

APPLIED MECHANICS

ENCE 156

Lecture : 3
Tutorial : 2
Practical : 0

Year : I
Part : II

Course Objectives:

This course helps to analyze the effect of various types of forces on the particle and rigid body at rest. It also provides concept and knowledge of engineering application and helps to understand structural engineering in later courses by using basics of mechanics in their branch of engineering.

- 1 Basic Concept of Mechanics and Static Equilibrium (6 hours)**
 - 1.1 Definitions, type and scope of mechanics
 - 1.2 Fundamental concepts and principles of engineering mechanics
 - 1.3 Concept of particle, rigid and deformed bodies
 - 1.4 Physical meaning of equilibrium and its essence in structural application
 - 1.5 Equation of equilibrium in 2D and 3D analysis of particle and rigid body
 - 1.6 Concept of free body diagram with examples

- 2 Forces Acting on Particle and Rigid Body (10 hours)**
 - 2.1 Different types of forces: Internal/external force, adhesive/ cohesive force, point/ line/ surface force and contact/ body force
 - 2.2 Resolution and composition of forces
 - 2.3 Principle of transmissibility and equivalent forces
 - 2.4 Varignon's theorem and its application
 - 2.5 Moments of a force about a point and about an axis
 - 2.6 Definition, types and characteristics of couple
 - 2.7 Resolution of a force into a force and a couple

- 3 Friction (5 hours)**
 - 3.1 Definition, types and uses of friction, laws of friction, static and dynamic coefficient of friction, angle of friction
 - 3.2 Sliding and overturning condition of a body
 - 3.3 Practical examples of dry friction (Ladder and wedge friction)

- 4 Analysis of Simple Beams and Frames (12 hours)**
 - 4.1 Introduction to structures
 - 4.2 Various types of load on the structure
 - 4.3 Various types of supports; Reactions and degree of freedom

- 4.4 Internal and external forces in the structure
- 4.5 Relationship between load, shear force and bending moment
- 4.6 Statically and geometrically stable/ unstable beams and frames
- 4.7 Statically determinate and indeterminate beams and frames, degree of static indeterminacy
- 4.8 Axial force, shear force and bending moment diagrams for determinate beams and frames

5 Analysis of Plane Trusses (6 hours)

- 5.1 Definition of truss, assumption of ideal truss, types and uses of truss in engineering
- 5.2 Statically and geometrically stable and unstable truss
- 5.3 Statically determinate and indeterminate truss, degree of static indeterminacy
- 5.4 Analysis of truss by the method of joint and section/ moment

6 Centre of Gravity, Centroid, Moment of Inertia, and Mass Moment of Inertia (6 hours)

- 6.1 Concepts of centre of gravity and centroid of line, area and volume
- 6.2 Second moment of area/moment of inertia and radius of gyration
- 6.3 Perpendicular and parallel axis theorem for moment of inertia

Tutorial (30 hours)

- 1. Basic concept of mechanics and static equilibrium
- 2. Forces acting on particle and rigid body
- 3. Friction
- 4. Analysis of simple beams and frames
- 5. Analysis of plane trusses
- 6. Centre of gravity, centroid, moment of inertia and mass moment of inertia

Final Exam

The questions will cover all the chapters in the syllabus. The evaluation scheme will be as indicated in the table below:

Chapters	Hours	Mark distribution*
1	6	6
2	10	12
3	5	6
4	12	16
5	6	10
6	6	10
Total	45	60

Reference

1. Beer, F. P., Johnston, E. R. (2019). Vector Mechanics for Engineers: Statics and Dynamics. McGraw-Hill Education.
2. Hibbeler, R. C., Gupta, A. (2024). Engineering Mechanics: Statics and Dynamics. Pearson.
3. Jong, I. C., Rogers, B. G. (1995). Engineering Mechanics: Statics and Dynamics. Oxford University Press.
4. Suwal, R. (2014). A textbook of applied mechanics. Kathmandu, Nepal: Markline Publication.
5. Parajuli, H. R., Neupane, S. (2016). Applied mechanics for engineers. Kathmandu: M.K. Publishers & Distributors.
6. Dhital, M.R. (1999) A Course Manual on Applied Mechanics I (Statics)", TU, IOE, CIMDU.
7. Shames, I. H. (1996). Engineering Mechanics: Statics and Dynamics (4th ed.). Prentice Hall of India.
8. Khurmi, R. S., Khurmi, N. (2019). A textbook of engineering mechanics. S. Chand Publishing.