

FACULTY OF HUMANITIES AND SOCIAL SCIENCES
TRIBHUVAN UNIVERSITY

Curriculum of MPhil, PhD in Home Science



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CENTRAL DEPARTMENT OF HOME SCIENCE

Faculty of Humanities and Social Sciences

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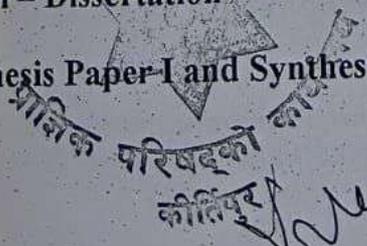
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1. Introduction:

This course of study is designed to help MPhil, Ph.D. researchers, specifically in Home Science under the faculty of Humanities and Social Sciences, Tribhuvan University. Home science is a scientific course of study which moulds a student with a variety of life skills. This is a unique discipline with a blend of science and art. Home Science means the art of managing resources efficiently and the science of achieving a healthy and happy home as well as successful career. Yadav, 2017, states that today's home science education is not confined to strengthen of home and family life only, it is an education aimed at national building. It has a vital contribution to human development, better living and national well-being.

There are five major areas of specialization in Home Science. Although the Central Department of Home Science offers two major subjects as the specialization such as Food and Nutrition and Child Development and Gender Socialization. The present course is developed on the basis of two specialized subjects. The course is designed in formative way on the principle of student centered learning approach. The contents of this curriculum draw from both science and arts discipline as other syllabus of Home Science in different academic levels. This is not only developed the ability and understand the concept but also apply them in various contents situation as well as conduct research in new contents. Thus, this course prepares students for vast range of opportunities unlike other discipline. This is the only one subject helps in the improvement of home, personal life and professional life.

The course is offered to MPhil, PhD level particular for the students who had completed Master's Degree in Home Science. It is relevant especially for students at the early stage of their PhD. It contributes heavily in providing new study options, pathway programs and support services to ensure students have access to broad range of high quality opportunities. The aim of this course is to deliver an outstanding student experience that provides a constructive change in academic to enrich their knowledge and enhance skills to overcome the challenges of this rapidly evolving world. It gives priority to transform students' knowledge and skills into practice and become trained and competent professionals. It offers numerous job opportunities, career options from teaching to working in research institutions as well. The characteristics attributes of this course helps scholar ability to employ critical thinking in identifying the problem, developing analytical

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skills and capabilities to resolve the problems efficiently on related areas, and carry out researches on the related topics or problems of the discipline and achieve evidence based findings.

2. Objectives of the Course:

After completion of the course student should be able to:

- Expand an intellectual environment conducive to develop analytical vision and problem solving skills,
- Demonstrate a high level of critical thinking, analyzing, reading and writing skills in their analysis and critique of contemporary food and nutrition issues, and child development,
- Develop critical thinking skills and build capacity to observe, analyze, interpret, and reflect the related problems systematically and find out the way of solution,
- Develop expertise in areas such as early childhood development and education, disabilities, program evaluation, parent-youth interaction, and family relationships,
- Develop expertise in areas such as nutritional assessment, nutritional care process, program planning and implementing,
- Promote self-employment opportunity in the field of nutrition and child development,
- Work with and advocate for families, children, youth, adults and elders in a broad range of settings, including extension offices, community agencies, and policy-making contexts,
- Prepare the scholars for positions as researchers, professors, or leaders in early childhood, human development, food and nutrition, community nutrition and related fields,
- Achieve knowledge on philosophical foundations of research in social sciences,
- Explore how critical thinking and ethics are essential to the social sciences while creating a foundation in both theory and practical,
- Identify and select present issues related to food and nutrition, and child development and gender socialization,
- Explain and present research based on theories of recent issues related subject matters,
- Select proper topic for seminar and apply the guidelines for developing a seminar paper,
- Explain statistical analysis about central tendency and dispersion, correlation and regression and sampling techniques and
- Achieve knowledge and apply skills on academic writing.



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सामाजिक परिपक्वता कायम
गर्नुपर्छ

3. Eligibility:

Successful completion of Master's Degree in Home Science with specialization in Food and Nutrition, and Child Development and Gender Socialization or its equivalent (At least second division) from any university, board or institution recognized by Tribhuvan University shall be considered to apply for Ph.D. program of Home Science. Admission will be based strictly on merits and marks obtained in the entrance examination conducted by the Dean Office, Humanities and Social Sciences, Tribhuvan University and will be succeed in an interview taken by the Central Department of Home Science.

4. Teaching learning Approaches:

- a. Lecture Discussion/ Demonstration
- b. Presentation
- c. Field survey
- d. Project work
- e. Blended learning approach (Physical and virtual class)
- f. Seminar/Workshop

The course is designed in formative way with blended learning approaches to ensure adjusting with normal physical classes as well as virtual classes.

5. Prospects:

This course provides wide range of prospects:

- One can work in the healthcare sector as a senior dietician, teacher and in food administration.
- As a nutritionist in social welfare, communities or in institutional catering.
- Depending upon the area of specialization students can get into research with respect to the food service industry, ECD centers and elder citizen centers.
- As a Home Science professional could be getting jobs in hospitals, institutional canteens, schools, colleges, government organizations and in research labs.
- Self-employment is also a great possibility in this field and one can try her entrepreneurial skills in this regard.



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