

Tribhuvan University  
Faculty of Humanities and Social Sciences  
Central Department of Psychology

**Class Routine of Master's degree (2082)  
3<sup>rd</sup> Semester (I/O Specialization Group)**

Day	10:30 am-12:30 pm	12:30-1:00	1:00pm-2:00 pm
Sunday	Industrial Relations (PSY 602-2) -Mr. Padam Raj Joshi (PRJ)	Break	Industrial Relations (PSY 602-2) -Mr. Padam Raj Joshi (PRJ)
Monday	Counselling in Work Place (PSY 604-2) - Ms. Upasana Adhikari (UA)		Counselling in Work Place (PSY 604-2) - Ms. Upasana Adhikari (UA)
Tuesday	Practical-(PSY 605-2) -SS/PRJ/RR/UA/RS		Practical-(PSY 605-2) -SS/PRJ/RR/UA/RS
Wednesday	Organizational Psychology (PSY 601-2) -Prof. Dr. Rita Shrestha (RS)		Organizational Psychology (PSY 601-2) -Prof. Dr. Rita Shrestha (RS)
Thursday	Practical-(PSY 605-2) -SS/PRJ/RR/UA/RS		Practical-(PSY 605-2) -SS/PRJ/RR/UA/RS
Friday	Personnel Psychology (PSY 603-2) -Mr. Raju Raut (RR)		Personnel Psychology (PSY 603-2) -Mr. Raju Rawat (RR)

**Note:**

1. Effective from 2082-11-25 onwards
2. Some extra classes ie. seminar/ guest lecturer class/training etc. can be conducted on Thursday and Tuesday occasionally.
3. The class routine may change, as per need.

PRJ- Mr. Padam Raj Joshi  
RR- Mr. Raju Raut  
RS- Prof. Dr. Rita Shrestha  
SS- Assist. Prof. Sanjesh Shrestha  
UA- Ms. Upasana Adhikari

*Sanjesh*

Assist. Prof. Sanjesh Shrestha  
Head of Department

Head  
CENTRAL DEPT OF PSYCH

Tribhuvan University  
Faculty of Humanities and Social Sciences  
Central Department of Psychology

**Class Routine of Master's degree (2082)**  
**3<sup>rd</sup> Semester (Mental Health: Clinical Psychology Specialization Group)**

Day	11:00 am-1:00 pm	1:00-1:30	1:30pm-2:30 pm
Sunday	Practical-(PSY 605-2) -SD/KRB	Break	Practical-(PSY 605-2) - KRB/SD
Monday	Psychological Assessment (Psy 603-1) - Mr. Ashish Kafle (AK)		Psychological Assessment (Psy 603-1) - Mr. Ashish Kafle (AK)
Tuesday	Practical-(PSY 605-2) - SD/KRB		Practical-(PSY 605-2) - KRB/SD
Wednesday	Behavioral Neuroscience (PSY 601-1) -Dr. Sandesh Dhakal (SD)		Behavioral Neuroscience (PSY 601-1) -Dr. Sandesh Dhakal (SD)
Thursday	Psychological Disorders (PSY 602-1) - Prof. Dr. Nandita Sharma (NS)		Psychological Disorders (PSY 602-1) - Prof. Dr. Nandita Sharma (NS)
Friday	Clinical Psychology (PSY 604-1-1) -Dr. Khem Raj Bhatta (KRB)		Clinical Psychology (PSY 604-1-1) -Dr. Khem Raj Bhatta (KRB)

**Note:**

1. Effective from 2082-11-25 onwards
2. Some extra classes ie. seminar/ guest lecturer class/training etc. can be conducted on Sunday and Tuesday occasionally.
3. The class routine may change, as per need.

AK- Mr. Ashish Kafle  
KRB- Dr. Khem Raj Bhatta  
NS- Prof. Dr. Nandita Sharma  
SD- Dr. Sandesh Dhakal

*SANJESH*  
Assist. Prof. Sanjesh Shrestha  
Head of Department

Head  
CENTRAL DEPT OF PSYCH