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TRIBHUVAN UNIVERSITY
FACULTY OF HUMANITIES AND SOCIAL
SCIENCES

M.A. IN HOME SCIENCE
SPECIALIZATION IN CHILD DEVELOPMENT AND
GENDER SOCIALIZATION



COURSE OF STUDY
FOR
SEMESTER SYSTEM



Tribhuvan University
Faculty of Humanities and Social Sciences



Course of Study for Semester System
M.A. in Home Science
(Specialization in Child Development and Gender Socialization)

Prepared by:
Subject Committee of Home Science
Faculty of Humanities and Social Science
Tribhuvan University



Submitted to:
Dean Office
Faculty of Humanities and Social Sciences
Tribhuvan University



Introduction:

This course of study is designed to meet the needs of the students today, who expect more professional and focused academic discipline. It is designed for four semesters of Master's Degree in Home Science which offers specialization in Food and Nutrition and Child Development and Gender Socialization. Child Development and Gender Socialization is one of the most essential subject to understand. This course begins with the concept of Home Science and its various related fields. As this course is offered at the higher education, it is envisaged that people from diverse disciplines come together and enrich their knowledge and skill regarding the associated fields. This curriculum has been designed to produce efficient professionals particularly in Child Development. This course is designed to impart both theoretical as well as research-oriented practical knowledge.

This paradigm for master program in Home Science enables the students to focus professionally in their chosen areas. First semester covers the four core subjects of Home Science such as basic concept of Home Science, Fundamental of Food and Nutrition, Fundamental of Child Development, Public Health Nutrition and Gender and Development and practical of related subjects. From second semester the student will choose a specialization area of Child Development and Gender Socialization.

Home Science is an applied Science with many practical and field experiences, which are an essential part of the learning process. Therefore, each are of specialization is practical oriented.

Vision:

The vision of this course is to produce socially responsive and result oriented academic professionals in Home Science especially in Child Development and Gender Socialization.

Mission:

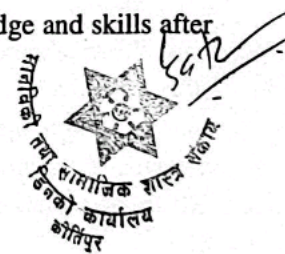
The mission of the course is to impart the students with theoretical, conceptual and practical knowledge by providing academic qualification and analytical skill in Home Science especially in Child Development.

Goal: The goal of this course is to produce professional and experts in child development area. After the completion of this course, excellent educators, planners, trainers, facilitators, dietitians and councilors, will be produced.

Objectives of the Course: Student will be able to learn following knowledge and skills after completion of this course.

- Present elements of Home Science
- Explain fundamentals of food and nutrition
- Document fundamentals of child development
- Aware on public health nutrition and gender and development
- Alert on child health and nutrition
- Apply recent theories and research in child development
- Responsive in social issues and family in society
- Develop project proposal
- Cultivate program on early childhood development
- Receptive in personality and behavior management
- Explain Importance of gender and education in child development

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- Conduct research by using recommended methodology.
- Present dissertation paper by using rules of academic writing

Course Structure and Teaching Program:

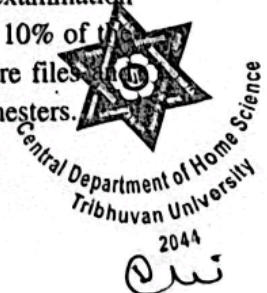
In order to award M.A. Degree in Home Science, student will be required to complete 63 credits including 6 credits of thesis writing. The course of first semester is general subjects of Home Science. The students will be selecting one specialization subject from second semester either Food and Nutrition or Child Development and Gender Socialization. After the successful completion of this course, the students must write a research based thesis under the guidance of supervisor.

Programs, Policies and Activities:

1. **Attendance:** Daily class attendance is strictly required. Students have to maintain 80 percent attendance.
2. **Activities:** This course will comprise the followings teaching method:
 - Concerned teachers have to prepare lesson plan
 - Participatory teaching and learning in process
 - Lecture/discussion/interaction/demonstration
 - Research, documentation and dissemination (including data collection, report/thesis writing and presentation)
 - Field trips/field survey
 - Seminar/presentation
 - Internship
 - Lab based practical as well as experimental classes
 - Project work
3. **Eligibility for Admission:** Students holding a bachelor's degree in any discipline from any university recognized by Tribhuvan University shall be considered eligible to apply for M.A. in Home Science. An applicant seeking admission must take entrance examination as required by the Dean's Office, Faculty of Humanities and Social Sciences. Admission will be based strictly on merits and marks obtained in the entrance examination.
4. **Plagiarism:** Plagiarism refers to the appropriation of another's work and unacknowledged submission or incorporation of that work as one's offered for credit. Appropriation includes quoting or paraphrasing of author's work without giving credit thereof. In case of plagiarism students will be penalized. Depending on the severity of the case punishment may range from failing the assignment to expulsion of the program.
Students will be made aware about "Plagiarism" as an unethical and illegal academic act and faculty remember will facilitate student to respect intellectual property right.
5. **Research and Thesis:** In fourth semester, student will be required to do thesis, worth 6 credits. Research candidates will also have to go through an oral examination (Viva) and defending their positions. The oral examination will consist of 10% of the total thesis grade. In addition, students will need to write reports, prepare files and submit their project works to the related teachers throughout the whole semesters.



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6. **Evaluation Scheme and Examination:** Internal examination (Two times in each semester) and final examination at the end of the semester will be conducted as per rules and regulation of Tribhuvan University.
- Regularity class performance and participation, assignment, practical, project works will be taken as evaluation criteria.
 - Students must obtain pass marks in all subjects i.e. both theory and practical in order to graduate in Home Science.
7. **Faculty:** Highly qualified and experienced faculties will be involved to impart knowledge in subject matter with applying advanced and appropriated teaching methodology in order to develop requisite competencies in students. Guest lecture, resource persons, experts from national and international institutions and universities will be invited as per need of the course for enhancing students' capability.
8. **Curriculum Syllabus:** This is a practical based specialization course. Each subject has both theoretical as well as practical course. Weight age has been given according to significance of the subject.



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M.A. Home Science
(Specialization in Child Development and Gender Socialization)
Syllabus of Semester
First Semester

Course Code	Course Title	Unit Title	Credit	Teaching Hours
HS 501	Elements of Home Science	I. Home Science as Curricula II. Nutritional Health Problem in Developing Countries III. Food Habits and Cultural Patterns IV. Consumer Health	3	48
HS 502	Fundamentals of Food and Nutrition	I. Introduction of Food and Nutrition II. Macro-Nutrients III. Micro-Nutrients IV. Recommended Dietary Allowances (RDA)	3	48
HS 503	Fundamentals of Child Development	I. Introduction to Child Development II. Heredity and Environment in Development III. Foundation of Child Development IV. Influencing Factors in Child Development	3	48
HS 504	Public Health and Nutrition and Gender Development	I. Public Health and Disease Prevention II. Basic Concept on Sex, Gender and Patriarchy III. Reproductive Health and Health Care Challenges IV. International Instruments on Public Health	3	48
HS 505	Practical	I. Practical of Elements of Home Science II. Practical of Fundamentals of Food and Nutrition III. Practical of Fundamentals of Child Development IV. Practical of Public Health and Nutrition and Gender Development	3	48
Total			15	240


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Syllabus of Semester
Second Semester

Course Code	Course Title	Unit Title	Credit	Teaching Hours
HSCD 551	Infancy And Toddlerhood	I. Birth Process and New Born II. Cognitive Development III. Language and Communication Development IV. Socio-Emotional Development	3	48
HSCD 552	Recent Theories and Trends in Child Development	I. Constructivism II. Psychosocial Theories III. Behaviorism Theories IV. Overview on Child Related Research	3	48
HSCD 553	Child Health and Nutrition	I. Nutritional Needs for Children II. Breast Milk and its Value III. Infant and Young Child Feeding IV. Child and Maternal Health Issues	3	48
HSCD 554	Social Issues and Family in Society	I. Foundation of Child Family Relationships II. Child Abuse and Violence against Children III. Underprivileged Children IV. Children with Disabilities	3	48
HSCD 555	Practical	I. Practical of Infancy And Toddlerhood II. Practical of Recent Theories and Trends in Child Development III. Practical of Child Health and Nutrition IV. IV. Practical of Social Issues and Family in Society	3	48
Total			15	240


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Syllabus of Semester
Third Semester

Course Code	Course Title	Unit Title	Credit	Teaching Hours
HSCD 601	Early Childhood Development	I - Introduction and Importance II- ECD Curriculum and ECD Standard III- Integrative / Thematic Approach IV- Parenting Education	3	48
HSCD 602	Society of Adolescent	I - Adjustment in Adolescent Period II- The Negative Phase Puberty and Influence of Peer and School III- Addiction Problems IV- Juvenile Delinquency	3	48
HSCD 603	Gender and Development	I- Issues and Approaches of Gender Development II- Paradigm Shift from WID to Sustainable Development III- Patriarchy and Feminism IV- Feminist Methodology and its Implication	3	48
HSCD 604	Research Methodology	I - Introduction to Research II - Literature Review and Theoretical Framework III - Problem Definition and Hypothesis Formulation IV- Research Design	3	48
HSCD 605	Practical	I- Practical of Early Childhood Development II- Practical of Society of Adolescent III- Practical of Gender and Development IV- Practical of Research Methodology	3	48
Total			15	240


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Syllabus of Semester
Fourth Semester

Course Code	Course Title	Unit Title	Credit	Teaching Hours
HSCD 651	Project Management	I - Project Management II- Community Partnership for Successful Project III - Project Organization and Project Risks IV - Analysis of Program and Project	3	48
HSCD 652	Gender Socialization	I- Gender Socialization-Concept and meaning II- Agents of Gender Socialization III. Gender Socialization throughout the lifecycle IV- Gender Mainstreaming in Nepal	3	48
HSCD 653	Methods of Studying Child Behavior	I- History and Scientific Methods of Studying Child Behavior II- Language and Social Behavior III- Emotional and Moral development IV- Self Concept and Personality	3	48
HSCD 654	Practical	I- Practical of Project Management II- Practical of Gender Socialization III- Practical of Methods of Studying Child Behavior	3	48
HSCD 655	Thesis Writing	Students will write, submit and present Thesis within the time	6	96
Total			18	288


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