अनुसन्धानको अवसर दिलाउन सकिन्छ कि भन्ने थियो । कही हदसम्म सो गर्न सफल पनि भएँ । इसिमोडको कार्यक्षेत्र हिन्दकुश हिमालयका आठ देश- अफगानिस्तान, बङ्गलादेश, भुटान, म्यानमार, चिन, भारत, नेपाल, पाकिस्तानका

हिमाली र पहाडी भूभाग पर्ने हुँदा म त्यहाँ काम गर्न आकर्षित भएको हुँ । त्यहाँ भन्दा दुई दशक काम गर्दा जलस्रोत, जलवायु परिवर्तन, प्राकृतिक प्रकोप, पर्वतीय वातावरण आदिको व्यवस्थापन र सम्बन्धित अनुसन्धान र तालिमका परियोजनाहरू सञ्चालन गरँ ।

✎ अन्तिममा तपाईंका भन्नुपर्ने केही कुरा छन् कि ?

हामीसँग जे जति स्रोत छ देखे जानेको बुद्धि विवेकले भ्याएसम्म आफ्नो संस्थाको विकासको काम गर्नुपर्छ । दुई प्रतिस्पर्धी साथीको सम्बन्ध राम्रो नराम्रो जे भए पनि संस्थाको काममा मिलेर गर्नुपर्छ । पेसागत कुरामा नकारात्मक कहिल्यै हुनुहुँदैन । व्यक्तिगत रूपमा जे भए पनि संस्थालाई राम्रो गर्नुपर्छ, मिलेर गर्नुपर्छ । जुनसुकै शिक्षाले पनि पहिला आफूलाई सुधार गर्नुपर्ने कुरा गर्छन् । त्यसैले पहिले आफूलाई सुधार गर्नुपर्छ । शारीरिक मानसिक प्रदुषण हटाउन सके मात्र समाजमा अगाडि बढ्न सकिन्छ । एक छिन मनलाई आनन्द दिएर राख्नुपर्छ । विज्ञानले फाइदा दिन्छ । फाइदा बाहेक केही छैन । सुरुमा खर्च केही बढी चाहिएला तर निन्तरता दिन सकेमा विज्ञानमा गरेको लगानीले राम्रै उपलब्धि हासिल गर्न सकिन्छ ।

स्व. प्रा.अमृतप्रसाद प्रधानले भन्नुहुन्थ्यो, “केही भएन भने मसीमात्र उत्पादन गरेर वितरण गर्न पाए पनि यसैले क्याम्पस चलन सक्थ्यो ।” मलाई पनि लाग्छ कि एउटा क्याम्पसले कुनै पनि एक विषयमा अनुसन्धान गर्न थालेमा क्रमशः देशले स्थानीय र राष्ट्रिय विकासमा ठूलो टेवा दिनसक्छ । देशभरि रहेका क्याम्पसहरूबाट विज्ञानमा स्तरीय शिक्षा र अनुसन्धान हुन सकेका यो देशको कायापलट हुने थियो । यसका लागि इच्छाशक्ति चाहिन्छ र व्यक्तिगत स्वार्थ छाड्न सक्नुपर्छ ।

मैले जीवनमा सुरुदेखि नै नेपालमै विज्ञान शिक्षा र अनुसन्धानमा आफ्नो क्षमताले दिएसम्म त्यसको वृद्धि र विकासमा संलग्न हुन्छु भन्ने अटोट गरेको थिएँ । किनकि मैले २००७ सालको परिवर्तन



अधिको नेपालको अविकसित अवस्था देखेको हुँदा वैज्ञानिक सोच र चिन्तनबाट समाजलाई आधुनिकीकरण गर्न सम्भव हुन्छ भन्ने मेरो विश्वास छ । जलवायु विज्ञानमा मैले यो देशको आर्थिक विकासका लागि अत्यन्त महत्त्वपूर्ण र आफ्नो पहुँच भित्रको स्रोत र साधनबाट पनि धेरै उपलब्धिमूलक वैज्ञानिक अनुसन्धान कार्यहरू गर्न सक्ने सम्भावना देखेको छु । अहिले संसारभरि नै जलवायु परिवर्तनका कुराहरू उठिरहेका छन् । मैले जानीनजानी जलवायुविज्ञानको शिक्षण त्रिविमा सुरु गर्ने अवसर पाएँ र आज त्यस विषयमा त्रिविबाट उत्पादन भएका दक्ष व्यक्तिहरू देश विदेशमा वैज्ञानिक अनुसन्धानमा लागेको देख्दा खुसी छु । मलाई यस कार्यमा धेरैबाट सहयोग भएको हो । त्यसैले मलाई सहयोग गर्ने सबैलाई यसको श्रेय जान्छ । म उहाँहरूप्रति आभारी छु ।

PUBLICATIONS of IoST in the year 2024: A Statistics

Publication and its citation are the major strength of Institute of Science & Technology, Tribhuvan University. It is because of the contribution made by the biological science, physical science and mathematical sciences, citation score in the Times Higher Education World University Ranking (THE-WUR) reached above 70%. The major strength of IoST program is to create new knowledge in the respective and interdisciplinary fields. In the last year, Publications numbers of manuscripts from IoST faculties and students at Central Departments and campuses crosses 550. Still, number of constituent's colleges are missing from the data (Table 1, Figure 1) despite repeatedly call. We humbly request all Constituent/Affiliated colleges to send their data in a given format prescribed by Dean office.

Table 1: A list of publications by the S&T faculties of Central Departments and Constituent Colleges of IoST, TU in the year 2024.

Central Dept of	Total No.	Sci-index Journal
Biotechnology	14	8
Botany	58	36
Chemistry	128	60
Geology	41	23
Food Tech.	10	4
Hydro & Meteo.	27	18
Mathematics	50	29
Microbiology	48	36
Statistics	6	4
Physics	65	45
Zoology	51	38
Env. Science	38	22
CSIT	4	2
Bhaktapur Multiple campus	11	5
Degree campus, Biratnagar	12	4
Total	563	334

More than 51% articles are found to be published in the SCImago listed Journals in the year 2024. Most of the SCI articles are either an outcome of Ph.D. work or collaborative research. In an average, each Ph.D. candidate has published 2 articles in the SCI Journals. In this section (below), a detail list of publications sent by the Central Departments and Constituent Colleges where S&T program is running are listed. As far as possible, DOI has been added in the list. In addition to the original research articles, book chapters and review articles have also been added in the list.

Publications from 13 CDs (IoST) in 2024

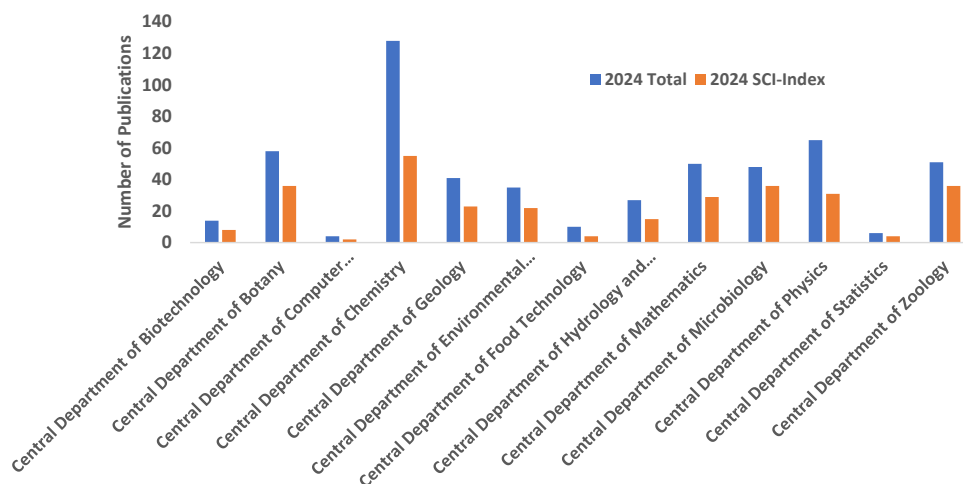


Figure 1: Histogram showing total number of publications by the Central Departments

PUBLICATIONS (2024)

Central Department of Biotechnology

International Journal

1. Napit, R., Elong Ngono, A., Mihindukulasuriya, K. A., Pradhan, A., Khadka, B., Shrestha, S., Droit, L., Paredes, A., Karki, L., Khatiwada, R., Tamang, M., Chalise, B. S., Rawal, M., Jha, B. K., Wang, D., Handley, S. A., Shresta, S., & Manandhar, K. D. (2024). Dengue virus surveillance in Nepal yields the first on-site whole genome sequences of isolates from the 2022 outbreak. *BMC genomics*, 25(1), 998. <https://doi.org/10.1186/s12864-024-10879-x>
2. Ramanuj Rauniyar, Binod Manandhar, Satish Chandra Jha, Indu Bikram Joshi, Bimal Sharma Chalise, Paul K Wallace, William Telford, Krishna Das Manandhar (2024). Inflammatory cytokine response in dengue infected female of reproductive age: insight with reference to a pregnant case. *Journal of Institute of Science and Technology*, 29(2), 175-182
3. Prajapati, S., Ngono, A. E., Cauley, M. M., Timis, J., Shrestha, S., Bastola, A., Mandal, S. K., Yadav, S. R., Napit, R., Moi, M. L., Yamabhai, M., Sessions, O. M., Shresta, S., & Manandhar, K. D. (2024). Genomic sequencing and neutralizing serological profiles during acute dengue infection: A 2017 cohort study in Nepal. *bioRxiv : the preprint server for biology*, 2024.06.03.597174. <https://doi.org/10.1101/2024.06.03.597174>
4. Khadka, B., Napit, R., Mihindukulasuriya, K. A., Shrestha, S., Rauniyar, R., Tuladhar, E. T., Droit, L., Paredes, A. M., Jha, R., Raut, R., Jha, B. K., Handley, S. A., Elong-Ngono, A., Shresta, S., Wang, D., & Manandhar, K. D. (2024). Genomic surveillance of SARS-CoV-2 in Nepal. *Microbiology resource announcements*, 13(12), e0078924
5. Tiwari, A., Poudel, P., Khanal, S., Lekhak, S., Adhikari, S., Regmi, R. S., & Sharma, S. (2024). Emergence of mcr-1 gene in colistin-resistant *Escherichia coli* isolates from chicken in Chitwan, Nepal. *Foodborne Pathogens and Disease*. <https://doi.org/10.1089/fpd.2023.0151> (Q1).
6. Lamichhane, A., Regmi, S., Pandit, K., Upadhaya, S., Acharya, J., Koirala, S., Aryal, S., Gurung, K., Thapa, J., Adhikari, S., Sharma, S., Poudel, P., & Sharma, S. (2024). Identification of fungal pathogens among COVID-19 and non-COVID-19 cases in Bhaktapur hospital, Nepal. *BMC Research Notes*, 17, 347. <https://doi.org/10.1186/s13104-024-07010-4>
7. Pandit, K., Sharma, S., Aryal, S., Lamichhane, A., Regmi, S., Paudel, P., Koirala, S., Sharma, S., Adhikari, S., Rijal, K. R., & Poudel, P. (2024). Concurrent presence of Staphylococcal Cassette Chromosome mec types of Meticillin-resistant *Staphylococcus aureus* in hospital environments and post-operative patients at a hospital in Kathmandu, Nepal. *Infection Prevention in Practice*, 6, 100436. <https://doi.org/10.1016/j.infpip.2024.100436>
8. **Joshi, J.**, Bhatt, P., Kandel, P., Khadka, M., Kathariya, S., Thapa, S., Jha, S., Phaiju, S., Bajracharya, S. and Yadav, A. P. (2024). "Integrating microbial electrochemical cell in anaerobic digestion of vegetable wastes to enhance biogas production. *Bioresource Technology Reports* (27): 101940. **ISSN: 2589-014X**. <https://doi.org/10.1016/j.biteb.2024.101940>. Elsevier 101940,
9. Bhatt, P., Poudyal, P., Dhungana, P., Prajapati, B., Bajracharya, S., Yadav, A. P., Bhattarai, T., Sreerama, L., and **Joshi, J.** (2024). Enhancement of Biogas

(Methane) Production from Cow Dung Using a Microbial Electrochemical Cell and Molecular Characterization of Isolated Methanogenic Bacteria. *Biomass* 4(2): 455-471. ISSN: 2673-8783 <https://doi.org/10.3390/biomass4020023>. ISSN: 2673-8783

10. Regmi, P., Knesebeck, M., Boles, E., Weuster-Botz, D., & Oreb, M. (2024). A comparative analysis of NADPH supply strategies in *Saccharomyces cerevisiae*: Production of d-xylitol from d-xylose as a case study. *Metabolic engineering communications*, 19, e00245.

National Journal

11. Baral, S. K., Dangol, G., Manandhar, K. D., & Poudel, P. (2024). Characterization of virulence factors in multidrug-resistant *Escherichia coli* isolated from intestinal and extra-intestinal clinical samples. *Journal of Manmohan Memorial Institute*

of Health Sciences, 9(2), 13–18. <https://doi.org/10.3126/jmmihs.v9i2.71802>

12. Poudel, P. (2024). Inculcating Entrepreneurial ecosystem in Nepalese Higher Education Institutions. *The Transcript, A Biotechnology Magazine. Nepalese Society of Biotechnology*, Central Department of Biotechnology, Tribhuvan University. Vol. 3 (1), ISSN: 2505-1103.
13. Soni, S., Dangol, S. D., Joshi, J. (2024). Exploring holistic wellness: Unveiling the probiotics wonders of fermented dairy-Meet Kefir and its health benefits. *Journal of Nepal Biotechnology Association*. 5(1), 61-68. DOI: <https://doi.org/10.3126/jnba/v5i1/63748>.
14. Regmi, P. (2024). CRISPR/Cas9 - A robust genome editing tool for microbes. *The Transcript- A Biotechnology Magazine* 3 (12024), 45-46.

Central Department of Botany

International Publication

1. Acharya, M., Gautam, R., Yang, S., Jo, J., Maharjan, A., Lee, D., Ghimire, N.P., Min, B., Kim, C., Kim, H. and Heo, Y. 2024. Evaluation of *Artemisia dubia* folium extract-mediated immune efficacy through developing a murine model for acute and chronic stages of atopic dermatitis. *Laboratory Animal Research*, 40(1): 13. <https://doi.org/10.1186/s42826-024-00201-x>
2. Adhikari, A., Subedi, S., Tiwari, A. and Shrestha, B.B. 2024. Impacts of road on plant invasions in the Middle Mountain region of central Nepal. *Journal of Mountain Science*, 21(2): 619-632. <https://doi.org/10.1007/s11629-023-8064-z>
3. Aryal, S., Poudel, Y.B., Joshi, G.P. and Pant, D.R. 2024. *Nymphanthus glaucescens* (phyllanthaceae): An addition to the flora of Nepal. *Journal of Japanese Botany*, 99(4): 265-267.
4. Dangol, A., Shrestha, A., Airi, H., Kharel, N., Thapa, L.B., Devkota, A. and Shrestha,

B.B. Germination and seedling growth of closely related native and invasive Legume trees in Nepal. *Journal of Ecology and Environment*, 48:30. <https://doi.org/10.5141/jee.24.034>

5. Devkota, A., Shrestha, S. and Jha, P.K. 2024. Effect of air pollution on the leaf morphology and anatomy of common plant species of Kathmandu Valley. *European Journal of Ecology*, 10(1): 25-36. doi.org/10.17161/eurojocol.v10i1.19487
6. Dhakal, S., Shrestha, B.B., Sharma, K.P., Paudel, S. and Siwakoti, M. 2024. Grasslands are more vulnerable to plant invasions than forests in south-central Nepal. *Environmental Challenge*, 15: 10.1016/j.envc.2024. 100929
7. Dhakal, T. M., Thapa, L. B., Yadav, R.K.P., and Pokhrel, C. P. 2024. Tree carbon stock and seasonal influence on soil properties in Shivpuri-Nagarjun National Park, Nepal. *Bangladesh Journal of Botany*, 53(3): 567-576.

8. Dhungana, B.P., Chhetri, V.T., Baniya, C.B., Sharma, S.P., Ghimire, P. and Vista, S.P. 2024. Post-fire effects on soil properties in high altitude mixed-conifer forest of Nepal. *Trees, Forests and People*, 17:100633. <https://doi.org/10.1016/j.tfp.2024.100633>.
9. Dhungana, B.P., Chhetri, V.T., Baniya, C.B., and Sharma, S.P. 2024. Low-intensity wildfire alters selected soil properties in the tropical *Shorea robusta* forest. *International Journal of Forestry Research*: <https://doi.org/10.1155/2024/4686760>.
10. Dorji, P., Suberi, B., Ghimire, N.P., and Rai, S.K. 2024. Diversity of freshwater algae of Khotokha Ramsar Wetland, Wangduephodrang district, Bhutan. *Asian Journal of Conservation Biology*, 13(1): 3-11. 10.53562/ajcb.80595.
11. Hofmann, S., Rödder, D., Andermann, T., Matschiner, M., Riedel, J., Baniya, C.B., Flecks, M., Yang, J., Jiang, K., Jianping, J., Litvinchuk, S.N., Martin, S., Masroor, R., Nothnagel, M., Vershinin, V., Zheng, Y., Jablonski, D., Schmidt, J. and Podsiadlowski, L. 2024. Exploring Paleogene Tibet's warm temperate environments through target enrichment and phylogenetic niche modelling of Himalayan spiny frogs (Paini, Dicroglossidae). *Molecular Ecology*, :e17446. <https://doi.org/10.1111/mec.17446>.
12. Dani, R.S. and Baniya, C.B. 2024. Seedling potential of trees species along the elevational gradient in temperate hill forest of central Nepal. *Journal of Mountain Science*, 21(4): 1329-1344.
13. Joshi, K., Sandip G.C., Poudel, Y.B., Ghimire, N.P. and Rajbhandary, S. 2024. *Scleria lithosperma* var. *lithosperma* (Cyperaceae): an addition to the flora of Nepal. *Rheedea*. 34(1): 2024. 10.22244/rheedea.2024.34.01.04
14. Joshi, P.R., Thapa, B.B., Chand, K., Maharjan, L., Paudel, M.R., Pant, B. and Pant, B. 2024. Biological activities of protocorms and stems extracts of *Dendrobium transparens*. *Trends in Phytochemical Research*, 8: 122-130.
15. Joshi-Sharma, B.K. and Devkota, A. 2024. Seasonal variation of macrophytes related to hydro-chemical parameters in Ghodaghodi Lake, Nepal *Pakistan Journal of Botany*, 56(3): 2024. DOI:10.30848/PJB2024-3(40).
16. Karki, D., Pandeya, B., Bhandari, R., Basnet, D., Ghimire, B., S Bhattarai, S. and Shrestha, B.B. 2024. Regeneration and leaf traits variation of *Rhododendron campanulatum* along elevation gradient in western Nepal. *Journal of Ecology and Environment*, 48 (2): 152-162. 10.5141/jee.24.011
17. Khakurel, D., Uprety, Y., Karki, S., Khadka, B., Poudel, B.D., Ahn, G., Cha, J.Y., Kim, W.Y., Lee, S.H. and Rajbhandary, S. 2024. Assessing the risks to valuable medicinal plants in Nepal from human activities and environmental factors. *Global Ecology and Conservation*. 51:1-15. 10.1016/j.gecco.2024.e02860
18. Kharel, N., Dangol, A., Shrestha, A., Airi, H., Devkota, A., Thapa, L.B. and Shrestha, B.B. 2024. Germination patterns and seedling growth of congeneric native and invasive *Mimosa* species: implications for risk assessment. *Ecology and Evolution*, 14 (4): 10.1002/ece3.11312
19. Mattalia, G., McAlvay, A.C., Teixidor, T.I., Díaz, S., Uprety, Y., et al. 2024. Cultural keystone species as a tool for bio-cultural stewardship. A global review. *People and Nature*, 1–13. <https://doi.org/10.1002/pan3.10653>
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21. Paneru, D., Joshi, L.R., Adhikari, B. and Rajbhandary, S. 2024. Three new additions to the Cyperaceous flora of Nepal. *Rheedea*. 34(2): 2024. DOI: <https://dx.doi.org/10.22244/rheedea.2024.34.02.0>

22. Paudel, C.K., Tiwari, A. Baniya, C.B., Shrestha, B.B. and Jha, P.K. 2024. High impacts of invasive weed *Lantana camara* on plant community and soil physico-chemical properties across habitat types in central Nepal. *Forests*, 15(8): 1427. <https://doi.org/10.3390/f15081427>
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Academic Calendar-TU for year 2082 BS

Tribhuvan University

Generic Academic Calendar for Bachelor's Level Annual Program for Academic Year 2082

Institute of Science and Technology (IoST) (B. Sc. General)
 Institute of Medicine (IOM)
 Faculty of Education (FoE) (B. Ed.)
 Faculty of Humanities and Social Sciences (FoHSS) (BA)
 Faculty of Management (FoM) (BBS)

S.N.	Details	First Year	Second Year	Third Year	Fourth Year
1	Admission	2082 Shrawan to Mangsir	2083 Bhadra End	2084 Jestha End	2084 Chaitra End
2	Class Start	2082 Mangsir	2083 Bhadra End	2084 Jestha End	2084 Chaitra End
3	Exam Form	2083 Baisakh	2083 Falgun	2084 Poush	2085 Kartik
4	Class End	2083 Asar	2083 Chaitra End	2084 Magh End	2085 Mangsir End
5	Exam	2083 Shrawan End	2084 Baisakh End	2084 Falgun End	2085 Poush End
6	Result	2083 Kartik End	2084 Shrawan End	2085 Jestha End	2085 Chaitra End

Note:

* Sports Week: Poush 1st week every year

* After the final year results are released, there will be a make-up exam within two months.

Signature



Signature

Tribhuvan University

Generic Academic Calendar of Bachelor's Level Semester Program for Academic Year 2082

Institute of Agriculture and Animal Science (IAAS) (B.Sc.Ag; B.Sc.Hot; BV ScAH-5year); Institute of Engineering (IoE) (BE,Arch-5year);
Institute of Forestry (IoF) (B.Sc.F); Institute of Science and Technology (IoST) (B.Sc.CSIT; BIT; B. Math. Sc.); BDS, B.Tech(Food)
Faculty of Law (FoL); (BALLB-5year); Faculty of Humanities and Social Sciences(FoHSS) (BCA,BSW); Faculty of Education (BICTE); SNE
Faculty of Management (BITM; BTTM; BHM; BBA; BPA; BBM; BMS; BBA-F);

S.N.	Details	I Semester	II Sem	III Sem	IV Sem	V Sem	VI Sem	VII Sem	VIII Sem	IX Sem	X Sem	XI Sem
1	Application Form	2082 Shrawan 2082 Kartik										
2	Entrance	2082 Aswin- Mangsir										
3	Admission	2082 Aswin- Mangsir										
4	Class Start	2082 Mangsir	2083 Baisakh	2083 Asoj	2083 Falgun	2084 Shrawan	2084 Poush	2085 Jestha	2085 Kartik	2085 Chaitra	2086 Bhadra	2086 Magh
5	Exams	2082 Chaitra	2083 Bhadra	2083 Magh	Asar 2084	2084 Mangsir	2085 Baisakh	2085 Asoj	2085 Falgun	2086 Shrawan	2086 Poush	2087 Jestha
6	Result	2083 Asar	2083 Mangsir	2084 Baisakh	2084 Asoj	2084 Falgun	2085 Shrawan	2085 Poush	2086 Jestha	2086 Kartik	2086 Chaitra	2087 Bhadra

Note:

Conditions to be applied while executing this calendar

- * All practical (practicum) exams to be finished within two weeks after the final exams
- * Each year, the MBBS admission will be decided in consultation with the Medical Education Commission of Nepal.
- * If there are internships available for any existing or prospective future courses or programs, special consideration should be given to them.
- * Sports Week: Poush 1st week every year
- * After the final semester results are released, there will be a make-up exam within two months.

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Tribhuvan University

Generic Academic Calendar of Master's Level Semester Program for Academic Year 2082

(All Institutes and Faculties except IOM)/FoHSS(PGD); FoE (PGDE)

S.N.	Details	I Semester	II Semester	III Semester	IV Semester
1	Application Form	2082 Mangsir			
2	Entrance/admission	2082 Poush			
3	Class Start	2082 Magh	2083 Asar	2083 Mangsir	2084 Baisakh
5	Exam	2083 Jestha	2083 Kartik	2083 Chaitra	2084 Bhadra
6	Result	2083 Bhadra	2083 Magh	2084 Asar	2084 Mangsir

Note:

Conditions to be applied while executing this calendar

- * All practical exams (practicum) to be completed within 2 weeks after final exams
- * TU's regional exam offices will oversee the regulation of practical exams.
- * If there are internships available for any existing or prospective future courses or programs, special consideration should be given to them.
- * Sports Week: Poush 1st week every year
- * After the final semester results are released, there will be a make-up exam within two months.

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केन्द्रीय विभागहरू / स्कूलका website निम्नानुसार रहेका छन् :

SN	Program	Home Page	e-mail/Contact Number
1	भौतिक शास्त्र (Physics)	https://cdp.tu.edu.np/	head@cdp.tu.edu.np/01-4331054
2	रसायन शास्त्र (Chemistry)	https://cdc.tu.edu.np/	info@cdc.tu.edu.np/01-4332034
3	वनस्पति शास्त्र (Botany)	https://cdb.tu.edu.np/	info@cdb.tu.edu.np/01-4331322
4	प्राणी शास्त्र (Zoology)	https://cdz.tu.edu.np/	info@cdz.tu.edu.np/01-4331896
5	माइक्रोबायोलोजी (Microbiology)	https://cdmi.tu.edu.np/	info@cdmi.tu.edu.np/01-4331869
6	वातावरण विज्ञान (Environmental Science)	https://cdes.tu.edu.np/	info@cdes.tu.edu.np/01-4332147
7	भूगर्भ शास्त्र (Geology)	https://cdgl.tu.edu.np/	head@cdgl.tu.edu.np/01-4332449
8	जल तथा मौसम विज्ञान (Hydrology and Meteorology)	https://cdhm.tu.edu.np/	info@cdhm.tu.edu.np/01-4331418
9	जैविकप्रविधि (Biotechnology)	https://cdbt.tu.edu.np/	head@cdbt.tu.edu.np/01-4336221
10	Biodiversity and Environmental Management (BEM)	https://cdb.tu.edu.np/	info@cdb.tu.edu.np/01-4331322
11	Environmental Health in Disaster (EHD)	https://cdes.tu.edu.np/	info@cdes.tu.edu.np/01-4332147
12	Engineering Geology (EGE)	https://cdgl.tu.edu.np/	head@cdgl.tu.edu.np/01-4332449
13	खाद्य प्रविधि (Food Technology)	https://cdft.tu.edu.np/	head@cdft.tu.edu.np/25576726
14	तथ्यांक शास्त्र (Statistics)	https://tueds.edu.np/	head@cds.tu.edu.np/01-4331710
15	गणित (Mathematics)	https://cdmath.tu.edu.np/	head@cdmath.tu.edu.np/01-4331977
16	कम्प्युटर विज्ञान तथा सूचना प्रविधि (CSIT)	https://cdesit.tu.edu.np/	info@cdesit.tu.edu.np/01-4333010
17	Mountain and Mountaineering Science (M.Sc.MMS)	www.nma.gov.np	tanka.paudel@nepalmountain.edu.np/01-5244266
18	Master in Data Science (MDS)	https://sms.tu.edu.np/	info@sms.tu.edu.np/01-5314073
19	Master in Information Technology (MIT)	https://cdesit.tu.edu.np/	info@cdesit.tu.edu.np/01-4333010

नागरिक वडापत्र

विज्ञान तथा प्रविधि अध्ययन संस्थान डीनको कार्यालय त्रि.वि. बाट प्रदान गरिने सेवाहरू

क्र.सं.	प्रदान गरिने सेवा	समर्क	बन्धु	सयप	शिक्षा	सम्पर्क ईमेल	सम्पर्क नम्बर
1	पुनर्बीग	परीक्षा शाखा, बन्धु	१००१-		नेपाल बैंकमा रकम जम्मा गरी सेवा शाखामा रसिद काटी फारम परेर बुझाउने	exam@iost.tu.edu.np	०१-४३३०१२०
2	सम्बन्धन प्रोत्साहन तथा सम्बन्धनपत्र सम्पादन	परीक्षा शाखा, बन्धु	१००१-	२ दिन	नेपाल बैंकमा रकम जम्मा गरी सेवा शाखामा रसिद काटी फारम परेर बुझाउने	exam@iost.tu.edu.np	०१-४३३०१२०
3	स्नातकोत्तर	प्रशासन शाखा, कीर्तिपुर	३००१-	२ दिन	दुई स्नातकको सम्मति पत्र, बैंक चौचको शाखामा रबन् विचारणीको हस्ताक्षर सहितको निवेदन बुझाउने	info@iost.tu.edu.np	०१-४३३०६४४
4	महोदयी सम्बन्धन पत्रको सम्बन्धन विचारित पत्रहरू	प्रशासन शाखा, कीर्तिपुर	एक प्रति रु ३००१- र एक भन्दा बढी गर्दा प्रति एकाइ रु १००१-	२ दिन	परीक्षा नियन्त्रण कार्यालयबाट प्रमाणित ट्याम्पिष्टको प्रतिनिधिक	info@iost.tu.edu.np	०१-४३३०६४४
5	पदसूची प्रमाणिकरण	सोवना शाखा, कीर्तिपुर	३००१-	२ दिन	पदसूचीको प्रोत्साहन	planning@iost.tu.edu.np	०१-४३३०६४४
6	विषय बुझाउने	सोवना शाखा, कीर्तिपुर	१०००१-	२ हप्ता	विषय बुझाउने तह र एक तह मुलिका सबै कागजात सहित निवेदन बुझाउने	planning@iost.tu.edu.np	०१-४३३०६४४
7	Year Gap सम्बन्धन विचारित	परीक्षा शाखा, बन्धु	१००१-	२ दिन		exam@iost.tu.edu.np	०१-४३३०१२०
8	कार्यक्रम नवीकरण	सोवना शाखा, कीर्तिपुर	स्नातकका लागि रु ११०००१- स्नातकोत्तरका लागि रु ११०००१-	-	आवश्यक फारम भरी पछिल्लो नवीकरणको पत्र सम्बन्धनका स्नातकको अद्यावधिक विवरण	planning@iost.tu.edu.np	०१-४३३०६४४
9	कार्यक्रम तथा विषय वन	सोवना शाखा, कीर्तिपुर	५५,०००१- (सम्बन्धन प्राप्त स्नातक कोष)	-	आवश्यक फारम भरी स्नातकको अद्यावधिक विवरण र निर्णय	planning@iost.tu.edu.np	०१-४३३०६४४
10	स्नान तथा नाम परिचर्ता	सोवना शाखा, कीर्तिपुर	१०,०००१-	-	आवश्यक फारम भरी पछिल्लो नवीकरणको पत्र सम्बन्धनका स्नातकको अद्यावधिक	planning@iost.tu.edu.np	०१-४३३०६४४



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